Drug delivery system based on cyclodextrin-naproxen inclusion complex incorporated in electrospun polycaprolactone nanofibers

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In this study, we select naproxen (NAP) as a reference drug and electrospun poly (e-caprolactone) (PCL) nanofibers as a fibrous matrix for our drug-delivery system. NAP was complexed with beta-cyclodextrin (βCD) to form inclusion complex (NAP-βCD-IC) and then NAP-βCD-IC was incorporated into PCL nanofibers via electrospinning. The incorporation of NAP without CD-IC into electrospun PCL was also carried out for a comparative study. Our aim is to analyze the release profiles of NAP from PCL/NAP and PCL/NAP-βCD-IC nanofibers and we investigate the effect of CD-IC on the release behavior of NAP from the nanofibrous PCL matrix. The characterization of NAP-βCD-IC and the presence of CD-IC in PCL/NAP-βCD-IC nanofibers were studied by FTIR, XRD, TGA, NMR and SEM. The SEM imaging of the electrospun PCL/NAP and PCL/NAP-βCD-IC nanofibers reveal that the average fiber diameter of these nanofibers is around 300 nm, in addition, the aggregates of CD-IC in PCL/NAP-βCD-IC nanofibers is observed. The release study of NAP in buffer solution elucidate that the PCL/NAP-βCD-IC nanofibers have higher release amount of NAP than the PCL/NAP nanofibers due to the solubility enhancement of NAP by CD-IC.

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1. Introduction

The main function of drug delivery systems is to transport various drugs to the target sites in the body in a secure way and adjust the release mechanisms by controlling the amount of drugs and treatment time [1,2]. There are several carriers and formulations used for drug delivery purposes such as polymeric matrices, gels, cyclodextrins, liposomes, microspheres, foams, films and some others [3–8]. In drug delivery, it is expected from a carrier material to have at least following properties: biocompatibility, non-toxicity, lack of immunogenicity, acceptable biodegradation time, reproducibility, and continuous activation till arrival to the target [9,10]. Nanostructures and cyclodextrins (CD) present significant opportunities in drug delivery systems with their unique and promising characteristic features. Nanostructures improve the release behavior and stability of the drugs by maintaining the drug concentration within a therapeutic window and overcoming the biological barriers for cellular uptake [11,12]. On the other hand, CDs induce improvement in drug release profiles and enhancement in drug solubilization and stabilization by forming inclusion complexes (ICs) with drugs [13,14]. However, there is no standard or ideal structure available for drug delivery purpose and many studies are reported on developing much better structures for the site specific drug targeting [15–17].

Naproxen (NAP) is a poorly water soluble, non-steroidal anti-inflammatory drug (NSAIDs) that is used to relieve pain or inflammation [18,19]. Yet, enhanced solubility achievements of naproxen by forming cyclodextrin inclusion complexes (CD-IC) were reported [20,21]. Apart from CD, the use of electrospun nanofibers as an incorporating matrix also enhanced the release behavior of NAP in comparison with cast films [22]. However, the main function of electrospun nanofibers in drug delivery applications can be defined as their controlled and sustained release behaviors [23,24]. In drug delivery field, while there are studies about incorporation of CDs into polymeric structures such as hydrogels and films [25,26], a very limited number of reports are available related to incorporation of CD-IC of active agents such as drugs [27], antibacterials [28], essential oils [29] and flavors/fragrances [30–33] into electrospun nanofibers for delivery and stabilization purposes. For instance, using cyclodextrin as a stabilizing and solubilizing agent and electrospun nanofiber mats as a carrier matrix.
for sustained release may open up new pathways for drug delivery purpose based on improved release performance of the drug.

CDs (α-, β-, and γ-types) are cyclic oligosaccharides which are enzymatically converted from starch that comprise glucopyranoside units linked with α(1–4) bonds [34]. CDs are hollow and truncated cone shaped molecules that have hydrophobic cavity and hydrophilic outer shell which enable them to constitute noncovalent host–guest inclusion complexation with variety of molecules in various forms [34,35]. On the other hand, electrospun nanofibers are other promising nanostuctures in drug delivery applications [36–38]. There are many reasons for nanofiber structures to be preferred and used in biomedical application areas, i.e., small fiber size, high porosity, interconnected porous structure, and capability to embed various functional additives into them.

