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Topical Review

Self-assembled peptide nanostructures for functional materials

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Abstract

Nature is an important inspirational source for scientists, and presents complex and elegant examples of adaptive and intelligent systems created by self-assembly. Significant effort has been devoted to understanding these sophisticated systems. The self-assembly process enables us to create supramolecular nanostructures with high order and complexity, and peptide-based self-assembling building blocks can serve as suitable platforms to construct nanostructures showing diverse features and applications. In this review, peptide-based supramolecular assemblies will be discussed in terms of their synthesis, design, characterization and application. Peptide nanostructures are categorized based on their chemical and physical properties and will be examined by rationalizing the influence of peptide design on the resulting morphology and the methods employed to characterize these high order complex systems. Moreover, the application of self-assembled peptide nanomaterials as functional materials in information technologies and environmental sciences will be reviewed by providing examples from recently published high-impact studies.

Keywords: peptide, nanomaterials, self-assembly, nanofiber

1. Introduction

Molecular self-assembly is an emerging and powerful tool in the synthesis of functional nanoscale structures as a bottom-up fabrication method. It is defined as the spontaneous organization of molecules into stable, well-defined structures under equilibrium conditions through noncovalent interactions. Self-assembly is ubiquitous in many biological systems and results in the formation of a variety of complex biological structures found in nature. These complex and elegant examples inspire scientists to create similar artificial systems by using the building blocks of life, such as amino acids, lipids, nucleic acids and saccharides. In most cases, thermodynamically stable structures are formed through enthalpic and entropic interactions that involve both the assembling subunits and the surrounding solvent molecules [1]. Naturally, many key developments have paved the way for progress in this sophisticated field, such as the discovery of close-packed forms of amphiphilic molecules, the arrangement of monolayers by long chain hydrocarbon amines and the distribution of ordered monolayers of alkane-thiolate molecules on gold substrates [2].

In this review, we describe peptide synthesis strategies, peptide self-assembly and the relation of the peptide design to the corresponding self-assembled nanostructures. In addition to the synthesis and functionalization of peptide nanostructures, we also provide an overview of the characterization techniques that have been developed for understanding the interactions between individual peptide subunits and their effect on the physical and chemical properties exhibited by the self-assembled system. The peptide nanostructures are considered to be attractive candidates for a broad range of...
biomedical applications, and have already been reviewed extensively [3–6]. Here we present recent applications of peptide-based nanomaterials by providing specific examples such as peptide-templated inorganic nanomaterials, semiconducting peptide nanowires and catalytic peptides.

2. Peptides: synthetic approaches

Peptides consisting of natural or synthetic amino acids are interesting building blocks for the construction of supramolecular assemblies. These simpler structures aid us in understanding more complex systems present in nature. Scientists employ a variety of approaches in the synthesis of peptide building blocks and strive for the production of the peptide of interest while minimizing or eliminating other possible by-products. Synthetic approaches utilized for the fabrication of peptide molecules can be classified into three main classes: solid phase strategies, ring-opening polymerization techniques and genetic engineering [7, 8].

Solid phase peptide synthesis (SPPS) is the most widely used method for the synthesis of small to medium size peptides. In this technique, the peptide sequence is grown, step-by-step, on an insoluble polymeric resin through the sequential addition of individual amino acids. Deviations from the intended amino acid sequence are prevented through use of modified amino acids with unreactive N-termini, which can be activated only after treatment with a deprotecting agent [9]. Amino acids used for the couplings bear orthogonal protecting groups. The orthogonal chemistry approach enables two or more protecting groups to be used concurrently without affecting each other in situations where one of the functional groups requires manipulation. General features associated with these protecting groups can be considered as (i) their ease of introduction into the functional group; (ii) their stability in different reaction conditions; and (iii) their safe removal at the end of the synthetic process [10].

Prior to the coupling, there is a need to activate the carboxylic group of the last amino acid in the sequence by using phosphonium, aminium, uronium or carbodiimide-based reagents that catalyse the formation of amide bonds. Although carbodiimide derivatives lead to an increase in the degree of racemization during the activation of amino acids, this effect can be minimized by using additives, especially N-hydroxy derivatives, which suppress the formation of N-acrylurea by shifting the reaction towards the formation of the active ester form of the amino acid [11]. At the end of the synthesis, the peptide is cleaved from the resin with an acid treatment.

Microwave-assisted SPPS is another option for synthesizing longer peptides with increased reaction rates and purities. Typically, coupling reagents and additives used in microwave-assisted SPPS are identical to those applied in conventional SPPS, and peptide couplings are carried out at temperatures in the range 50 °C–80 °C unless amino acids carry a potential risk of epimerization [12]. Setbacks encountered in solution phase synthesis, such as time consuming isolation and purification of intermediate peptides, are overcome with SPPS. With the SPPS strategy, it is possible to control not only the amino acid sequence but also the C- and N-terminal functionality of the created peptide [13]. Therefore, this technique is eligible for the synthesis of linear, branched, dendritic or cyclic peptides [14, 15]. In addition, different chemical moieties, such as fatty acids, lipids, saccharides, nucleotides, polymers, drugs, aromatic units and dyes can be incorporated into the peptide backbone through linkage chemistry while the peptide is still on the resin.

Further progress in peptide synthesis is native chemical ligation, which bypasses the limitations of SPPS with respect to the size and solubility of the peptides, and entails the chemoselective conjugation of two unprotected peptides (an α-thioester-containing peptide and an N-terminal cysteine-ended peptide) through thioester linkage. These peptides are first individually synthesized using SPPS, and subsequently linked to each other in the solution phase to create large-sized peptides and even complex proteins [16].

On the other hand, the preparation of high molecular weight monodisperse polypeptides with precisely defined primary structures can be achieved by protein engineering, also called genetic engineering. This strategy allows the synthesis of not only structural proteins but also de novo designed proteins as a result of the cellular expression of artificial genes [17]. In contrast to chemical synthesis methods, this technology can be considered as a biological tool for the preparation of peptide-based materials, and involves insertion of a synthetically designed gene into a circular DNA plasmid to produce the desired polypeptide or protein in bacterial or eukaryotic expression systems [18]. One of the advantages of this methodology is that a broad range of nonproteogenic amino acids or functional groups can also be integrated for the preparation of artificial proteins [19].

Polypeptides with high molecular weights, narrow polydispersity and retained chiral integrity can be synthesized by the ring-opening polymerization of amino acid N-carboxyanhydrides (NCA) in a controlled manner [20]. For the polymerization, there are two widely accepted mechanisms: normal amine and the activated monomer mechanisms. In both mechanisms, a range of nucleophiles and bases such as amines and metal alkoxides are used for the initiation of polymerization [21]. Although NCA polymerization suffers from a lack of control over the exact primary peptide sequence, in contrast to SPPS or genetic engineering, it allows the synthesis of polypeptides in high yields and large quantities [22]. In some cases, side reactions that occur during NCA polymerization may result in failure in the production of homo and block polypeptides, which can be prevented by introducing various metal- and organo-catalysts [20]. In addition, some applications require using high purity monomers to obtain optically pure polypeptides with predictable molecular weights and low polydispersity.

Several other chemical methodologies have been developed to synthesize peptide- and protein-based hybrids. Anchorage of two components has been achieved through thiol–maleimide or alkyne–azide couplings as well as by imine and hydrazone linkages, atom transfer radical polymerization and chemoselective peptide ligation methods [8, 23, 24]. Although each strategy has its own limitations,
with recent advances in synthetic strategies, sophisticated peptidic architectures can be created by using these versatile chemical tools.

3. Self-assembly of peptides

Amino acids serve as a diverse biochemical toolbox for the construction of peptide-based materials, exhibiting a broad range of physicochemical properties with regards to their charge, hydrophobicity, size and polarity. Consequently, peptide materials containing different amino acid sequences can be designed to serve a variety of biological functions. This diversity is further enriched by the introduction of nonproteinogenic groups into the peptide backbone. Since the synthesis methods, structures and properties of peptides are well known, peptide-based materials can also be utilized as model systems to gain insight into biological self-assembly mechanisms in nature [25]. Peptide self-assembly is mainly governed by noncovalent interactions. These interactions not only drive the self-assembly process but also stabilize the secondary structure of peptides and proteins [26].

3.1. Forces driving peptide self-assembly

Noncovalent interactions such as hydrogen bonding, hydrophobic, electrostatic and van der Waals interactions, \( \pi-\pi \) stacking and coordination bonds are the main contributors of molecular self-assembly (figure 1) [27, 28]. While nonpolar amino acids, including aliphatic (e.g. alanine, leucine, valine) and aromatic (e.g. tyrosine, phenylalanine) amino acids, are mainly responsible for hydrophobic clustering through hydrophobic interactions and \( \pi-\pi \) stacking, respectively, polar amino acids result in either hydrogen bonding or electrostatic interactions depending on whether they have uncharged (e.g. serine, asparagine) or charged (e.g. lysine, histidine, glutamic acid) residues [29]. In addition to individual amino acids, the peptide backbone itself provides considerable stability through hydrogen bonds. Although these interactions are individually weak, the cooperative action of binding residues across multiple self-assembling subunits can enable formation of stable assemblies. The cooperative binding also ensures a degree of sequence-specificity in the self-assembling system [30].

Naturally occurring hydrogen bonding patterns, such as those found in \( \beta \)-sheets, \( \alpha \)-helices, and coiled coils, are utilized in the design of a number of peptide sequences to form higher order structures as a result of self-assembly. The stabilization of multiple peptide backbone arrangements occurs through hydrogen bonding interactions between the backbone amide and carbonyls and results in the formation of \( \beta \)-sheets. These structures may be in parallel or antiparallel arrangements depending on the direction of the strands. Peptides are typically designed to contain repeating amino acid residues for hydrophobic and hydrophilic regions, which ensure that the hydrophobic part will be buried within the self-assembled structure while the hydrophilic region, which often contains functional sequences, is exposed to the aqueous environment [31]. Unlike \( \beta \)-sheets, \( \alpha \)-helices are formed by individual peptide chains where backbone amide components are intra- molecularly hydrogen bonded. This arrangement leads to the presentation of the amino acid side chains on the surface of each helix and further facilitates the accessibility of amino acid side chains to the solvent. In some cases, these single \( \alpha \)-helices can assemble by coiling together and form so-called coiled coils. Peptide sequences responsible for coiled coil formation generally bear a repeat motif consisting of seven residues. These heptad motifs can be derived using generalized wheel diagrams that denote the positions and biochemical properties of amino acids at each location. The rules governing the formation of coiled coil structures are well-studied and conceived. In this section of the review, we present a relatively brief discussion for the H-bonding patterns exploited in peptide self-assembly, however, there are comprehensive reviews in the literature [32, 33].

