Fast-Dissolving, Prolonged Release, and Antibacterial Cyclodextrin/Limonene-Inclusion Complex Nanofibrous Webs via Polymer-Free Electrospinning

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Supporting Information

ABSTRACT: We have proposed a new strategy for preparing free-standing nanofibrous webs from an inclusion complex (IC) of a well-known flavor/fragrance compound (limonene) with three modified cyclodextrins (HP/αCD, MβCD, and HPγCD) via electrospinning (CD/limonene-IC-NFs) without using a polymeric matrix. The experimental and computational modeling studies proved that the stoichiometry of the complexes was 1:1 for CD/limonene systems. MβCD/limonene-IC-NF released much more limonene at 37, 50, and 75 °C than HP/αCD/limonene-IC-NF and HPγCD/limonene-IC-NF because of the greater amount of preserved limonene. Moreover, MβCD/limonene-IC-NF has released only 25% (w/w) of its limonene, whereas HP/αCD/limonene-IC-NF and HPγCD/limonene-IC-NF released 51 and 88% (w/w) of their limonene in 100 days, respectively. CD/limonene-IC-NFs exhibited high antibacterial activity against E. coli and S. aureus. The water solubility of limonene increased significantly and CD/limonene-IC-NFs were dissolved in water in a few seconds. In brief, CD/limonene-IC-NFs with fast-dissolving character enhanced the thermal stability and prolonged the shelf life along with antibacterial properties could be quite applicable in food and oral care applications.

KEYWORDS: electrospinning, essential oil, modified cyclodextrins, computational modeling, antibacterial activity

INTRODUCTION

Cyclodextrins (CDs) (Figure 1a) are ideal candidates for making host–guest inclusion complexes (IC) with a variety of active compounds thanks to their inherent cavity geometry and characteristic features. The internal cavity of a CD is composed of glucose residues that exhibit a hydrophobic nature, whereas the external part of a CD has hydrophilic character due to the hydroxyl groups. The great significance of CDs lies in the access of nonpolar guest molecules to their cavity and further forming host–guest ICs by replacing the water molecules.1,2 This inclusion has been proven to be an efficient approach to improving the molecular stability and bioavailability of numerous drugs, essential oils, and flavors and fragrances.1 The incorporated guest molecules offer a number of advantages, including an enhancement of the solubility and thermal stability. Beside native CDs (α-CD, β-CD, γ-CD), significant effort has been devoted to the synthesis of chemically modified CDs (HP/αCD, MβCD, HPγCD) to improve the solubility and complexing property of CDs for superior performance in a variety of applications including drug delivery and food.1,2 The electrospinning approach has been universally acknowledged to produce functional fibers with nanoscale diameter from a variety of materials including polymers, inorganic materials, and composites.3 The exceptional characteristics of electrospun nanofibers have led to broad applications ranging from food packaging, wound dressing, and biomedical to filtration. In addition, nanofibers are effectively functionalized with number of molecules, which further extends their application areas.4 In general, polymers have been taken as a material/matrix for the fabrication of nanofibers owing to the chain entanglement and overlapping between the polymer chains.4 However, Celebioglu and Uyar successfully demonstrated the electrospinning of polymer-free nanofibers from various native and modified CDs without using any polymeric carrier matrix.5–9 The self-assembly and aggregation characteristics of CD molecules in concentrated solutions via the formation of intermolecular hydrogen bonding enable the production of nanofibers in the absence of a polymer matrix. Furthermore, our research group has successfully produced CD-IC-incorporated polymeric nanoparticles.10–20 However, loading fewer guest molecules (only up to ∼5%, w/w) in nanofibers and sometimes the necessity of using organic...
Essential oils (EOs) are volatile complex compounds that are synthesized in plants and have a strong odor. It has been well reported that EOs possess antimicrobial, antioxidant, antifungal, antiviral, anticancer, insecticidal, and anti-inflammatory properties. Therefore, interest has been raised in using EOs in the encapsulation in electrospun nanofibers to increase their solubility and decrease their volatility. Limonene (Figure 1b), monocyclic monoterpenes, is the major component of citrus oils found in orange, lemon, mandarin, and grapefruit. It is a highly volatile compound extracted from plants and widely used in perfumes, creams, and soaps; as a flavor additive for food applications; and as fragrances in household cleaning products. Different approaches including complex formation with CDs and encapsulation in electrospun nanofibers were proposed in order to protect limonene from volatilization and control its release rate. Further, Fuenmayor et al. demonstrated the encapsulation of limonene-CD-IC containing only 3.1 wt% of a pullulan membrane.