In this study, naproxen (NAP) and inclusion complex of naproxen with beta-cyclodextrin (NAP–βCD-IC) was incorporated into polycaprolactone (PCL) electrospun nanofibers for our drug-delivery system. We compared the release profiles of NAP from PCL/NAP and PCL/NAP–βCD-IC nanofibers and we examined the effect of inclusion complexation on the release behavior of NAP from the nanofibrous PCL matrix. In this regard, we first tested the effect of βCD on the solubility of NAP by forming inclusion complexation. NAP shows higher solubility in NAP–βCD-IC when compared to free NAP which is consistent with the literature [39,40]. Parallel to this result, improved release profile of NAP from PCL/NAP–βCD-IC nanofibers is observed, as well.

2. Experimental

2.1. Materials

Naproxen (NAP) was commercially purchased from Abbild Ibrahim Pharmaceutical Company (Turkey). Polycaprolactone (PCL) (Mw: 80,000, Sigma Aldrich), N,N-dimethylformamide (DMF) (Riedel, Pestanal), dichloromethane (DCM) (Sigma, Extra Pure), and potassium dihydrogen phosphate (VWR, Chromanorm for HPLC) were obtained commercially from various suppliers. Beta-cyclodextrin (βCD) was obtained from Wacker Chemie AG (Germany) and the de-ionized water was obtained from the Millipore Milli-Q Ultrapure Water System. All materials were used without any purification.

2.2. The preparation of solid βCD-NAP inclusion complex (NAP–βCD-IC)

For the NAP–βCD-IC formation, 1 g of βCD was dissolved in 18 ml water and 250 mg NAP was dispersed in 2 ml water, separately. Then, the NAP solution was added into CD solution slowly. Ultimate solution was stirred over-night and a turbid dispersion was obtained. It was kept at −80 °C and freeze-dried to obtain NAP–βCD-IC powder.

2.3. The preparation of electrospinning solutions

The NAP–βCD-IC including PCL solution was obtained by dispersing the NAP–βCD-IC powder in clear and homogenous PCL (15% (w/v), with respect to solvent) DMF/DCM (3:1, v/v) solution, at the 20% (w/w) polymer concentration. For comparison, the pure PCL (15%, w/v) and only NAP including (4% (w/w) with respect to polymer concentration) PCL (15%, w/v) solutions were also prepared in DMF/DCM (3:1, v/v) blend system.

2.4. Electrospinning

The PCL, PCL/NAP and PCL/NAP–βCD-IC solutions were placed in a 3 ml syringe fitted with a metallic needle of 0.6 mm inner diameter. The syringe was fixed horizontally on the syringe pump (model SP 1011Z, WPI, USA). The positive electrode of the high-voltage power supply (Matsusada Precision, AU Series, Japan) was clamped to the metal needle tip, and the cylindrical aluminum collector was grounded. The parameters of the electrospinning were adjusted as; feed rate of solutions = 1 ml/h, the applied voltage = 15 kV, and the tip-to-collector distance = 10 cm. Electrospun nanofibers were deposited on a grounded stationary cylindrical metal collector covered with a piece of aluminum foil. The electrospinning apparatus was enclosed in a Plexiglas box, and electrospinning was carried out at 25 °C, 20% relative humidity. The collected nanofibers were dried at room temperature under the fume hood overnight.