3.2. Factors triggering self-assembly

There is a growing interest in creating dynamic systems that assemble and disassemble in response to external cues. Since noncovalent interactions are delicate interactions, they have a great tendency to respond to alterations in environmental conditions such as pH, light, temperature, ionic strength, and solvent polarity [34]. Among these, pH switch is the most facile approach for controlling and directing the self-
assembly [35–39]. A number of peptides are inherently sensitive to pH change due to the introduced charged amino acids, leading to a structural transformation. Apart from pH stimuli, light-triggered systems designed by van Hest and Stupp groups were developed by using a photocleavable group bearing peptide amphiphiles, and morphological transitions were observed for both cases in response to light [40–42]. Furthermore, polymerizable diacetylene unit containing peptide molecules were shown to respond to UV light irradiation to acquire one-dimensional nanostructures by the Tovar group [43]. On the other hand, thermally triggered peptide-based materials causing a change in the self-assembly of the nanostructure have been reported by several groups [44–49]. In addition to thermal energy, the Ulijn group has demonstrated that ultrasound energy can assist the reorganization of supramolecular nanostructures by temporarily disrupting noncovalent interactions in the peptide system and subsequently allowing their reformation in more thermodynamically favourable positions [50]. In addition, the effect of ionic strength and metal ions on the self-assembly mechanism of peptide molecules were examined by the addition of different type of cations into the peptide-based systems. While charged amino acids are mainly responsible for salt-induced self-assembly, as in the case of ionic-complementary peptides [51], β-hairpin peptides [52], ultrashort peptides [53] and peptide amphiphiles [54, 55], histidine residues have been predominantly used in the metal-binding domain due to the affinity of the imidazole ring to several coordination metal ions [56–59]. In addition to the above-mentioned external stimulus factors, solvent polarity can also exert a profound effect on the supramolecular nanostructures. A solvent controlled structural transition was observed for several peptides due to the changed interactions between the hydrophobic domain of the peptide and solvent molecules [60–63]. The self-assembly mechanism can be alternatively induced by enzyme catalysed reactions. Structural switches can be employed in a controllable manner by using enzymes specific to peptide sequences [64–68].

4. Design–nanostructure relation in peptide-based systems

The number, type, and sequence of amino acids can be manipulated to design self-assembling peptides. When amino acids are considered individually, they have their own specific characteristics. For instance, glycine imparts flexibility to the peptide structure, as it lacks a side chain and does not carry steric hindrance, while the proline ring constrains the number of conformations that the peptide backbone can adopt, resulting in a high degree of conformational rigidity [69, 70]. Cysteine, on the other hand, can be chemically or intermolecularly modified via thiol–maleimide chemistry or disulphide bridging, respectively. Moreover, tyrosine, serine and threonine are utilized in further chemical and enzymatic modifications through their hydroxyl groups. Depending upon the chemical modifications of the C- or N-terminus, the properties of peptide building blocks can also be modulated. There are two other major parameters affecting the structure of peptide-based systems, the secondary structure and noncovalent interactions, which were mentioned in the previous section. Peptides supported by α-helical or β-sheet features allow the construction of various different nanostructures [71, 72]. While peptide secondary structures are often sufficient to ensure the formation of kinetically and thermodynamically stable structures, conformational interactions can also be supported through linker residues that are covalently conjugated to peptide building blocks [73]. In this section, we discuss the structural features of peptide materials and highlight representative studies of self-assembled systems composed of peptide building blocks. This section is divided into three parts, which discuss the importance of design in the resulting self-assembled nanostructures of different classes of peptides, namely peptides composed of only amino acids, peptides modified by the attachment of hydrophobic acyl chains and peptide containing hybrid systems.

4.1. Peptides composed of only amino acids

Peptides highlighted in this section typically contain both hydrophobic and hydrophilic amino acid domains, as amphipilic peptide designs readily self-assemble into well-organized nanostructures. The distribution and number of hydrophobic and hydrophilic amino acids in the peptide sequence determine the final structure, including nanofibre, nanotape, nanorod, nanovesicle, nanotube and micelle, of the self-assembling peptides. Depending on the nature of the hydrophobic domain, the aggregation propensity and, similarly, the critical aggregation concentration (CAC) of the peptides can be modulated, which is very important for the stability of the assembly in an aqueous environment [74]. Table 1 summarizes the sequences of the peptides discussed in this section, the morphology of the nanostructures they form, and additional information regarding the structural features they exhibit.

The Zhang group has designed several short (7–8 amino acid) peptides and described them as a new class of surfactant-like peptides (SLPs) [75]. In their design, six consecutive hydrophobic residues (A8, V6 or L6) were attached to a head group with one or two aspartic acid residues, and charges on the N-termini were blocked by acetyl groups to prevent positive charge formation in the hydrophobic tail. The self-assembly of these peptides resulted in the formation of nanotubes or vesicles measuring ~30–50 nm in diameter. The type of nanostructure formed was affected by the hydrophobicity of the tail but not by the number of integrated charged residues. They also reported that similar peptides with two different positively charged (K and H) head groups exhibited analogous structures in transition electron microscopy (TEM) [96]. By using a similar design, the influence of the hydrophobic tail length on the formed nanostructure was investigated by Lu’s group with A8K, A8K, and A8K peptides [76]. These peptides exhibited structural transition as their hydrophobic tail extended due to the change in packing within the nanostructure. While A8K self-assembled into unstable peptide sheet stacks, A8K and A8K formed long
fibrillar worm-like micelles with uniform diameters of 8 ± 1 nm and short nanorods with smaller diameters of around 3 ± 1 nm, respectively. The morphological diversity of peptide nanostructures stems from the equally diverse nature of the interactions between their constituent amino acids, with both hydrophobic and hydrophilic residues imparting characteristic properties to the overall structure. To gain insight into this cooperative effect, Han et al synthesized a variety of peptides containing three to five consecutive leucine or isoleucine residues attached to one polar lysine residue [77]. They systematically studied the role of hydrogen bonding and its cooperative effect with hydrophobic interactions by changing the number and the type of the hydrophobic residues. As expected, an increase in the number of hydrophobic residues gave rise to a decrease in the CAC values of both $L_nK$ and $I_nK$. Since isoleucine had a higher propensity to form $\beta$-sheet conformation, the $I_nK$ series formed long nanofibers through the combination of hydrogen bonding and hydrophobic interactions, whereas $L_nK$ self-assembled into spherical micelles. Moreover, the rest of the $L_nK$ series exhibited nanofiber morphology due to the domination of intermolecular hydrogen bonding by additional leucine residues. In the case of $I_nK$ assemblies, the diameter of the nanofibers gradually decreased as the number of isoleucine residues increased, stemming from the change in chain packing. In another comparative study conducted by Baumann and coworkers, $I_6K_2$, $L_nK_2$, and $V_6K_2$ peptides were prepared in an aqueous salt solution (2 mM NaCl) to investigate the concentration dependence of the aggregation [78]. Although the secondary structures of all three peptides remained steady over the wide range of concentrations, morphological inspection of the self-assembled peptide structures revealed that peptides showed variance in their nanostructures as their concentrations changed. While peptides prepared at lower concentrations tended to form rod-and sheet-like structures with different cross sections, the average rod length and ribbon/sheet area could be tuned by varying the concentration. The effect of the molecular geometry on the nanostructure formation and its relation to the concept of surfactant packing parameter were further analysed by Khoe et al [79]. A cone-shaped molecular structure (Ac-GAVILRR-Am) was synthesized using five subunits of increasing size and hydrophobicity, starting with small glycine and alanine residues and ending with two bulky arginine residues that function as a cationic head group. Above its CAC, it self-assembled into both vesicular and donut-shaped nanovesicles. Moreover, the rest of the $I_nK$ series exhibited nanofiber morphology due to the domination of intermolecular hydrogen bonding by additional leucine residues. In the case of $I_nK$ assemblies, the diameter of the nanofibers gradually decreased as the number of isoleucine residues increased, stemming from the change in chain packing. In another comparative study conducted by Baumann and coworkers, $I_6K_2$, $L_nK_2$, and $V_6K_2$ peptides were prepared in an aqueous salt solution (2 mM NaCl) to investigate the concentration dependence of the aggregation [78]. Although the secondary structures of all three peptides remained steady over the wide range of concentrations, morphological inspection of the self-assembled peptide structures revealed that peptides showed variance in their nanostructures as their concentrations changed. While peptides prepared at lower concentrations tended to form rod-and sheet-like structures with different cross sections, the average rod length and ribbon/sheet area could be tuned by varying the concentration. The effect of the molecular geometry on the nanostructure formation and its relation to the concept of surfactant packing parameter were further analysed by Khoe et al [79]. A cone-shaped molecular structure (Ac-GAVILRR-Am) was synthesized using five subunits of increasing size and hydrophobicity, starting with small glycine and alanine residues and ending with two bulky arginine residues that function as a cationic head group. Above its CAC, it self-assembled into both vesicular and donut-shaped nanovesicles. Moreover, the rest of the $I_nK$ series exhibited nanofiber morphology due to the domination of intermolecular hydrogen bonding by additional leucine residues. In the case of $I_nK$ assemblies, the diameter of the nanofibers gradually decreased as the number of isoleucine residues increased, stemming from the change in