In this study, an IC of three modified CDs (HPβCD, MβCD, and HPyCD) and limonene was prepared in a 1:1 molar ratio (Figure 1b), and then electrospinning was performed without using any polymer matrix to obtain CD/limonene-IC-NF (Figure 1c). A phase solubility test was used to decide the solubility change in the limonene by the addition of different CDs at various concentrations. The morphology of CD/limonene-IC-NFs was evaluated using SEM imaging. The chemical, structural, and thermal characterization of CD/limonene-IC-NFs was examined by using 1H NMR, TGA, XRD, and DSC. Computational modeling studies were carried out to investigate the stoichiometry and the most favorable orientation of the guest to form a complex with each CD. The short-term temperature-dependent release (37, 50, and 75 °C) of limonene from CD/limonene-IC-NFs was measured using HS GC-MS for 3 h, whereas the long-term release of limonene from nanofibers at room temperature (RT) was measured by TGA for 100 days. The antibacterial activity of nanofibers was tested against Escherichia coli (E. coli) and Staphylococcus aureus (S. aureus) using a colony-counting method.

### EXPERIMENTAL PROCEDURES

**Materials.** Limonene (97%, Sigma, Germany) and deuterated dimethyl sulfoxide (DMSO-d6, minimum degree of deuteration 99.8% for NMR spectroscopy, Merck, Germany) were purchased and used as received without any further purification. Hydroxypropyl-β-cyclodextrin (HPβCD), methylated-β-cyclodextrin (MβCD), and hydroxypropyl-γ-cyclodextrin (HPγCD) were kindly donated by Wacker Chemie (Germany). The water used in the experiments was distilled-deionized from a Millipore Milli-Q ultrapure water system.

**Preparation of Electrospinning Solutions.** CD/limonene-ICs was formed in aqueous solution (0.5 mL) by using three types of modified CDs (HPβCD, MβCD, and HPγCD) (1 g) in a 1:1 molar ratio with limonene (0.093, 0.119, and 0.084 g). First, CDs (200%, w/w) were placed in water and the solutions were stirred at room temperature (RT) until dissolving. Then, limonene was added to the solutions, and the resulting solutions were stirred at RT overnight. Finally, CD/limonene-IC solutions that are turbid were obtained, and then, clear and homogeneous solutions were obtained with the dissolution of limonene after 12 h. Electrospinning was performed after 12 h of stirring, and HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF webs were produced. The viscosity, conductivity of CD/limonene-IC solutions, and average fiber diameter (AFD) values of CD/limonene-IC nanofibers (CD/limonene-IC-NF) are shown in Table 2. Pure CD nanofibers without limonene (HPβCD-NF, MβCD-NF, and HPγCD-NF) were produced for comparative measurements according to our previous reports.

**Electrospinning of Nanofibers.** CD/limonene-IC solutions were separately loaded into a 1 mL plastic syringe (metallic needle having a 0.4 mm inner diameter). The solutions were pumped through a syringe pump (KD Scientific, KDS-101, USA) at 0.5 mL/h rate. Grounded metal covered with aluminum foil was used as a collector and placed 10 cm from the needle tip. The electric field (15–20 kV) was applied from a high-voltage power supply (AU Series, Matsusada Precision Inc., Japan). Electrospinning experiments were carried out in an enclosed Plexiglas box at 25 °C and 18% relative humidity. The nanofibers were kept in the refrigerator until their use in analysis.

**Measurements and Characterization.** Phase-solubility measurements were performed in water according to the method of Higuchi and Connors. An excess amount of limonene was added to 5 mL of aqueous solutions containing increasing amounts of HPβCD, MβCD, and HPγCD. The suspensions were shaken at RT for 24 h. After equilibrium was achieved, the suspensions were filtered through a 0.45 μm membrane filter and diluted with water. To determine the amount of limonene dissolved, UV spectroscopy measurements were made at 235 nm (Varian, Cary 100). The phase solubility diagrams were drawn by plotting the molar concentration of limonene found in the solution against the molar concentration of CDs. The experiments were carried out in triplicate, and each data point is the average of three determinations.