2.5. Measurements and characterization

The exact molar ratio between NAP:βCD in the inclusion complex was determined by using proton nuclear magnetic resonance (1H NMR, Bruker D PX–400) system. The NAP–βCD-IC powder was dissolved in d6-DMSO (in 20 g/L concentration). The spectra were recorded at 400 MHz and at 16 total scan. A rhemeter (Anton Paar Physica CR 301) equipped with a cone/plate accessory (spindle type CP40–2) was used to measure the rheological behavior of PCL, PCL/NAP and PCL/NAP–βCD-IC solution in the range of 0.1 to 100 1/s shear rate. The scanning electron microscope (SEM) (FEI Quanta 200 FEG) was used for the morphological analysis of the electrospun nanofibers. Samples were sputtered with 5 nm Au/Pd prior to SEM imaging. The average fiber diameter (AFD) was determined from the SEM images, and around 100 fibers were analyzed. The crystalline structure determination of the NAP, βCD, NAP–βCD-IC powder and PCL, PCL/NAP and PCL/NAP–βCD-IC nanofibers were investigated by using X-ray diffraction (XRD) (PANalytical X’Pert powder diffractometer) having Cu Kα radiation in a range of 2θ = 5–30°. The thermal properties of electrospun nanofibers were studied by thermogravimetric analysis (TGA) (TA Q500) and the measurements were carried out from 25 to 500 °C at 20 °C/min heating rate, and N2 was used as a purge gas. The infrared spectra of the nanofibers were obtained by using a Fourier transform infrared spectrometer (FTIR) (Bruker-VERTEX 70). For measurement, the samples were mixed with potassium bromide (KBr) and pressed as pellets. The scans (64 scans) were recorded between 4000 cm–1 and 400 cm–1 at a resolution of 4 cm–1. UV–vis-spectroscopy (Varian Cary 5000) was used to determine the solubility difference between pure NAP and NAP–βCD-IC. For this purpose, 5 × 10–4 M NAP powder and NAP–βCD-IC that includes the same amount of NAP were dissolved in water. After 24 h stirring, the solutions were filtered and the UV absorbance of samples was measured in the 250–370 nm range.

2.6. The NAP release profile from electrospun PCL nanofibers

The HPLC system (Agilent 1200 Series) was used to investigate the release profiles of PCL/NAP and PCL/NAP–βCD-IC nanofibers. The separation of NAP was performed with Zorbax Eclipse XDB-C18 column (150 mm × 4.6 mm, 5 μm particle size) and it was detected at 230 nm wavelength. Acetonitrile (100%) was used as mobile phase at a flow rate of 1 ml/min and the injection volume was kept at 10 μL. For the test, 30 mg weighted PCL/NAP and PCL/NAP–βCD-IC nanofibers were immersed into 30 ml buffer solutions and they were kept in that buffer to determine the released amount of NAP at the progressing time intervals. The experiments were repeated three times for both composite nanofibers. The calibration curve of NAP was prepared by using stock solutions in 7 different concentrations; 20 ppm, 10 ppm, 5 ppm, 2 ppm, 1 ppm, 0.5 ppm and 0.2 ppm. It showed linearity and acceptability with R² ≥ 0.99.
The measurement results were adapted to this calibration curve in terms of peak area under curves.

3. Results and discussion

Naproxen (NAP) was chosen as a reference drug in this study based on its well-known inclusion complex formation ability with beta-cyclodextrin (βCD) [19,41,42]. The release behavior of NAP after direct incorporation into PCL nanofibers (PCL/NAP) and after NAP-βCD-IC formation and incorporation into PCL nanofibers (PCL/NAP-βCD-IC) were examined in the present study. The main objective of this study is to get better release profile of NAP from PCL/NAP-βCD-IC nanofibers due to higher solubility enhancement of NAP by βCD-IC formation.

In the first step, NAP-βCD-IC was formed by freeze-drying method. The mixing ratios of 1:4 (w/w) was chosen for NAP-βCD to provide molar ratio as 1:1.2 for the proper inclusion complex formation. In further steps, several characterization tests were performed to prove the inclusion complex formation. To test the solubility of NAP by βCD-IC formation, UV-vis analysis was performed. Then, release profiles of NAP from PCL/NAP and PCL/NAP-βCD-IC nanofibrous mats in buffer solutions were analyzed by HPLC method.