### Table 1. Recently reported peptide designs composed of only amino acids.

<table>
<thead>
<tr>
<th>Peptide sequence</th>
<th>Structure</th>
<th>Details</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>X6Da (X = A, V, L and n = 1, 2)</td>
<td>Nanotube/vesicle</td>
<td>30–50 nm in diameter</td>
<td>[75]</td>
</tr>
<tr>
<td>Ac-A3K–A3m (m = 3, 6 and 9)</td>
<td>Sheet/fibre—worm-like micelle/rod</td>
<td>Hydrophobic peptide region—structural transition relation</td>
<td>[76]</td>
</tr>
<tr>
<td>I6K, L6K (n = 3–5)</td>
<td>Micelle/nanofibr</td>
<td>Sequence dependent structural change</td>
<td>[77]</td>
</tr>
<tr>
<td>X6K2 (X = L, I and V)</td>
<td>Flat ribbon/rod-like structure</td>
<td>Concentration dependent structural change</td>
<td>[78]</td>
</tr>
<tr>
<td>Ac-GAVILRR-Am</td>
<td>Nanodonut</td>
<td>Outer and inner diameters: 105 ± 12 nm and 22 ± 10 nm, respectively</td>
<td>[79]</td>
</tr>
<tr>
<td>A3i2R2</td>
<td>Twisted fibrils</td>
<td>Diameter of fibrils 5–6 nm, pitch size of a twist ~10 nm</td>
<td>[80]</td>
</tr>
<tr>
<td>P10R3-Am</td>
<td>Vesicle</td>
<td>Hydrodynamic radius $R_d$ = 74 nm</td>
<td>[81]</td>
</tr>
<tr>
<td>Ac-PSPCFKFEP-Am</td>
<td>Nanofiber</td>
<td>(β-sheet + β-turn)</td>
<td>[82]</td>
</tr>
<tr>
<td>Ac-K2</td>
<td>Nanotape</td>
<td>Twisted nanotapes 38.3 ± 8.0 nm thick</td>
<td>[83]</td>
</tr>
<tr>
<td>X3Km (X = A, L and V; n = 1–5)</td>
<td>Nanotube/vesicle</td>
<td>Hydrophobicity-structure relation</td>
<td>[84]</td>
</tr>
<tr>
<td>Ac-A3V2L2W2–COOH (n = 2 or 7)</td>
<td>Nanovesicle</td>
<td>Roughly 120 nm in diameter</td>
<td>[85]</td>
</tr>
<tr>
<td>EFL2–PE</td>
<td>Nanotube</td>
<td>Diameter of tubes = 20–30 nm</td>
<td>[86]</td>
</tr>
<tr>
<td>Ac-EEFAAE-Am/Am-AFFKAAK-Am</td>
<td>Nanofiber</td>
<td>Co-assembled system</td>
<td>[87]</td>
</tr>
<tr>
<td>Ac-X2-C and oxidized forms Ac-X2C-CX2–Ac</td>
<td>Nanosphere/fibre</td>
<td>Effect of dimerization on self-assembly</td>
<td>[88]</td>
</tr>
<tr>
<td>(X = A, V and I)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ac-RARADARARADADA-Am</td>
<td>Nanofiber</td>
<td>10–20 nm in diameter</td>
<td>[89]</td>
</tr>
<tr>
<td>Ac-FKKEFKE-Am, Ac-KEFFFFKE-Am</td>
<td>Nanoribbon/nanotape</td>
<td>Sequence and concentration dependent structural change</td>
<td>[90]</td>
</tr>
<tr>
<td>XKKKKKXY3PPTKKKKXX-Am (X = Val, Abu, Nva, Nle, Phe and Ile)</td>
<td>Nanofiber</td>
<td>Average fibril width = 3.2–3.5 nm</td>
<td>[91]</td>
</tr>
<tr>
<td>cyclo-[(Q2AE3A2)]</td>
<td>Nanotube/nanoparticle</td>
<td>Nanotube diameter $\approx$1 μm</td>
<td>[92]</td>
</tr>
<tr>
<td>cyclo-[(Q2L2)]</td>
<td>Fibre/bundle</td>
<td>Formation of fibres from nanotubes</td>
<td>[93]</td>
</tr>
<tr>
<td>cyclo[(WR)$_n$] (n = 3–5)</td>
<td>Vesicle</td>
<td>Ring size-vesicle size relation</td>
<td>[94]</td>
</tr>
<tr>
<td>Ac-K2(Q6)K2-Am (X = L, F, W and Y)</td>
<td>Nanofiber</td>
<td>Multidomain peptides with ABA block motif</td>
<td>[95]</td>
</tr>
</tbody>
</table>
were estimated to be around 41.5 nm, the same as the diameter of the average thickness of the donut-shaped structures. The cationic arginine head group was also used in another SLP design to integrate twelve alanine residues [80]. This oligomeric peptide was synthesized via the NCA polymerization method rather than the standard solid phase peptide synthesis method to prevent the aggregation problem encountered in the couplings of multiple identical amino acids. 2wt% samples were analysed in cryo-TEM and it was revealed that electrostatic repulsion between terminal arginine residues, together with hydrogen bonding of alanine residues, resulted in the formation of twisted fibrils. In another study, a proline-rich sequence was used instead of alanine-rich domains and one additional arginine residue was conjugated to the hydrophilic segment [81]. The change in the type of amino acid completely changed the self-assembly mechanism, leading to the formation of quite different supramolecular nanostructures. Owing to the fact that a pyrrolidine ring in proline is responsible for the conformational constraints, this block polypeptide formed stiff helical rod structures, known as polyproline type II (PPII) helices, in aqueous solution. In contrast, arginine residues provided flexibility to the structure. These two components created a rod-coil system that is capable of self-assembly into vesicular nanoaggregates with a unimodal distribution of hydrodynamic radii. Proline residues were used in another study at both N- and C-termini of a nine-residual peptide to reduce the hydrogen bonding network in the β-sheet structure at the strand ends, and to bend the peptide chain by forming turns, favouring the formation of interfibrillar structure [82]. Additionally, the hierarchical arrangement of these supramolecular aggregates exhibited a concentration dependent manner.

Unlike the above-mentioned SLPs, Castellotto et al introduced for the first time a histidine attached hexaalanine sequence, which had the ability to chelate to transition metal ions, particularly zinc cations, through its imidazole side chain [83]. They compared the structural differences between $\alpha_6 H$ assemblies prepared in water and a ZnCl$_2$ containing solution at neutral and acidic pHs, and observed that while aqueous assemblies self-assembled into short sheets at pH 7, $\alpha_6 H$ dissolved in ZnCl$_2$ solution formed pseudo-crystalline particles containing plate/tape-like sheets. This work examined the effect of the number and type of integrated hydrophobic residues on the resulting supramolecular nanostructure but not the length of the head group. Liu et al extended the hydrophilic amino acid chain length of $\alpha_6 H$, where X was alanine, valine or leucine, by introducing one to five lysine residues [84]. Extending the hydrophilic chain length changed the surfactant-like character of peptides to a more block-type arrangement. Morphological analysis pointed out that alteration in the hydrophilicity varied the morphology of the peptide assemblies. Peptides with a longer hydrophilic segment but identical hydrophobic tail had a higher CAC, leading to the formation of vesicles rather than nanotubes. Accordingly, peptides having good solubility as well as very high CAC above the working concentration range failed to form any regular self-assembled structures. In another study done by van Hell et al, an approach previously used by the Zhang group [79] was adopted to synthesize cone-shaped amphiphilic peptides [85]. A conical shape was provided by the addition of amino acids having bulkier side chains near the charged glutamate residues at the C-terminus. However, here, two different peptides were synthesized with different lengths of hydrophilic domains (Ac-$\alpha_6 V$,$\alpha_6 L$,WE,$\alpha_6 V$,$\alpha_6$GA-COOH). They formed nanovesicles of comparable size with a diameter of approximately 120 nm, irrespective of the number of glutamate residues found in the head group.

By contrast to the classical design of traditional amphiphilic peptides, the double-headed architecture of bolaamphiphiles, composed of a hydrophobic core and two hydrophilic moieties flanking both ends of the core, have received growing interest for their ability to form different self-assembled nanostructures [97–99]. Recently, the Hamley group reported that they designed a linear octapeptide (EFL$_{14}$FE) self-assembled into nanotubes with diameters of 20–30 nm at high concentrations (1wt%), whereas they tended to form sheet-like structures at lower concentrations [86]. In another study conducted by our group, co-assembly of oppositely charged Ac-EFFAAE-Am and Ac-KFFAAK-Am peptides at physiological pH resulted in the formation of nanofibers [87]. Recently, the Cui group devised several phenylalanine containing bolaamphiphiles, (EFFFFE, KFFFFK and EFFFFK), whose terminal charges were modulated to investigate the effect of electrostatic interactions on the resulting polymorphic nanostructure [100]. This led to the twisting of the β-sheet tapes and accordingly the formation of fibrils, twisted ribbons and belts.

Self-assembly can also be induced by utilizing specific chemical functionalities found in the peptide backbone. For instance, amphiphilic gemini peptides, formed as a result of linking two cysteine containing single chain peptides with disulphide bond through oxidation, were designed, and its self-assembly behaviour was compared with that of the corresponding single chain counterparts [88]. Furthermore, three different hydrophobic amino acids (alanine, valine and isoleucine) were chosen to tune the molecular hydrophobicity of the peptides and to study its effect on the self-assembly together with dimerization. As the hydrophobicity of the single chain peptides increased, spherical aggregates became larger by as much as 5.5 ± 2.2 nm, and even short fibrils with heights of 6.0 ± 1.5 nm were initiated in the case of the strongly hydrophobic I$_6$C peptide. After oxidation, additional constraints in molecular conformation were observed due to the gemini geometry, further enhancing intra- and intermolecular interactions and supporting the self-assembly process. All three gemini peptides formed thin fibres with heights of approximately 1 nm and length of submicrometers. Hauser et al previously demonstrated the synthesis of ultrashort (triptopeptamer) natural peptides and detailed their self-assembly mechanisms [101, 102]. This group has also used cysteine in a heptapeptide design (Ac-LIVAGKC-Am) to crosslink the system through disulphide bridging in addition to non-covalent interactions [103].