The viscosity measurements of HPβCD/limonene-IC, MβCD/limonene-IC, and HPγCD/limonene-IC solutions were performed at RT via an Anton Paar Physica MCR 301 rheometer equipped with a cone/plate accessory (spindle type CP 40-2) at a constant shear rate of 0.1 s⁻¹ and a temperature of 25 °C. The torque measurements were made after stabilization of the temperature for 15 min.
100 s⁻¹. The solution conductivity for CD/limonene-IC solutions was measured with an Inolab pH/Cond 720-WTW.

The morphology of HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF was investigated using scanning electron microscopy (SEM, FEI-Quanta 200 FEG). Prior to taking SEM images, nanofiber samples were placed on metal stubs by using double-sided copper tape, and in order to minimize the charging problem during SEM examination, samples were sputtered with 5 nm of Au/Pd (PECS-682). AFD and the fiber diameter distribution of nanofibrous webs were calculated directly from SEM images by measuring the diameter of about 100 fibers.

The proton nuclear magnetic resonance (¹H NMR) spectra were recorded at 400 MHz (Bruker DPX-400). HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF were dissolved in DMSO-d₆ to evaluate the molar ratio of CDs and limonene in each CD/limonene-IC by integrating the peak ratio of the characteristic chemical shifts corresponding to CD and limonene. Integration of the chemical shifts (δ) given in parts per million (ppm) was performed with Mestrenova software.

Thermogravimetric analysis (TGA, TA Q500, USA) was used to determine the thermal properties of limonene, HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF. TGA was conducted under a nitrogen atmosphere by heating the samples from 25 to 450 °C at a heating rate of 20 °C/min. Differential scanning calorimetry (DSC, TA Q2000, USA) analyses were also performed on HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, HP/CD/limonene-IC-NF, HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF at a heating rate of 20 °C/min from 25 to 200 °C under a flow of nitrogen.

The crystalline structure of HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF were investigated in the range of 2θ = 5–30° by X-ray diffraction (XRD) (PANalytical X'Pert powder diffractometer) using Cu Kα radiation in a powder diffraction configuration. XRD was not carried out for limonene because it is a liquid compound at RT.

The infrared spectra of limonene, HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF were obtained via a Fourier transform infrared spectrometer (FTIR) (Bruker-VERTEX 70). The samples were prepared as pellets by mixing limonene and nanofibers with potassium bromide (KBr) for the measurement. The scans (64) were recorded between 4000 and 400 cm⁻¹ at a resolution of 4 cm⁻¹.

The cumulative amount of limonene released from HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF was measured using headspace gas chromatography–mass spectrometry (HS GC–MS) for 3 h. The instrument was an Agilent Technologies 7890A gas chromatograph coupled to an Agilent Technologies 5975C inert MSD combined with a triple-axis detector. The used capillary column was an HP-5MS (Hewlett-Packard, Avondale, PA) (30 m × 0.25 mm i.d., 0.25 μm film thickness). Ten milligrams of nanofiber samples were taken from the aluminum foil and placed in 20 mL headspace glass vials. The vials including the nanofiber samples were agitated at 500 rpm at 37, 50, and 75 °C. The syringe temperatures were also 37, 50, and 75 °C. Vapor (250 μL) was injected from vials into the HS GC–MS by using a headspace injector. The oven temperature was programmed as follows: initial 40 °C (held for 3 min) and from 40 to 140 °C at a rate of 10 °C/min (held for 3 min). The HS GC–MS was operated in a splitless and selected ion monitoring (SIM) modes. The NIST MS Search 2.0 library was used to decide the limonene peak. The release experiments were performed in triplicate, and the results were reported as average ± standard deviation.

To evaluate the long-term release of CD/limonene-IC-NFs, HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF were kept separately at RT and 18% relative humidity for 100 days in the open air in the laboratory. Then, TGA measurements were made at predetermined time intervals (50th day and 100th day).

The antibacterial activity of limonene, HP/CD/limonene-IC-NF, Mj/CD/limonene-IC-NF, and HP/CD/limonene-IC-NF was tested against Escherichia coli (E. coli, ATCC 10536) and Staphylococcus aureus (S. aureus, ATCC 25923) according to a colony-counting method. E. coli and S. aureus bacteria were grown in nutrient broth medium (3 g/L yeast extract, 15 g/L peptone, and 6 g/L sodium chloride) for 24 h on a shaker at 100 rpm and 37 °C. UV-sterilized nanofibers (20 mg) and limonene (1.6 mg) were immersed in the culture suspensions to form approximately 10⁶ colony-forming units (cfu/mL). In this step, nanofibers easily dissolve in the culture suspension. After 24 h of incubation and shaking at 37 °C, different dilutions (10⁴ to 10⁶) were made by successively adding 1 mL of culture to 9 mL of phosphate buffer solution. Then, 0.1 mL of the diluted culture was spread on a nutrient agar plate and incubated at 37 °C for 24 h. The number of colonies was counted four times for each sample. The antibacterial activity (%) of limonene and CD/limonene-IC-NFs is defined as follows:

antibacterial activity(%) = \frac{A - B}{A} \times 100 (1)

where A and B are the numbers of colonies (cfu/mL) before and after the nanofibers were added, respectively.