3.1. Inclusion complex characterization

\(^1\)H NMR study was performed to figure out the molar ratio of NAP-βCD and amount of NAP in the inclusion complex. Fig. 1 indicates the \(^1\)H NMR spectrum of the NAP-βCD-IC powder. The molar ratio was calculated by taking the integral of NAP peak at about 1.4 ppm [43] and βCD’s characteristic peak at about 4.8 ppm [44] in d6-DMSO system. It was found that, NAP-βCD-IC have 1:1.2 molar ratio when the integrals of mentioned peaks were proportioned to each other and this ratio is quite well agree with our initial mixing ratio.

Then, we used FTIR spectroscopy to observe the spectral changes and the representative bands of the spectra for the substances before and after IC formation. The FTIR spectra of pure NAP, pure βCD and NAP-βCD-IC are depicted in Fig. 2a. In the FTIR spectrum of NAP, distinct absorption band at 1029 cm\(^{-1}\) corresponds to C–O stretching, at 1228 cm\(^{-1}\) corresponds to C=O stretching, and at 1395 cm\(^{-1}\) corresponds to CH\(_3\) bending. Peaks at 1685 cm\(^{-1}\) and 1729 cm\(^{-1}\) correspond to anti-symmetrical and symmetrical C–O stretching vibrations [45,46]. In case of βCD spectra, characteristic peaks are appeared at 1029 cm\(^{-1}\), at 1080 cm\(^{-1}\) and 1157 cm\(^{-1}\) due to C–O stretch, at 1638 cm\(^{-1}\) due to H–OH bending, at 2927 cm\(^{-1}\) due to C–H aliphatic stretch, and at 3401 cm\(^{-1}\) due to O–H stretching [45–47]. The FTIR spectrum of NAP-βCD-IC shows a band at about 1730 cm\(^{-1}\) which comes from NAP with a slight shift which is in agreement with the literature [41,42,46]. Also it was seen that typical peaks of the NAP were suppressed in the NAP-βCD-IC spectra which suggested the successful IC formation.

Fig. 1. \(^1\)H NMR spectrum of NAP-βCD-IC dissolved in d6-DMSO.

Fig. 2. FTIR spectra of (a) NAP, β-CD and NAP-βCD-IC, and (b) PCL, PCL/NAP and PCL/NAP-βCD-IC nanofibers.
The XRD patterns of the pure NAP, pure β-CD, and NAP-βCD-IC were recorded to investigate the possible differences in the crystallinity of the structures. As it can be seen from Fig. 3a, for the NAP-βCD, distinct diffraction peaks for the crystalline NAP were detected in the XRD patterns indicating that some free NAP present in the NAP-βCD-IC powder. Also the characteristic peaks of channel-type packing structure at 2θ = 12°, 18°, and 19° of βCD were observed for the NAP-βCD-IC which shows the successful IC formation of NAP with βCD [48].

TGA thermograms of pure NAP, pure β-CD and NAP-βCD-IC are shown in Fig. 4a. TGA thermograms show weight losses below 100°C for both βCD and NAP-βCD-IC due to water loss and main degradation was observed for NAP at 268°C and at 350°C for βCD. The water loss was about 11% for βCD while it was around 8% for NAP-βCD-IC. The 3% difference might be attributable to the existence of NAP instead of water in the βCD cavity. Other than the initial weight loss, there are two weight losses seen for NAP-βCD-IC. First one is between 150°C and 250°C and second one is between 300°C and 350°C which corresponds to free NAP and IC weight losses that merged with the CD decomposition, respectively. The relative less decomposed amount of uncomplexed free NAP than the initial amount and the higher temperature shift in the NAP-βCD part prove the successful formation of NAP-βCD-IC.

The UV–vis spectroscopy measurements of NAP and NAP-βCD-IC solutions were displayed in Fig. 5. As it can be seen from the spectra, the absorption intensity of NAP-βCD-IC solution is higher than NAP powder for the same amount of NAP (5 × 10^{-4} M). It is mainly because, the inclusion complexation of NAP with βCD enhance the solubility of insoluble drug, NAP, in water medium and leads to higher intensity occurrence in UV–vis-spectra. Thus, the inclusion complexation and the solubility enhancement are also proved by the UV–vis measurements.