Amphiphilic peptides arranged in an alternating fashion were firstly developed by the Zhang group [89, 104, 105]. The ionic self-complementary peptides formed stable β-strand...
and β-sheet structures that further self-assembled into well-ordered nanofibres due to electrostatic interactions. Although Zhang et al classified complementary ionic sides into various moduli based on the alternation of the charges, the (XZZX)_n motif, where X and Z represented polar and nonpolar amino acids, respectively, is the most frequently exploited sequence to direct self-assembly [106, 107]. Beta-sheets are generally arranged into bilayer structures where the hydrophobic side chains are localized in the interior part and the hydrophilic side chains are exposed to the aqueous medium. Lee et al dissected the effect of sequence pattern variation on the self-assembly of amphiphatic peptides by using the frequently studied Ac-(FKFE)_2-Am peptide as a model [90]. They compared the self-assembly behaviour of all four related sequences to that of a model peptide. The alteration in the amino acid groupings and the disruption of the alternating pattern not only decreased the self-assembly ability but also changed the morphology of the resulting materials. On the other hand, Ramachandran et al worked with two oppositely charged amphiphatic peptides (KVW10 and EVW10) presenting either cationic or anionic amino acids to create a co-assembled system driven by charge neutralization [108]. While the individual peptide solutions did not have any fibrillar structures, nanofibrous network formation was observed upon mixing of oppositely charged peptide solutions. Schneider et al designed a series of amphiphatic peptides consisting of two-sided alternating nonpolar valine and polar lysine residues flanking a type II β-turn promoter sequence (-V^{opp}PPT-) [109, 110]. This turn-inducing sequence elicited a slight kink in the peptide skeleton and directed the self-assembly of molecules into bilayer β-sheet fibrils together with a contribution of alternating amino acid residues. In some cases, when some alterations were made in the amino acids, fibril lamination was observed, which is the main consequence of the disruption of hydrogen bonding pattern as well as β-hairpin conformation. Recently, Mücklitsch et al also investigated the influence of nonpolar amino acid units in the hydrophobic face of the hairpin on self-assembly behaviour and fibril morphology [91]. Six different amino acids were selected based on the varying content of hydrophobicity, β-sheet propensity and aromaticity. Although the type of amino acid used in the peptide design did not show a significant influence on the local morphology of the fibrils, the residue type became an important factor when fibrils underwent higher order assembly.

Alternating sequences have been also used in cyclic peptide design to form nanotubular structures. While the assembly of cyclic peptides was first proposed by De Santis et al [111], the Ghadiri group first demonstrated that controlled acidification of an even-numbered pH responsive heterochiral cyclic peptide resulted in the formation of nanotubes [112]. The assembly of extended tubular structures is predominantly driven by intermolecular hydrogen bonding between cyclic peptide rings where carbonyl and amide bonds are perpendicularly oriented to the plane of the ring, while amino acid side chains generate the exterior walls of the nanotube. It was recently reported that the morphology of the self-assembled nanostructures of a cyclo-[Q^AE^O^A]_n peptide was controlled by changing pH, reaction and sonication time. Also, the size of resulting cyclic peptide nanotubes and nanoparticles were shown to be tuned by monitoring multiple parameters such as peptide concentration and PEG modification [92]. Rubin and coworkers showed that cyclo-[(Q^5L)_n] peptide monomers assembled into large, rod-like structures with diameters up to 2 μm and lengths of tens to hundreds of micrometres were composed of thousands of individual nanotubes with a diameter of 2 nm [93]. Unlike heterochiral cyclic peptides, surfactant-like cyclic peptides first developed by the Parang group can also form self-assembled nanostructures in an aqueous environment depending on the hydrophobicity/charge balance in the peptide sequence [94]. Among the cyclic peptides, cyclo [WR]_n peptides formed vesicle-like structures whose diameters increased as the ring size increased. For a more detailed background on the design principles of cyclic peptides and related examples, we direct readers to recently published reviews [15, 113, 114].

Another class of peptide assemblies described by Hartgerink group is multiodomain peptides (MDPs) [115, 116]. The side chains of the peptides are arranged in an ABA block motif, where a B block composed of alternating hydrophilic and hydrophobic amino acid residues is the major motif driving the self-assembly, and peripheral A blocks employ charged amino acids to control the self-assembly through electrostatic interactions. The extended β-sheet conformation of the peptides leads to creating a facial amphiphile. Packing of two of the hydrophobic faces against each other forms a ‘hydrophobic sandwich’, which further elongates through antiparallel β-sheet hydrogen bonding. Although the length of the fibres depended on the design of the ABA motif, the width and height of the fibres were 6 nm and 2 nm, respectively. The self-assembly of MDPs was further explored by introducing aromatic amino acid residues into the core and it was concluded that hydrogen bonding pattern changed depending on the type of substituted aromatic amino acid without affecting the basic nanofiber morphology [95].

### 4.2. Peptide amphiphiles

The second class of self-assembling peptide molecules reviewed in this section is peptide amphiphiles (PAs), also called lipitated peptides or lipopeptides, which are composed of two main regions, a hydrophobic alkyl tail and a hydrophilic peptide sequence. These molecules are naturally present in living organisms, which have important roles as initiators in the signal transduction pathways [117, 118] and in the host defence mechanisms of bacteria [119]. The lipidic parts of these molecules are believed to take part in protein–protein and protein–lipid interactions and provide a link to the cellular membrane [118].

Amphipilicity is the main triggering factor for the self-assembly of PA monomers into well-defined supramolecular nanostructures and the stability of the resulting assemblies can be further improved by enhancing the amphipilicity of the PAs. Self-assembly is mediated by a variety of different noncovalent interactions, such as electrostatic interactions.
between charged amino acids, hydrogen bonding, $\pi-\pi$ stacking and hydrophobic interactions. These interactions may lead to the formation of nanostructures with diverse morphologies, including fibres, micelles, nanotapes, nanotubes and nanosheets [70]. As described by the Israelachvili group, the balance between hydrophobic and electrostatic interactions needs to be taken into account when determining the geometry of amphiphiles with minimum free energy [120]. Since an alteration in the hydrophilic segment can lead to a change in the critical packing parameter [121], it can affect the morphology of the overall assembly [122, 123]. Also, Velichko et al investigated the contribution of hydrophobic interactions and hydrogen bonding to the morphology of the resulting PA assemblies by molecular simulation techniques and created a phase diagram displaying distinct morphologies with respect to the corresponding variables [124]. Experimental results were also in good agreement with those obtained by computational analysis. While a high content of intermolecular hydrogen bonds between peptide blocks favoured the formation of cylindrical PA nanofibers in solution, PA molecules lacking hydrogen bonds had a tendency to form micellar structures [125, 126]. Tsonchev et al performed Monte Carlo simulations to demonstrate the role of electrostatic interactions in the self-assembly of PA nanofibers [127]. Later, the proposed self-assembly mechanism was further studied by Lee et al and Fu et al through molecular dynamic simulations and it was revealed that individual PAs initially formed spherical micelles, and they transformed into linear micelles by merging with one another due to hydrophobic interactions [128, 129]. The PA assemblies can be engineered to display various morphologies and fulfill various functions by modifying the peptide building blocks. The type of hydrophobic group, the choice of amino acids and the secondary structure formed by the system affect the morphology of the final PA assembly. Recently published studies presenting the design of PAs are discussed in this section (table 2).

The Stupp group demonstrated that a $C_{16}H_{33}O-V_{3}A_{3}E_{3}$ PA, in which hydrophilicity of the peptide domain increased towards the C-terminus, self-assembled into elongated fibres
after neutralization by pH adjustment or by the salt-mediated screening of charged glutamic residues. Although both formulations exhibited similar morphologies, salt-induced PA nanofibers formed stronger intra- and interfiber crosslinks through calcium mediated ionic bridges [130]. Additionally, highly aligned fibrils were obtained using the same design by either injecting a heated PA solution into a saline solution or dragging the same solution through a film of calcium salt solution [131]. The lamellae plaque structure generated during the heat treatment transformed into bundles of nanofibers upon cooling. They also observed an unexpected morphological transformation from twisted ribbons into energetically more stable helical ribbons in C_{16}H_{31}O-F_{2}E_{3} PAs after aging them at room temperature for a month [132]. To clarify the reason behind this phenomenon, a similar peptide was synthesized by replacing phenylalanine residues with alanine residues and it was observed that the newly designed peptide formed 7–9 nm diameter cylindrical fibrils and did not exhibit any change after being aged, indicating that this conformational change is due to the aromatic stacking rearrangement and stems from the existence of the phenyalanine residues. Another critical parameter causing the morphological change in the nanostructure is the concentration. Cui et al designed an alternating hydrophobic and hydrophilic amino acids containing PA, C_{16}H_{31}O-VEVE [146]. In the customized molecular design, laterally grown PAs self-assembled into one-dimensional ultralong and wide nanobelts, with widths of the order of 150 nm and height between 10 and 20 nm, presenting peptide epitopes at the surfaces. With a decrease in concentration, a morphological transition from large nanobelts to twisted nanoribbons was observed by TEM. The same peptide domain was also used in another study, together with its isomeric counterparts, to investigate the importance of peptide side chain interactions in the morphology of the resulting supramolecular assembly [133]. Each peptide amphiphile isomer displayed a different one-dimensional nanostructure, such as nanobelts, nanofibers, twisted and helical ribbons and nanotubes, due to the switch in the amino acid order. While alternating sequence bearing molecules, VEVE and EVEV, exhibited flat morphologies as nanobelts and twisted ribbons, respectively, VVEE and EEVV peptide segments led to the formation of two distinct types of nanofibers. In addition to the amino acid order, the effect of the number of valine-glutamic acid (VE) dimeric repeats on the shape and dimension of the supramolecular nanostructures was also systematically studied [134]. As the length of the peptide sequence increased, a shift from flat to cylindrical structures was observed. This effect was attributed to a higher tendency to form twisted β-sheets by longer sequences.