### Results and Discussion

#### Phase Solubility Studies

The phase solubility profiles of HP/CD/limonene, Mj/CD/limonene, and HP/CD/limonene systems are presented in Supporting Information Figure S1. The obtained results clearly prove that the solubility of limonene has been increased up to 32 mM HP/CD in the HP/CD/limonene system, and beyond this concentration it starts to decrease. This might be due to the formation of a less water-soluble complex at a higher concentration of HP/CD. However, the solubility of limonene has been increased linearly for Mj/CD/limonene and HP/CD/limonene. Therefore, it could be concluded that the solubility curve of HP/CD/limonene dictates the Aₐ type, whereas Mj/CD/limonene and HP/CD/limonene represent Aₐ-type solubility diagrams. In addition, the linear solubility performance of limonene in Mj/CD and HP/CD systems reveals the 1:1 complex formation.

#### Molecular Modeling of CD/Limonene-IC

Although the thermodynamics of complexation reactions primarily involves van der Waals and hydrophobic interactions between guest molecule and CD, this process can also induce the removal of water molecules from the CD cavity, resulting in the rearrangement of the inclusion complex (IC). Therefore, we carried out a structural optimization of limonene, CDs (HP/CD, Mj/CD, and HP/CD) and their IC in vacuum, followed by optimizations in an aqueous medium. The guest molecule (single limonene) is introduced into the wide rim of...
the cavity of HPβCD, MβCD, and HPγCD at various positions and two different orientations. These orientations include (i) a head, consisting of a methyl group, and (ii) a tail, consisting of an ethyl group of limonene headed inward toward the wide rim of the CD cavity as shown Figure 2a–c.

![Chemical structure of limonene and ICs](Image)

Figure 2. (a) Chemical structure of limonene; top view of ICs of (b) HPβCD, (c) MβCD, and (d) HPγCD; and side view of ICs of (e) HPβCD, (f) MβCD, and (g) HPγCD with limonene in an aqueous medium. Gray, red, and yellow spheres represent carbon, oxygen, and hydrogen atoms, respectively.

The complexation energy \( E_{\text{comp}} \) for the lowest-energy configuration of these ICs in 1:1 stoichiometry for three possible orientations is calculated as

\[
E_{\text{comp}} = E_{\text{CD}} + E_{\text{guest}} - E_{\text{IC}}
\]

where \( E_{\text{CD}} \), \( E_{\text{guest}} \), and \( E_{\text{IC}} \) are the total energy of CD (HPβCD, MβCD, and HPγCD), the guest limonene molecule, and IC, respectively. All energies are calculated in an aqueous medium. The results for 1:1 stoichiometry are summarized in Table 1. Our results indicate that limonene can form IC with all considered types of CDs with varying \( E_{\text{comp}} \) depending on the orientation of limonene and the type of CD. Because of the relative size matching between the cavity and the limonene molecule and the polarity of methyl groups, the strongest binding is obtained for MβCD with the tail orientation of limonene.

Table 1. Complexation and Solvation Energies of Limonene within HPβCD, MβCD, and HPγCD

<table>
<thead>
<tr>
<th>host</th>
<th>guest</th>
<th>( E_{\text{comp}} ) (head) kcal/mol</th>
<th>( E_{\text{comp}} ) (tail) kcal/mol</th>
<th>( E_{\text{solv}} ) kcal/mol</th>
</tr>
</thead>
<tbody>
<tr>
<td>limonene</td>
<td>limonene</td>
<td>0.00</td>
<td>0.00</td>
<td>-0.66</td>
</tr>
<tr>
<td>HPβCD</td>
<td>limonene</td>
<td>9.7</td>
<td>11.7</td>
<td>-74.2</td>
</tr>
<tr>
<td>MβCD</td>
<td>limonene</td>
<td>10.7</td>
<td>12.6</td>
<td>-29.5</td>
</tr>
<tr>
<td>HPγCD</td>
<td>limonene</td>
<td>5.9</td>
<td>7.1</td>
<td>-89.4</td>
</tr>
</tbody>
</table>