3.2. Characterization of electrospun nanofibers

Following the characterization studies of NAP-βCD-IC, PCL polymer matrix was chosen for the production of electrospun nanofibers. Since PCL is water insoluble and biodegradable polymer [49,50], it is thought that the use of PCL nanofibers as a drug delivery system might exhibit convenient release profile for NAP. Following concentration adjustments of the PCL/NAP and PCL/NAP-βCD-IC blends, electrospinning and characterization studies were performed.

We investigated the morphology of electrospun nanofibers of pure PCL, PCL/NAP and PCL/NAP-βCD-IC by SEM imaging. The representative images of SEM micrographs were given in Fig. 6 and fiber diameter distribution data were summarized in Table 1. Uniform, bead free nanofibers with diameter variation were obtained from all three PCL based nanofibrous samples. It is clearly seen in the Fig. 6c that there are IC crystal aggregates accumulated in
the fiber matrix which proves the successful incorporation of NAP-βCD-IC into electrospun PCL nanofibers. It was found out that fiber diameter distributions have good correlation with the viscosity measurement results as can be seen in Table 1. The incorporation of NAP and NAP-βCD-IC into PCL matrix caused viscosity increase in the polymer solutions which finally triggered the formation of nanofibers with larger diameters.

We performed FTIR studies for nanofibers of pure PCL, PCL/NAP and PCL/NAP-βCD-IC samples (Fig. 2b). Typical peaks for the PCL are observed at 2949 cm\(^{-1}\) and 2865 cm\(^{-1}\) due to CH\(_2\) stretching vibrations, at 1731 cm\(^{-1}\) due to C=O stretching vibrations, at 1471 cm\(^{-1}\), 1397 cm\(^{-1}\), and 1365 cm\(^{-1}\) due to CH\(_2\) bending vibrations. Also C–O and C–C stretching vibrations at 1293 cm\(^{-1}\), C–O–C stretching vibrations at 1240 cm\(^{-1}\), 1169 cm\(^{-1}\), 1108 cm\(^{-1}\), and 1048 cm\(^{-1}\) we detected [51–53]. In FTIR spectra of PCL/NAP nanofibers, the characteristic peaks of PCL mostly exist while none of the characteristic peaks of NAP was observed which is most probably due to the dominant effect of the PCL peaks and the relatively low concentration of NAP in the polymer matrix (~4%, w/w). For instance, almost all the peaks in the fingerprint region are quite well fitted with PCL characteristic peaks. However, there is a good indication about the existence of NAP due to some shifted peaks at 2869 cm\(^{-1}\) and 2952 cm\(^{-1}\) while they are located at 2865 cm\(^{-1}\) and 2949 cm\(^{-1}\) in the PCL spectra. The FTIR spectrum of PCL/NAP-βCD-IC nanofibers has very similar characteristic features with PCL/NAP nanofibers. Again, PCL peaks were oversaturated in the spectra while βCD-IC peaks were suppressed, even one of the most distinct peak of βCD at 1029 cm\(^{-1}\) is not visible. Although the FTIR spectra did not depict any interaction between PCL and NAP-βCD-IC in terms of peak shifts, we cannot rule-out such case. It is due to the fact that the signal from the FTIR spectra originates from two species, namely, interaction and non-interaction of PCL with NAP-βCD-IC. Also we have only 4% of NAP in PCL and hence the signal is predominantly coming from PCL.

X-ray diffraction patterns of pure PCL, PCL/NAP and PCL/NAP-βCD-IC nanofibrous mats are given in Fig. 3b. NAP and NAP-βCD-IC are crystalline materials, however, the XRD patterns of PCL/NAP and PCL/NAP-βCD-IC nanofibrous mats revealed that both NAP-βCD-IC and NAP transformed into amorphous phase following the incorporation into the PCL nanofibrous matrix.