In addition to the discussed nanostructures, the Tirrell group demonstrated two different peptides self-assembling into worm-like micelles due to their α-helix propensities [135, 136]. In the first design, lysine residues were symmetrically distributed around the helical structure to provide individual helices in the micellar state [135]. The results acquired from cryo-TEM, IR and circular dichroism (CD) revealed that time dependent morphological transition from spherical to worm-like micelles was observed after days, and they were eventually transformed into long nanofibrillar structures with an outer diameter of ~10 nm. In the second design, they explored the influence of hydrophobic amino acid residues on the self-assembly of PAs by conjugating four alanine residues between the palmitic acid and oligopeptide sequence [136]. The inclusion of hydrophobic alanine residues has resulted in major changes in the morphology of the PA structures, which formed worm-like micelles rather than nanoribbons, and were rich in β-sheets rather than α-helices. Nanostructured features of the PAs can be manipulated by varying the external parameters such as pH, temperature or ionic strength. The effect of pH and temperature on the self-assembly behaviour of C_{16}H_{31}O-KTTKS was investigated in two separate studies [35, 147]. Whilst an increase in the temperature gave rise to the formation of micellar structures rather than extended tape structure due to the disruption of hydrogen bonding, a gradual decrease in pH transformed nanotapes into twisted fibrils at pH 4 and spherical micelles at pH 2. Similarly, pH dependent morphological alteration was reported for C_{12}H_{23}O-GAGAGAGY PAs [137]. Cylindrical nanofibers observed at pH 9 transformed into twisted ribbons at pH 4, most likely due to the neutralization of carboxylic acid, and subsequently the weakening of electrostatic interactions, leading to the stacking of the β-sheet laminates. Furthermore, Ghosh et al demonstrated that the tendency of PAs to respond to pH change can be programmed by changing the position of single hydrophobic amino acid residue in a short amphphilic peptide [138]. As isoleucine moved away from the alkyl tail, nanofiber formation was favoured over spherical micelles due to the enhanced propensity for β-sheet formation. In another study carried out by the Hamley group, thermo-responsive structural change was reported in PAs decorated with a KLVFF core motif that induced self-assembly through π–π stacking and hydrophobic interactions [45]. A reversible unwinding transition was observed between twisted tapes and nanotubes/ribbons in a temperature dependent manner.

Co-assembly of two oppositely charged PAs can also lead to some modifications in the self-assembled nanostructures due to the electrostatic interactions occurring between charged amino acid residues. Cylindrical nanofibers were observed by the Stupp group upon mixing oppositely charged palmitolated peptides [148, 149]. Our group have also reported that lauric acid conjugated lysine and glutamic acid bearing peptides self-assembled into high aspect ratio, one-dimensional fibrillar nanostructures [54]. We also observed that short bioactive sequences exploited in the PA design did not alter the shape of the resulting supramolecular assemblies [139, 150, 151]. The Hamley group studied the co-assembly of oppositely charged PAs by mixing them at different ratios [152]. Co-assembly driven mainly by electrostatic interactions brought about enhanced β-sheet formation compared to samples prepared with a single component and resulted in the formation of nanotapes.

The shape of the nanostructure can be tuned by either varying or omitting the β-sheet forming domain [74, 140, 153]. Guler et al studied the importance of hydrogen bonding among the peptide segment in supramolecular
assemblies by a replacing trileucine sequence with tripipoline [74]. Due to the \( \beta \)-sheet breaking nature of proline residues, spherical aggregates were observed instead of the cylindrical nanofibers obtained with the former system. Mammadov et al [154] and Mumcuoglu et al [140] also used proline residues to form micellar structures by disrupting the \( \beta \)-sheet secondary structure to study the importance of nanostructural features in tuning the immune response and to develop an efficient delivery vehicle for the transfection of oligonucleotides, respectively. Recently, Moyer et al demonstrated that nanofiber formation was disrupted when a \( \beta \)-sheet forming region (A2V2) was removed from the peptide sequence. This truncated sequence self-assembled into nanospheres with diameters in the range 5–10 nm depending on the length of the tail region [141].

The conjugation of an alkyl group to a peptide segment was shown to enhance the thermal stability of the corresponding structure [14, 118]. The influence of alkyl tail length, its position and number on the self-assembly of PAs was investigated in detail by several research groups. The van Hest group examined the effect of alkyl tail length on the stability of \( \beta \)-sheet assemblies of GANPNAAAG [155] and KTVIE [156] peptides. As the length of the tail increased, the thermal stability of the PAs improved and the transition from \( \beta \)-sheet to random coil was observed at higher temperatures. Furthermore, Xu et al synthesized four PAs with different tail lengths by using the VRGDV sequence as the peptide domain and showed that PAs with shorter tail lengths did not maintain stability at higher pH due to weaker hydrophobic interactions [142]. On the other hand, the relationship between the site where the hydrophobic segment is attached to the peptide domain and the resulting nanostructure shape was investigated by incorporating an alkyl tail on either the N- or C-terminus of an oligo-histidine peptide sequence, and it was revealed that cylindrical and spherical morphologies were obtained at physiological conditions, respectively [39]. He et al reported that while two aliphatic tails attached to one side of the peptide sequence formed long fibrils, peptides conjugated from either side self-assembled into short twisted fibrils [157]. In addition, van den Heuvel et al showed that the stability of the self-assembled nanofibers can be controlled by changing the position of the diacetylene moiety on the hydrophobic tail without varying the length of the tail [143]. The Tirrell group introduced a dialkyl chain containing peptides [158] and investigated the effect of the length of double tail on the thermal stability of the collagen-like structure in the peptide amphiphile [159]. They further studied the effects of both the number and the length of alkyl tail on the nanostructured features of model collagen peptide amphiphiles by using a combination of small-angle neutron scattering and cryo-TEM [160]. In their design, dialkyl conjugated T-cell epitope bearing a peptide self-assembled into 8 nm diameter of cylindrical micelles [144]. In addition to the dialkyl tail bearing peptide amphiphiles, the Cui group designed three Tat-peptide conjugates with different numbers of octanoic acid tails [145]. It was reported that while single and double tail containing peptides could not form any well-defined nanostructures, four aliphatic tails attached one self-assembled into a fibrillar structure with a diameter of 15 nm, most likely due to enhanced intermolecular hydrogen bonding.

### 4.3. Peptides containing other hybrid systems

In this section, peptidic hybrid systems composed of various chemical groups besides peptides such as lipids, polymers, nucleobases, saccharides, aromatic groups, halogen elements, etc are elaborated to understand the key factors affecting the self-assembly behaviour of the related molecules. Table 3 depicts the self-assembled forms of recently reported hybrid peptide systems and gives additional information regarding their assembly properties. Peptides were modified not only by changing their amino acid sequences, but also by using capping molecules at the N- or C-termini or by inserting a linker between peptide domains. These modifications have been used both to investigate the mechanisms involved in self-assembly behaviour and to control the structural features of peptide assemblies for practical purposes [161–163].

Using aromatic moieties at the N-terminus of the peptide is another strategy for driving self-assembly by providing amphiphilicity to the structure. Unlike the assembly mechanism of aliphatic peptide amphiphiles, here aromatic moity dominantly directs the self-assembly by its planar structure and resulting geometric restrictions due to the preferred stacking arrangements [181]. Vegners et al synthesized an aromatic peptide amphiphile, Fmoc-LD, which folded into filamentous micelles [182]. Various dipeptide combinations have been exploited together with the Fmoc (9-fluorenlymethoxycarbonyl) unit since then [67, 183–186]. Tang et al examined the self-assembly behaviour of Fmoc-dipeptides composed of a combination of phenylalanine and glycine residues and revealed that the flexibility of the overall structure as well as the resultant conformation were affected by the amino acid type and sequence, leading to the formation of structurally different assemblies [164]. In addition, Fmoc-dipeptides, Fmoc-tripeptides, and tetra- and pentapeptide derivatives were also presented, which exhibited nanofibrous or nanotubular structures [187–190]. In addition, the effect of a halogen substituent and the position of its substitution on the aromatic side chain of Fmoc-F were systematically studied by the Nilsson group [165]. Since the identity of halogen and its position on the benzyl ring affected the self-assembly process and the morphology of the self-assembled fibrillar structures, it was hypothesized that the mentioned variations lead to the perturbation in the energetics of the aromatic \( \pi-\pi \) interactions that drive self-assembly. The influence of the C-terminal modifications on fluorinated Fmoc-F derivatives (Fmoc-F3-Phe-OH and Fmoc-3-F-Phe-OH) was further investigated by the same group [166]. The hydrophobicity and hydrogen bonding capacity of the C-terminus were adjusted by altering the carboxylic acid group of the C-terminal with the amide and methyl ester derivatives. Their assembly kinetics and resultant structural features were studied either one by one or in co-assembled form. They recently reported that the electronic nature of the substituent anchored
to the benzyl ring of Fmoc-F also exerted influence on the self-assembly [191].

Other than the Fmoc group, naphthalene [167, 192], phenothiazine [168], pyrene [169], carboxybenzyl [193], azobenzene [194, 195], naproxen [196] and benzimidazole [197] moieties were also utilized as aromatic capping at the N-terminus facilitating the self-assembly. The Xu group demonstrated that the incorporation of a non-proteinaceous amino acid, taurine and naphthalene into the peptide backbone resulted in the formation of nanotubes, nanofibers or nanoribbons depending on the assembly conditions, such as temperature, sonication and pH [167]. In another study, Ou et al. showed that phenothiazine conjugated tetrapeptide (-GFFY) prepared at 0.2wt% formed uniform nanofibres with diameters of 25 nm [168]. On the other hand, pyrene was conjugated to the peptide sequence (VVAGH) with an ε-aminohexanoic acid linker by our group. The formation of the nanofibres, observed in TEM, was mainly driven by the solvophobic effect [169]. The assembly also led to helical organization of pyrene within the hydrophobic core and to acquiring chirality, which was verified by fluorescence spectroscopy and CD measurements.