In addition, the solvation energies of bare limonene and ICs are calculated in order to rank their solubility in water. The solvation energy \( E_{\text{solv}} \) in an aqueous medium is calculated as

\[
E_{\text{solv}} = E_{\text{(solvated)}} - E_{\text{(vacuum)}}
\]

where \( E_{\text{(solvated)}} \) and \( E_{\text{(vacuum)}} \) are the total energy of molecules in solvent and vacuum, respectively. The calculated \( E_{\text{solv}} \) of bare limonene is \(-0.66\) kcal/mol, which is very low and suggests poor solubility in water. On the other hand, \( E_{\text{solv}} \) values of ICs within HPβCD, MβCD, and HPγCD in water are \(-74.2\), \(-29.5\), and \(-89.4\) kcal/mol, respectively, asserting exothermic solvation reactions for all ICs. The IC within HPγCD has the highest solubility, and the IC within MβCD has a lower solubility in water compared to the other ICs.

Morphology Analysis of Nanofibers. The morphological investigation clearly represents bead-free and uniform HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF (Figure 3a–c). The average fiber diameters (AFDs) of HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF were found to be 710 ± 470, 405 ± 210, and 1450 ± 500 nm, respectively. The change in the diameter of CD/limonene-IC nanofibers (CD/limonene-IC-NF) was due to the viscosity and conductivity differences between the solutions (Table 2). The measured conductivity was in the order of MβCD/limonene-IC solution > HPβCD/limonene-IC solution > HPγCD/limonene-IC solution. Thus, it is proven that the higher conductivity of MβCD/limonene-IC solution leads to a lower diameter of MβCD/limonene-IC-NF compared to that of other nanofibers. Likewise, HPβCD/limonene-IC-NF has the highest diameter among all CD/limonene-IC-NFs because of the higher viscosity and lower conductivity of HPγCD/limonene-IC solution compared to those of other solutions. The photographs of free-standing nanofibers obtained from solutions of (a) HPβCD/limonene-IC, (b) MβCD/limonene-IC, and (c) HPγCD/limonene-IC. Photographs of (d) HPβCD/limonene-IC-NF, (e) MβCD/limonene-IC-NF, and (f) HPγCD/limonene-IC-NF.
HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF webs clearly represent their flexible and easily handled nature, which indicates that all CD/limonene-IC-NF webs have excellent mechanical integrity even though they are composed of CDs that are amorphous small molecules (Figure 3d–f). The solubility of limonene, HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF is shown in Figure 4 and Supporting Information videos 1 and 2. The observed results evidently show that CD/limonene-IC-NFs completely dissolve in water within seconds; however, limonene does not dissolve, and an oily compound is easily visible on the surface.

Molar Ratio of CD/Limonene-IC. Supporting Information Figure S2a–c shows the proton nuclear magnetic resonance (1H NMR) spectra of HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF. The molar ratio between CD (HPβCD, MβCD, and HPγCD) and limonene in CD/limonene-IC-NFs was calculated from the integration of the peak ratio between the peaks of HPβCD, MβCD, and HPγCD (1.029, 4.9, and 1.029 ppm) and limonene (1.616 ppm) as 1.00:0.42, 1.00:0.78, and 1.00:0.38 for HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF, respectively. Therefore, it is concluded that 42, 78, and 38% of the limonene was preserved in HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF, respectively. Therefore, the calculated amount of limonene in CD/limonene-IC-NFs suggested that a significant amount of limonene was preserved in MβCD/limonene-IC-NF. Besides, much more limonene evaporated from HPβCD/limonene-IC-NF and HPγCD/limonene-IC-NF during solution preparation, electrospinning, or storage.