In TGA thermograms, main degradation of NAP in PCL/NAP nanofibers was found out between 200–250 °C while for PCL/NAP-βCD-IC nanofibers, it was found out between 300–375 °C from the TGA analysis. The TGA thermogram in Fig. 4b reveals that PCL nanofibers show main degradation at about 420 °C. By looking TGA thermograms, it is possible to claim the existence of NAP molecules and NAP-βCD-IC in the PCL/NAP-βCD-IC nanofibers. In both cases, for PCL/NAP and PCL/NAP-βCD-IC nanofibers, two weight losses were seen after 100 °C which are independent from water losses. We studied the release profiles of NAP from PCL/NAP and PCL/NAP-βCD-IC nanofibers in buffer solution for about 20 h time period by HPLC. The amount of PCL/NAP and PCL/NAP-βCD-IC nanofibers used for the release study was adjusted accordingly in order to have the same amount of NAP in these samples. For both samples, after slight bursting of the drug, slow release behavior was observed for 12 h period. Then, NAP showed sustained release profiles due to the balanced conditions such as having same diffusion resistance for different time intervals [54]. The release profiles revealed that PCL/NAP-βCD-IC nanofibrous system has more than two times higher release rate than PCL/NAP nanofibrous system which is very promising result for the drug delivery purpose (Fig. 7). It also revealed that the formation of NAP-βCD-IC helped NAP to release from nanofibrous mat much easier which is quite vital in drug delivery applications. As it was proven by our solubility test, CD-IC formation helps NAP to dissolve in water much better which shows its effect on the release behavior of NAP after incorporated into nanofibrous mat. The easy and higher release of drug is important for some specific targets in drug delivery. It is well-known

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**Table 1**

Polymer solution parameters and average fiber diameter values of electrospun nanofibers (the fiber size is reported as the average ± standard deviation; for each case 100 fibers were analyzed).

<table>
<thead>
<tr>
<th>Solvents</th>
<th>Concentrations</th>
<th>Viscosity (Pa s)</th>
<th>Average fiber diameter (nm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PCL</td>
<td>DMF/DCM (3:1, v/v)</td>
<td>15% (w/v)</td>
<td>0.465</td>
</tr>
<tr>
<td>PCL/NAP</td>
<td>DMF/DCM (3:1, v/v)</td>
<td>15% (w/v)/4% (w/w)</td>
<td>0.675</td>
</tr>
<tr>
<td>PCL/NAP-βCD-IC</td>
<td>DMF/DCM (3:1, v/v)</td>
<td>15% (w/v)/20% (w/w)</td>
<td>0.745</td>
</tr>
</tbody>
</table>

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**Fig. 6.** SEM micrographs of (a) PCL, (b) PCL/NAP and (c) PCL/NAP-βCD-IC nanofibers.

**Fig. 7.** Release profile of NAP from PCL/NAP and PCL/NAP-βCD-IC nanofibrous mats by HPLC with standard deviations (each analysis repeated 3 times, n = 3).
phenomena that nanofibers can enhance the release behavior of drugs with their high surface area to volume ratio [55,56]. In this study, the positive effect of inclusion complex formation on the release profiles of NAP in addition to nanofiber incorporation has been demonstrated and this may be a promising result for designing novel drug delivery systems.

4. Conclusions

The main idea behind this study was to compare the efficiencies of two different delivery systems for the NAP; direct incorporation of NAP and NAP included complex incorporation following IC formation with βCD into electrospun PCL nanofibers. Initially, the formation of NAP-βCD-IC was studied and then the incorporation of NAP and NAP-βCD-IC into PCL nanofibers was performed via electrospinning. The release performance of the NAP was increased more than two times in case of PCL/NAP-βCD-IC nanofibers when compared with PCL/NAP nanofibers. Thus, it is understood that incorporation of NAP-βCD-IC in a polymeric nanofibrous system still preserve the improved solubility effect of CD-IC on the release rate of NAP and provides a stable environment for it.

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