Unlike aromatic capping groups, the tert-butoxycarbonyl (Boc) moiety was also anchored to short peptide sequences [170, 187]. The Gazit group studied the structural and mechanical properties of the Boc-FF peptide and a morphological characterization conducted by SEM and AFM revealed that Boc-FF peptide dissolved in organic solvent self-assembled into spherical structures whose diameters showed variation from 30 nm to 2 μm. The same sequence was also investigated in terms of the effect of solvent on the resultant morphology and a structural change was observed from spheres to nanotubes when water was used instead of ethanol as a diluent for the peptides prepared in HFIP [198].

Peptide π-electron rich systems are another well-studied class of hybrid peptide systems, and their self-assembled architectures exhibit different photophysical, electrical and mechanical properties. The π-electron rich systems can be integrated into peptide backbone in many different ways: as a side chain [199], as a linker between two peptide sequences [200] or as a capping molecule at the N-terminus [201]. While designing a peptide and π-electron construct, an amino acid sequence/π-electron system pair should be selected carefully in terms of its energetic contributions to the self-assembly in order to form supramolecular structures with improved electron transport properties [202, 203]. The Hodgkiss group examined the thermodynamic factors affecting the self-assembly of peptide–perylenediimide conjugates by altering the peptide hydrophobicity, charge density, length, stereocentre inversion and amphiphilic substitution [171]. The self-assembly of alanine-rich conjugates resulted in the formation of bundles with heights of 15–45 nm. Moreover, changes in peptide hydrophobicity and the insertion of an imide hexyl group resulted in the most prominent effect with respect to changes in thermodynamic properties. As another π-conjugated system, a terthiophene moiety was coupled to four different dipeptides by the Stupp group, which assembled into one-dimensional nanostructures [172]. The main consideration in their design was the selection of hydrophobic amino acids, based on van der Waals volume and

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**Table 3.** Recently reported hybrid peptide systems.

<table>
<thead>
<tr>
<th>Hybrid system</th>
<th>Structure</th>
<th>Details</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fmoc-FF, Fmoc-FG, Fmoc-GG, Fmoc-GF</td>
<td>Nanoribbon/fibre/sheet</td>
<td>Effect of glycine substitution on self-assembly</td>
<td>[164]</td>
</tr>
<tr>
<td>Fmoc-n-X-Phe (n = 2, 3 or 4 and X = F, Cl or Br)</td>
<td>Fibril</td>
<td>Observed fibril diameter = 16–45 nm</td>
<td>[165]</td>
</tr>
<tr>
<td>Fmoc-3-F-Phe-X and Fmoc-F3-Phe-X (X = OH, NH2 or OMe)</td>
<td>Fibril</td>
<td>Effect of C-terminal modification on self-assembly</td>
<td>[166]</td>
</tr>
<tr>
<td>Naphthalene-FF-taurine</td>
<td>Nanotube</td>
<td>Nanotube diameter = 9 ± 2 nm</td>
<td>[167]</td>
</tr>
<tr>
<td>Phenothiazine-GFFY</td>
<td>Nanofibre</td>
<td>Nanofibre diameter ≈ 25 nm</td>
<td>[168]</td>
</tr>
<tr>
<td>Pyrenebutyryl-l-α-Hex-VVAGH-Am</td>
<td>Nanofibre</td>
<td>Induced chirality</td>
<td>[169]</td>
</tr>
<tr>
<td>Boc-FF</td>
<td>Nanosphere</td>
<td>30 nm–2 μm</td>
<td>[170]</td>
</tr>
<tr>
<td>E3-X-G-pyrene diimide-G-X-E3 (X = A3 or Da3)</td>
<td>Nanofibre/fibre bundle</td>
<td>Bundle heights 15–45 nm</td>
<td>[171]</td>
</tr>
<tr>
<td>Terthiophene-XE (X = G, V, I and L)</td>
<td>Nanosheet/nanotube</td>
<td>Amino acid- nanostructure relation</td>
<td>[172]</td>
</tr>
<tr>
<td>DXX-terthiophene-XXD (X = G, A, V, I, F)</td>
<td>Nanofibre</td>
<td>Interactions of amino acids with π-electron core</td>
<td>[173]</td>
</tr>
<tr>
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<td>Structural change upon pH change</td>
<td>[174]</td>
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<tr>
<td>mPEO-F2-FEH</td>
<td>Nanotube</td>
<td>Mean wall thickness ≈7 nm</td>
<td>[175]</td>
</tr>
<tr>
<td>PEG-Pep-fluorophore-Pep-PPEG</td>
<td>Micelle</td>
<td>Average hydrodynamic diameter</td>
<td>[176]</td>
</tr>
<tr>
<td>CREKA-PEG2000-DSP</td>
<td>Micelle</td>
<td>Average hydrodynamic diameter of 17.0 ± 1.0 nm</td>
<td>[177]</td>
</tr>
<tr>
<td>KK(hepta thymine-K2G3A3K-(OC14H13))-Am</td>
<td>Nanofibre</td>
<td>Nanofibres with a diameter of 8 ± 1 nm</td>
<td>[178]</td>
</tr>
<tr>
<td>C14H20O-CTGACTGA-E3-Am</td>
<td>Micelle</td>
<td>Spherical micelles with diameter of 5–30 nm</td>
<td>[179]</td>
</tr>
<tr>
<td>Nucleobase-Fε-glucoside (n = 1 or 2)</td>
<td>Nanofiber/nanoparticle</td>
<td>Nanofibers: 9–15 nm, nanoparticles: 18–27 nm</td>
<td>[180]</td>
</tr>
</tbody>
</table>
hydrophobicity values, to study the impact of steric hindrance and hydrophobic van der Waals interactions on the supramolecular structure. On the other hand, the Tovar group worked with peptide–\(\pi\)–peptide triblock molecules [204], and demonstrated that acidic solutions of quaterthiophene-peptide (DXX) conjugates prepared at 0.1wt% exhibited one-dimensional nanostructures [173]. Some variations in the width or persistence length of the nanostructure were obtained depending on the type of amino acid residue used adjacent to the \(\pi\)-core.

Peptides can also be functionalized on an organic template to provide symmetry in the structure and yield an ordered architecture. Different molecules such as tris(2-aminoethyl)amine (TREN) [205], 1,3,5-tris(aminomethyl)-2,4,6-triethylbenzene [206], and pentaazacyclododecane [207], were used to conjugate different peptides to these trigonal or pentagonal templates to afford nanoassemblies with different structures. The Kimizuka group designed a C\(_3\)-symmetric peptide conjugate (Trigonal WTW) where an iodoacetoamidated core was used for the coupling of an 8-mer tryptophane zipper-forming peptide, and its self-assembly resulted in the formation of nanospheres and nanofibres depending on the pH [174].

Amphiphilicity in the hybrid structure can alternatively be achieved by anchoring hydrophilic polymers to hydrophobic peptide segments, or vice versa, through different chemistries to afford copolymer conjugates of varied structures [208]. The nature of the polymer, the chemical heterogeneity of the peptide, the conjugation site, and the reaction medium can affect the structure, dynamics and function of the corresponding hybrid system. A number of polymer–peptide conjugates have been reported, where polymers with different composition, number and length of side chains were used to create different forms of nanostructures [209, 210]. Tzokova et al showed a mPEO\(_2\)–F\(_4\)–OEt conjugate via click chemistry and its self-assembly afforded nanotubes with a mean internal diameter of 3 nm and a mean wall thickness of roughly 7 nm [175]. While tetrapeptide domain provided the antiparallel \(\beta\)-sheet structure, PEO chains assisted to the stabilization of the structure. It is also possible to synthesize amphiphilic triblock polymer–peptide conjugates. The Mandal group designed an ABA type triblock conjugate composed of a hydrophobic peptide part and a hydrophilic PEG moiety at both ends of the peptide domain [176]. Micelle formation was observed when the hybrid system underwent aggregation in water and the diameter of resultant spherical micelles was found to be 15–20 nm based on TEM imaging. In addition to the polymer conjugation, phospholipids have been used to create peptide hybrids [177, 211–213]. Tirrell and coworkers reported a multicomponent system (peptide-PEG-DSPE) that self-assembled into micellar structures with an average hydrodynamic diameter of 17 ± 1 nm in an aqueous environment [177]. While the peptide domain served as the polar head group, PEG and DSPE were used as the spacer and tail, respectively.

Similar to lipids, nucleobases or saccharides can also be conjugated to the peptides [186]. A peptide nucleic acid (PNA)/peptide amphiphile conjugate, designed by the Stupp group, was constructed on a solid support and a poly-thymine PNA heptamer was built on the peptide amphiphile whose self-assembly resulted in the formation of uniform nanofibers with a diameter of 8 ± 1 nm [178]. Similar approach was later used by Zhang group to synthesize a series of peptide nucleic acid amphiphiles (PNA\(_\alpha\)) containing different hydrophobic and hydrophilic moieties [179]. The self-assembly driven mainly by the base pair stacking of PNA\(_\alpha\) duplexes and intermolecular noncovalent interactions led to the formation of spherical micelles with a diameter of about 5–30 nm. On the other hand, Xu et al preferred utilizing simple building blocks, basically a nucleobase, amino acid and saccharide, rather than using peptide nucleic acid derivatives or glyco amino acid units to generate molecular architectures with defined structures [180]. Supramolecular assemblies obtained by pH increment exhibited differences in morphology due to the number and type of presenting amino acid and nucleobase residues. Saccharide incorporated peptide conjugates were also developed, which can form uniform self-assembled nanostructures. They can be synthesized through a number of synthetic approaches, including the use of glycosylated amino acids [214], direct conjugation of the sugar to the peptide backbone or amino acid side chains through amino bonds [215], or the use of a linker molecule for indirect conjugation [216, 217].

5. Characterization of self-assembled peptide nanostructures

Characterization of the self-assembled nanoscale architectures can be done using sophisticated techniques due to their complex and dynamic nanoscale nature. Advances in materials characterization methods, in conjunction with recent developments in nanotechnology, have resulted in the development of advanced tools and approaches for the investigation of chemical, physical, electrical and mechanical properties. These techniques can be classified as spectroscopic, x-ray, microscopic, electrical and mechanical characterizations with various examples leading the material developments in different fields (figure 2).