Thermal Analysis of Nanofibers. Thermal gravimetric analysis (TGA) of limonene, HPβCD-NF, MβCD-NF, HPγCD-NF, HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF is given in Figure 5a–c. Thermal evaporation of pure limonene started at about 50 °C and continued until 150 °C. Pristine HPβCD-NF, MβCD-NF, and HPγCD-NF exhibited two weight losses below 100 °C and above 275 °C that belong to the water loss and main thermal degradation of each CD, respectively. Three stages of weight loss were observed for HPβCD/limonene-IC-NF. The first weight loss below 100 °C belongs to the water loss, and second and third weight losses between 100 and 230 °C and above 275 °C correspond to limonene and HPβCD, respectively. The

Table 2. Properties of the Solutions Used for Electrospinning and Morphological Characteristics of the Resulting Nanofibers

<table>
<thead>
<tr>
<th>solutions</th>
<th>% CD (w/v)¹</th>
<th>% limonene (w/w)²</th>
<th>viscosity (Pa·s)</th>
<th>conductivity (μS/cm)</th>
<th>average fiber diameter (nm)</th>
<th>fiber morphology</th>
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<tr>
<td>HPβCD/limonene-IC</td>
<td>200</td>
<td>8.53</td>
<td>0.087</td>
<td>241</td>
<td>710 ± 470</td>
<td>bead free nanofibers</td>
</tr>
<tr>
<td>MβCD/limonene-IC</td>
<td>200</td>
<td>10.63</td>
<td>0.106</td>
<td>999</td>
<td>405 ± 210</td>
<td>bead free nanofibers</td>
</tr>
<tr>
<td>HPγCD/limonene-IC</td>
<td>200</td>
<td>7.75</td>
<td>0.168</td>
<td>2.24</td>
<td>1450 ± 500</td>
<td>bead free nanofibers</td>
</tr>
</tbody>
</table>

¹With respect to solvent (water). ²With respect to the total weight of the sample.

Figure 4. Presentation of the solubility behavior of pure limonene and HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF in water.

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¹With respect to solvent (water). ²With respect to the total weight of the sample.
shifting of the onset of the thermal evaporation of limonene to higher temperature suggested IC formation between HP/βCD and limonene. Four steps of weight loss existed in the case of MβCD/limonene-IC-NF. The initial weight loss below 100 °C was due to water loss, the second and third weight losses ranging between 120 and 170 °C and 170 and 270 °C were attributed to limonene. The shifting of the evaporation onset of limonene up to 120 and 170 °C confirms IC formation between MβCD and limonene. Moreover, the presence of two steps for limonene that are at a temperature higher than for free limonene showed that there might be two types of complex formation between MβCD and limonene. However, the second complex in the third step shows a stronger interaction with limonene compared to that for the first complex formed in the second step. The last weight loss observed in MβCD/limonene-IC-NF is above 300 °C and belongs to the degradation of MβCD. HPγCD/limonene-IC-NF exhibited three steps of weight loss: the initial weight loss below 100 °C belongs to the water, the second weight loss between 165 and 245 °C is due to the limonene, and the third weight loss above 300 °C corresponds to the thermal degradation of HPγCD. A shift was observed in the thermal evaporation onset of limonene to higher temperature, and this shift was due to the inclusion complexation between HP/βCD and limonene. Furthermore, the thermal stability of the second complex in MβCD/limonene-IC-NF was higher than for the complexes formed in HP/βCD/limonene-IC-NF and HPγCD/limonene-IC-NF. This result indicated the existence of strong and more stable complexation between MβCD and limonene, which was also confirmed with the computational modeling studies. Here, the methyl groups of MβCD might increase the hydrophobic interaction and provide higher stability to the system.

From the TGA data, the amounts of limonene in HP/βCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF were calculated to be ~3.66%, ~8.45%, (2.71% and 5.74% belong to the first and second complex, respectively), and ~2.05% (w/w, with respect to CD), and these calculations confirmed that 43%, 80% (26% and 54%), and 26% of the limonene remained during the preparation, electrospinning processes, and storage, respectively. According to TGA results, the molar ratios of HP/βCD, MβCD, and HPγCD to limonene were calculated to be 1.00:0.43, 1.00:0.80, and 1.00:0.27, respectively. The molar ratio of CD/limonene in CD/limonene-IC-NF samples calculated from the TGA data agreed well with the data obtained from 1H NMR. Therefore, limonene was preserved to a great extent in MβCD/limonene-IC-NF; however, a certain amount of limonene present in HP/βCD/limonene-IC-NF and HPγCD/limonene-IC-NF was lost during the preparation, electrospinning, or storage. Nevertheless, it is anticipated that the CD-IC nanofiber matrix could preserve a much higher limonene content than could the polymeric nanofiber matrix. For instance, in our previous studies, we have seen that volatile molecules such as vanillin, allyl isothiocyanate, and geraniol could not be preserved at all in electrospun poly(vinyl alcohol) (PVA) nanofibers without CD-IC.

Differential scanning calorimetry (DSC) curves of HP/βCD- NF, MβCD-NF, HPγCD-NF, HP/βCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF are given in Figure 6a. The dehydration of CDs in HP/βCD-NF, MβCD-NF, and HPγCD-NF is observed as typical broad endothermic peaks between 25 and 160, 25–155, and 25–155 °C, respectively. The endothermic peaks in the DSC curves of CD/limonene-IC-NFs were in the ranges of 65–160, 70–140, and 50–170 °C for HP/βCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF, respectively. The enthalpies of endothermic transitions in HP/βCD-NF, MβCD-NF, and HPγCD-NF were 329, 99, and 255 J/g, whereas the enthalpies of HP/βCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF were 131, 54, and 229 J/g, respectively. The reduction in the enthalpy of HP/βCD-NF, MβCD-NF, and HPγCD-NF after the complexation of limonene confirmed the complexation by displacing a certain number of water molecules in the cavity of CDs with limonene.

Structural Characterization of Nanofibers. Figure 6b shows the X-ray diffraction (XRD) patterns of HP/βCD-NF, MβCD-NF, HPγCD-NF, HP/βCD/limonene-IC-NF, MβCD/ limonene-IC-NF, and HPγCD/limonene-IC-NF. HP/βCD, MβCD, and HPγCD are known to be amorphous molecules.
The observed amorphous peak in HPβCD-NF, MβCD-NF, and HPγCD-NF further confirms the native amorphous nature of HPβCD, MβCD, and HPγCD molecules. Similarly, an amorphous pattern was also observed for HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF. More importantly, the absence of a limonene peak in HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF confirmed the formation of the complex.

The chemical structures of limonene, HPβCD-NF, MβCD-NF,HPγCD-NF, HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPγCD/limonene-IC-NF were investigated by FTIR spectroscopy (Figure 6c). The characteristic absorption peaks of CDs observed at around 1030, 1080, 1157, 1638, 2925, and 3401 cm⁻¹ are due to the coupled C−C and C−O stretching vibrations, antisymmetric stretching vibration of the C−O−C glycosidic bridge, H−OH bending, C−H stretching, and O−H stretching, respectively. The characteristic peaks of limonene are seen at 888 cm⁻¹ (C≡C), 1379 cm⁻¹ (CH₃ symmetric bending), 1446 cm⁻¹ (CH₂ bending), 1650 cm⁻¹ (C≡C stretching of the exocyclic double bond), and 2850 and 2965 cm⁻¹ (symmetric and antisymmetric stretching of sp² and sp³ CH groups). Although the characteristic peaks of limonene and CDs overlap in some regions (1650, 2850, and 2965 cm⁻¹), the intensity increased with the addition of limonene. In addition, the characteristic peaks of limonene at 1378 and 1446 cm⁻¹ are observed in HPβCD/limonene-IC-NF and MβCD/limonene-IC-NF. These results showed the presence of limonene in CD/limonene-IC-NFs.

**Release Study.** The release results of the limonene from CD/limonene-IC-NFs as a function of temperature over 3 h are shown in Figure 7a–c. The release of limonene from CD/limonene-IC-NFs was increased with increasing temperature from 37 to 75 °C. The variations in the temperature induce the increase in the diffusion coefficient of the molecules.48 The total amount of released limonene was in the order of MβCD/limonene-IC-NF > HPγCD/limonene-IC-NF > HPβCD/limonene-IC-NF. On the other hand, the rate of release was increased with increasing temperature from 37 to 75 °C. The variations in the temperature induce the increase in the diffusion coefficient of the molecules.48 The total amount of released limonene was in the order of MβCD/limonene-IC-NF > HPγCD/limonene-IC-NF > HPβCD/limonene-IC-NF.
The preservation of limonene shown in $^{1}$H NMR and TGA data might be the reason for the large amount of limonene released from MβCD/limonene-IC-NF at 37, 50, and 75 °C. The better preservation of limonene shown in $^{1}$H NMR and TGA data might be the reason for the large amount of limonene released from MβCD/limonene-IC-NF at 37, 50, and 75 °C. The higher stability of the complex formed in MβCD/limonene-IC-NF as shown in the TGA results could be responsible for the slower release of limonene from the nanofibers. Moreover, the superior size fit between modified βCDs compared to that of HPβCD might be another reason for the quick release of HPβCD/limonene-IC-NF. As discussed above, the computational modeling studies are well correlated with the experimental results where the complexation energy was calculated in the order of MβCD/limonene-IC > HPβCD/limonene-IC > HPβCD/limonene-IC-C.