5.1. Spectroscopic analysis

Spectroscopic methods are used to understand the chemical and physical characteristics of nanoscale peptide organizations, such as their bond properties, vibrational modes and covalent and noncovalent interactions. Although the basic principles of the spectroscopic techniques rely on the detection of the transitions on the molecules such as nuclear spin, molecular vibrations or electronic states, the detection methods for these transitions become different depending on the radiation source. The common spectroscopic techniques such as nuclear magnetic resonance (NMR), Fourier transform infrared spectroscopy (FTIR), Raman and CD spectroscopy have been widely used for the analysis of different self-assembled peptide nanostructures designed for various applications. NMR is a powerful technique enabling the
analysis of the peptide-based architectures at both liquid and solid conditions [218]. The self-assembly mechanism of Fmoc-protected peptide networks have been studied via 1D proton and 2D nuclear overhauser NMR spectroscopy (NOESY) in liquid and sol–gel transition states, and hydrophobic and intermolecular interactions were demonstrated to be particularly vital for nanostructure formation [219]. In another study, diffusion ordered NMR (DOESY NMR) spectroscopy [220] was conducted to follow the transitions on the structural organization of the peptide nanostructures due to the biocatalytic activity and hydrolysis of the assemblies in a liquid environment [221]. On the other hand, solution state NMR methods limit the characterization of more complex peptide assemblies in liquid environment with high resolutions. Magic-angle spinning (MAS) solid-state NMR (ssNMR) spectroscopy overcomes the limits of solution-based NMR techniques, enabling through-space interatomic distance and torsion angle measurements on isotopically labelled peptide molecules [222–224]. The packing of self-assembled palmitoyl PA nanostructures and their supramolecular organization have been identified by the incorporation of the data collected via ssNMR and rotational-echo double resonance NMR analysis [225] measuring the distances between $^{13}$C and $^{15}$N isotopically labelled PA molecules [226]. The molecular organization of $^{13}$C-labelled self-assembled RADA-I peptide nanofibre matrices, developed as an extracellular matrix (ECM) mimicking microenvironment have been identified via the detailed analysis of a cross-polarization MAS (CPMAS) spectrum including the peak positions, line widths and dipolar couplings [227]. In addition, ssNMR measurements revealed the high resolution structural organization of the supramolecular peptide-based nanocarrier (figure 3) [228] and self-assembled monomorphic MAX1 fibrils within the hydrogel network [229].

Infrared (IR) spectroscopy deals with the electromagnetic spectrum change of peptides due to molecular vibrations and conformational changes within amide A (~3200–3300 cm$^{-1}$), amide I (~1600–1700 cm$^{-1}$), amide II (~1480–1580 cm$^{-1}$) and amide III (~1200–1300 cm$^{-1}$) bands in the mid-infrared region [230–232]. The shifts in the amide I band were analysed to monitor the structural changes as a result of the peptide self-assembly, which can be triggered via different factors such as UV irradiation [233], ultrasonication [234, 235], pH, ion addition or electrostatic interactions. In particular, the peaks in the amide I bands, which are correlated with C=O stretching of the self-assembled peptide nanostructures, contribute to the analysis of parallel or anti-parallel $\beta$-sheet [236, 237], $\alpha$-helix, $\beta$-turn or random-coil secondary structure organization of the peptide assemblies. The effect of trifluoroacetic acid salt on cationic peptide nanostructures [238] can be determined on FTIR spectra within the amide I region [239]. In addition to transmission IR approaches, grazing angle IR, in which the sample is dried and placed almost parallel to IR beam [125], can be used to determine the preferred hydrogen bonding orientation within the peptide nanostructures [95]. The attenuated total reflectance (ATR) mode also enables the characterization of the self-assembled peptide nanostructures at the surfaces or within the solutions [240] without any pellet preparation or sample manipulation [241]. The collected ATR-FTIR spectrum of the pentapeptide assemblies has been reported to show the vibrational peaks associated with $\beta$-sheet secondary structure organization within the amide I band [242].

Although IR spectroscopy provides many advantages for the study of the self-assembly process and the structural organization of peptide nanostructures, the strong background of water molecules overlapping in the amide I region limits the analysis of the peptide samples prepared in physiological conditions [243, 244]. The use of deuterated solvents such as D$_2$O during the IR spectroscopy suppresses the background absorption in liquid conditions [245]. In the literature, the effect of ultrasonication on the reconfiguration of the peptide assemblies in D$_2$O was studied by analysing the changes in the amide I band [235]. Real time FTIR analysis of the peptide bolaamphiphiles in D$_2$O pointed to the $\beta$-sheet structural organization of the self-assembled nanostructures due to the progress of the enzymatic reactions [246]. The isolate-edited IR spectroscopy allows the site specific analysis of the peptide assemblies with high resolutions [247]. The co-assembly of two enantiomeric short amphiphile peptides into rippled $\beta$-sheet co-fibrils has been revealed via $^{13}$C-labelled carbonyls in the peptide backbone (figure 4) [248]. Moreover, the analysis of isolate-edited high spectral resolutions, cross-peak couplings and solvent exposure through 2D line shapes were facilitated via 2D IR spectroscopy [249], in which the nonequilibrium conditions of the peptide conformations were monitored in real time [250] with submicrosecond [251] or picosecond resolutions [252]. This approach was also applied to study the salt bridges between oppositely charged amino acids: glutamate (Glu$^-$) and arginine (Arg$^+$) in solution with picosecond time resolution [253].

Similar to the vibrational IR techniques, the Raman scattering of the peptide assemblies assists the analysis of the structural properties in the assigned modes of molecular bonds found in the peptide architectures [254]. However,
conventional Raman spectroscopy lacks the spatial resolution for detailed characterizations of the peptide nanostructures due low signal to noise ratios at dilute conditions, and different approaches have been developed to improve the scattering intensities for the analysis. UV resonance Raman spectroscopy, which enhances the frequencies in vibrational amide modes including amide III and C\(^{\alpha}\)–H bands were applied to selectively monitor the secondary, tertiary or quaternary organization of the peptides in solution [255–258].

The relatively low Raman signal of the peptide assemblies was also increased via surface-enhanced Raman scattering (SERS) using the localized surface plasmon resonances of the metallic clusters in liquid or solid environments [259, 260]. In addition to the surface enhancement, tip-enhanced Raman scattering (TERS) enables the comprehensive characterization of the peptide nanostructures merging the scanning probe approach with vibrational spectroscopy [261, 262].

The chiral biomolecules including DNA, proteins and peptides interact with right- and left-handed photons differently, and that difference generates a non-zero CD signal depending on the conformation of the molecules [263]. CD spectroscopy functions at the near and far UV regions (180–320 nm) and provides information on the secondary structure of peptide assemblies [264], conformational changes that may occur following pH change [265], chirality of supramolecular peptide architectures [266] and interactions between toxic molecules [267], or metal ions [268] and self-assembling peptides. Recently, induced supramolecular chirality of achiral chromophores, whether covalently attached or noncovalently conjugated to the chiral PA molecules as a
result of self-assembly, have been studied using this technique in solution phase [169]. The $\beta$-sheet organization of asymmetric self-neutralizing amphiphilic peptide wedges, which enhances strong positive and negative peaks at 190 and 220 nm, respectively, was reported as a result of CD analysis of the supramolecular assemblies [269]. Blue shifted CD spectra of the peptide assemblies, with a positive maximum at 195 nm and two negative maxima at around 205 and 218 nm, showed formation of the super-helical peptide assemblies [270]. The conformational differences, such as twisting or disordered $\beta$-sheets in the assemblies, can be detected via shift in the CD spectra due to the $\pi-\pi^*$ transitions within the peptide backbone [265, 271]. The effect of increased solution temperature on the secondary structures of the semiconductor functionalized peptide $\alpha$-helices [272], elastin--$b$--collagen-like peptide bioconjugates [273] and $\beta$-hairpin peptide amphiphile assemblies [91] were also analysed by using CD spectroscopy. In addition, quantitative analysis of secondary structures within the peptide nanostructures is possible via exploration of the CD spectra using computational methods [274]. Previously, the random coil, $\beta$-turns, ordered and disordered $\alpha$-helix and $\beta$-sheets amounts within the solution were calculated using the CD spectra collected via synchrotron radiation, and the comparison based on the differences of secondary structure organizations were reported [275]. In addition to secondary structure analysis, it is also possible to monitor $\pi-\pi$ interactions between aromatic peptide assemblies [100, 276], and the intensity of the $\beta$-sheet signal at 200 nm is especially useful for monitoring the self-assembly process [98].

Dynamic light scattering (DLS) is another method that relies on fluctuations in the scattered light due to the internal mobility of the structures within the 1–1000 nm size range in the solution [277, 278]. This technique enables examination of noncovalent interactions between small molecules and self-assembling peptides [279]. It can also be used to gain greater insight in assembly mechanisms [280–282] and to determine the physical properties of peptide nanostructures in solution [283]. Various supramolecular peptide nanostructures and peptide--polymer conjugates [273, 284, 285] have been analysed via DLS, and the size distribution, hydrodynamic radii [286, 287], polydispersity index and zeta potential [54] of the assemblies were reported in conjunction with other characterization techniques. The pH dependent size and zeta potential change of the taurable cyclic peptide nanostructures were studied by using this technique [92]. In addition to the structural characterizations, the aggregation mechanism of collagen-based peptides upon addition of different metal ions was also studied [58].

In addition, fluorescence emission spectroscopy measures the changes in the wavelength of light that result from the intramolecular resonance transfer between donor and acceptor units, and can be used to investigate the aggregation kinetics and self-assembly mechanisms of chromophore-conjugated peptides. The time resolved self-assembly properties of chromophore-conjugated peptides were shown by using this technique [288]. It was also used to show assembly characteristics of aromatic peptides [289, 290] and $\beta$-sheet peptide fibrils [291] monitoring the signal of $\pi-\pi$ stacking on the fluorescence emission spectra. The fluorescence resonance energy transfer (FRET) process can also be used to investigate peptide self-assembly mechanisms through the use of fluorescence probe-conjugated peptide molecules, as the distance between individual peptide units decreases during self-assembly, and the resulting quenching effect can be quantified by fluorescence spectroscopy [292, 293].