TGA measurements were also performed to investigate the long-term release of HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPβCD/limonene-IC-NF, and the results are summarized in Figure 8. Most of the limonene present in MβCD/limonene-IC-NF was not released (remaining 75% (w/w)) at the end of 100 days because of the high stability of MβCD/limonene-IC-NF as discussed previously. Limonene (51% w/w) was released from HPβCD/limonene-IC-NF at the end of 100 days. The comparatively lower stability of the complex in HPβCD/limonene-IC-NF could be the reason for the greater amount of limonene released compared to that of MβCD/limonene-IC-NF. The amount of released limonene was 88% (w/w) for HPβCD/limonene-IC-NF at the end of 100 days. These results might be due to the excellent size fit between HPβCD and MβCD with limonene and correlate well with the short-term release experiments in which HPβCD/limonene-IC-NF released limonene quickly compared to HPβCD/limonene-IC-NF and MβCD/limonene-IC-NF. In previous studies conducted by our group, most of the vanillin, allyl isothiocyanate, and geraniol that was loaded was lost during electrospinning and storage without CD-IC in electrospun PVA nanofibers. Here, we observed that a considerable amount of limonene remained in the nanofibrous matrix of HPβCD/limonene-IC-NF and MβCD/limonene-IC-NF even after a long storage time (100 days) on the shelf.

**Antibacterial Activity.** Essential oils are known to have antibacterial activity resulting from the terpene constituents disrupting the bacterial membrane in both Gram-negative and Gram-positive bacteria. Figure 9 presents the effect of limonene and CD/limonene-IC-NFs on the growth inhibition rate of *Escherichia coli* (*E. coli*) and *Staphylococcus aureus* (*S. aureus*). CD/limonene-IC-NFs possessed strong antibacterial activity against *E. coli* and *S. aureus* that was even greater than that of limonene. The higher antibacterial activity of CD/limonene-IC-NFs could be due to the higher solubility and preservation rate of limonene in CD/limonene-IC-NFs.

![Figure 8](image1.png)  
**Figure 8.** Amount of limonene in HPβCD/limonene-IC-NF, MβCD/limonene-IC-NF, and HPβCD/limonene-IC-NF at RT for 100 days.

![Figure 9](image2.png)  
**Figure 9.** Growth inhibition rate (%) of *E. coli* and *S. aureus* in (a) limonene, (b) HPβCD/limonene-IC-NF, (c) MβCD/limonene-IC-NF, and (d) HPβCD/limonene-IC-NF (n = 3). The error bars in the figure represent the standard deviation.

These results clarified the higher antibacterial activity of CD/limonene-IC-NFs against *S. aureus* compared to that of *E. coli* that is expected to inhibit the growth of bacteria in the mouth causing bad breath as an oral care strip.
the complexes in M/βCD/limonene-IC-NF among the three CD/limonene-IC-NFs web sample. In addition, the rate of release in short- and long-term release studies was also slow in the case of M/βCD/limonene-IC-NF, which is likely due to the higher stability of limonene in M/βCD/limonene-IC-NF than in HP/βCD/limonene-IC-NF and HPyCD/limonene-IC-NF as mentioned in the TGA results. Antibacterial activity test results indicated that CD/limonene-IC-NFs presented high antibacterial activity against both Gram-negative (E. coli) and Gram-positive (S. aureus) bacteria. Finally, it was observed that CD/limonene-IC-NFs were dissolved in water in a few seconds. In conclusion, the results suggested the potential of CD/limonene-IC nanofibrous webs to be used in food or healthcare areas such as an oral care strip for improving oral hygiene while freshening the breath, owing to the large amount of preserved limonene with enhanced solubility and high antibacterial activity.

**ASSOCIATED CONTENT**

Supporting Information, and videos showing the solubility of limonene and CD/limonene-IC-NFs presented and available as free of charge via the Internet at The Supporting Information is available free of charge via The Supporting Information at DOI: 10.1021/acs.jafc.6b02632.

- Phase solubility diagrams and 1H NMR results (PDF)
- Videos showing the solubility of limonene (MPG)
- Videos showing the solubility of CD/limonene-IC-NFs (MPG)

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Notes
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