In addition to the conventional techniques, several spectroscopic characterizations have been improved for the specific requirements of sample analysis. For example, the analysis of peptide assemblies at the interface is quite challenging using conventional methods, but the sum frequency generation (SFG) spectroscopy technique provides a new opportunity for analysing the secondary structure and the molecular organization of the peptide assemblies at the lipid–water and solid–air interfaces [294, 295]. The structural dynamics of surface-bonded peptide monolayers has been studied using a 2D SFG approach, and IR spectra were used to demonstrate that the helical structure of the soluble peptide is retained following its incorporation onto a gold surface [296]. In addition, internal dynamics and fluctuations of supramolecular PA nanostructures have been studied with the help of quantitative electron paramagnetic resonance spectroscopy, where local molecular motion within the assemblies can be tracked via site specific spin-label probes located in the PA molecules [297]. This technique also enables the investigation of the relationship between hydrogen bonding density within the $\beta$-sheet internal organization and the supramolecular cohesion of self-assembled PA nanostructures [298].

Computer simulation studies also aim to predict the molecular organization of peptide molecules and can be used for the optimization of peptide design in conjunction with experimental findings [299–303]. Incorporation of the experimental results and the simulation outputs developed using different molecular dynamics (MD) simulation programs improves the information on the structural properties of the peptide assemblies [93, 228, 304–307]. Previously, successful candidates were determined among 8000 different peptide molecules using computational approaches. They were synthesized and their supramolecular assemblies were characterized using spectroscopic techniques including NMR, FTIR and DLS [308]. The assembly characteristics of synthetic amyloid peptide fragment at different conditions were characterized via detailed 2D NMR spectroscopy and the structural model was developed in the light of both experimental methods and the molecular dynamics simulations [309]. In addition, the spectral simulations of IR, vibrational CD, and Raman techniques were conducted for the conformational study of the various peptide assemblies to highlight aggregation and fibril formation behaviours [310, 311].

5.2. X-ray techniques

X-rays are high energy electromagnetic waves and their interactions (reflection, diffraction or scattering) with the self-assembled peptide nanostructures provide valuable
information for the determination of size, shape and structural orientation. X-ray diffraction (XRD) patterns of self-assembled peptide nanostructures were used to determine packing parameters and molecular organization focusing on the non-covalent interactions between the building blocks [67, 169, 312]. The peaks associated with the hydrogen bonding, $\pi-\pi$ stacking and $\beta$-sheet secondary structure organization were reported and the spacing between peptide molecules were estimated using Bragg’s law [132, 313]. The crystalline organization and unit cell parameters of the self-assembled arginine-capped peptide bolaamphiphile nanoshells were revealed via XRD measurements in addition to the other characterization techniques [98]. On the other hand, the estimated structural parameters for the secondary structure could slightly change depending on the ordered and disordered degree of the peptide organization consisting of a-amino acid sequences to direct self-assembly. In addition to the powder diffraction examples, the oriented nanofiber wide angle x-ray scattering of isomeric tetrapeptide amphiphiles was performed with the peptide solutions by loading into quartz capillaries [133]. In another study, molecular organization of dipeptide assemblies and interatomic distances at the gel state were determined using the x-ray fibre diffraction technique [314].

Small-angle x-ray scattering (SAXS) eliminates the drawbacks of powder diffraction and enables the analysis of disordered peptide assemblies in their native conditions without time consuming sample preparation steps. SAXS is performed using lower angle x-ray scatterings at a range of 1° to 10° [315, 316]. The SAXS analysis of arginine-capped peptide bolaamphiphile structures at liquid conditions revealed the nanosheet assembly with bilayer organization complementary to the other structural characterizations (figure 5) [98]. SAXS profiles of the oppositely charged PA mixtures prepared at different ratios underlined the formation of bilayers after the thermal treatment process [152]. The self-assembly of the maspin-mimetic PA into a mixture of cylindrical and ribbon-like shapes was characterized based on the analysis of the scattering data in the Guinier region [317].

Although x-ray applications are known as nondestructive ways to analyse the biological samples, the effect of the x-ray radiation on the structural organization of the self-assembled peptide nanostructures were shown in the literature [318]. Hence, radiation time and optimization experiments should be conducted carefully to eliminate the outcomes of the measurements on the structural parameters.

5.3. Imaging techniques

With the invention of transmission electron microscopy (TEM) in the 1930s, microscopic approaches became a fundamental way of understanding the structural and material properties of materials at the nanoscale. Advances in microscopic tools enhanced the visualization of the peptide-based nanostructures using different imaging techniques including TEM, atomic force microscopy (AFM), scanning electron microscopy (SEM), fluorescence and other microscopies at high resolutions. Conventional TEM imaging of the peptide
nanostructures requires special sample preparation procedures, including staining via heavy metal salts such as uranyl acetate and drying of the sample before imaging [319]. A variety of TEM images of the self-assembled peptide aggregates including nanofibers, nanospheres, nanobundles, nanotubes, helices, etc have been reported and the details of the sample preparation procedures shown [140, 154, 320, 321]. Although TEM imaging is a crucial way for showing the structural properties of the peptide nanostructures, the effect of drying and staining on the peptide organization could be important. On the other hand, cryogenic TEM (cryo-TEM), in which the sample is vitrified using special tools, overcomes the sample preparation limits and enables the imaging of peptide nanostructures in their native conditions [322–324]. The direct structural analysis of the dimeric α-helical coiled coils within the de novo designed self-assembled nanofiber system was performed via incorporation of cryo-TEM imaging with image processing (figure 6) [325]. In another study, the effect of salt concentration on the morphology of self-assembled amyloid peptide assemblies was shown via cryo-TEM, and the results suggested that the formation of flat ribbons and a decrease in twisted fibrils occurs due to the salt screening of electrostatic interactions between the peptide molecules [326].

AFM facilitates in situ visualization of the self-assembly process of the variety of peptide building blocks into supramolecular nanostructures with nanoscale resolutions at liquid conditions [327]. Monitoring structural changes associated with the environmental factors including pH, ion effect, temperature, concentration, etc is also possible via time-lapse AFM procedures. AFM imaging has also been performed to monitor time dependent changes of the resilin-elastin-collagen-like chimeric polypeptide assemblies incubated in water at 50°C [328]. AFM imaging has also been used to observe the formation of right-twisted helical ribbons and their conversion to micro-crystals in an amyloid derived peptide fragment, ILQINS hexapeptide, which is normally found as left-handed helical ribbons and is organized into nanotubes in lysozyme [329].

Direct observation of peptide self-assembly is also possible via covalent conjugation of fluorescence probes to the peptides using fluorescence imaging techniques [330]. Stochastic imaging and deconvolution methods were also used to decrease resolution limits and monitor the supramolecular peptide organization at nanoscale. In addition, the intrinsic fluorescence properties of the peptide nanostructures were used for imaging of the assemblies via confocal microscopy without any probe conjugation [331, 332]. Without any staining or probe conjugation, chemical and spatial information collected via Raman spectroscopy enhanced the stochastic imaging of biological samples [333, 334]. Self-assembled amyloid inspired peptide nanofibres were imaged using the SERS blinking effect during in situ Raman spectrum measurements [259]. In addition, the tip-enhanced Raman imaging technique, which is the incorporation of scanning probe microscopy with Raman spectroscopy [335], enabled the imaging of self-assembled peptide nanotapes with additional chemical information [261].

5.4. Electrical characterization techniques

Electrical properties of the peptide nanostructures, including conductivity, resistivity and charge mobility, are determined based on current (I)–voltage (V) measurements using the probe stations connected to the electrodes [331, 336, 337]. The linear fitting of I–V data of amyloid-based peptide fibrils obtained via a probe station was processed to understand resistance characteristics of the self-assembled nanostructures depending on the nonnatural heterocyclic side chain differences [338]. Recently, the effect of relative humidity on the electron and proton transfer mechanisms of amyloid derived peptide filaments were discussed in the light of I–V measurements [199].

In addition to the probe stations, AFM-based approaches including conductive probe AFM (CP-AFM) is commonly used for I–V measurements of peptide nanostructures. The charge transfer characteristics of self-assembled peptide nanotubes have been determined using CP-AFM [339], which combines force and current measurements using mechanically oscillating conductive probes [340, 341]. The most important advantage of CP-AFM compared to scanning tunnelling microscopy is the independent optical feed-back mechanism that controls the exact position of the probe in contact with the sample [342, 343]. The applied force dependent electronic characteristics of coil-coiled architectures [344] and α-helical peptide monolayers [345] immobilized on the gold surfaces, and the conductive properties of tryptophan containing peptide assemblies [346] have also been characterized using CP-AFM.
Electrostatic force microscopy (EFM) is another nanoscale electrical characterization technique based on the resonance frequency shift of the mechanically oscillating cantilever due to the electrostatic interactions between the tip and the surface during noncontact AFM operation [347]. The technique assists the structural imaging of the peptide nanostructures before the electrical phase measurement, which is also called the lift-off mode [348]. EFM analysis of the self-assembled dipeptide nanotubes was conducted to analyse the electrochemical differences between the designed nanostructures [349]. Surface potential mapping of the surfaces functionalized with synthetic peptide assemblies were obtained using the EFM technique to distinguish purple membrane–peptide interactions at the interfaces [350]. EFM measurements were also performed to study the electronic behaviour of the polymerizable unit conjugated peptide assemblies [43] and peptide–carbon nanotube hybrid architectures [351]. Within AFM-based approaches, Kelvin probe force microscopy (KPFM) [352] is used for the characterization of peptide assemblies to determine contact potential differences (CPD), which is related to the work function of the samples. In the literature, synthetic coil-coiled structures absorbed on gold surfaces were characterized using this technique [353]. KPFM images of the short peptide nanostructures, which revealed both CPD parameters and the structural properties of the assemblies have been also reported [354].

Impedance spectroscopy (IS) enables the analysis of the electrochemical properties of peptide functionalized surfaces [355, 356] and the interactions of peptide nanostructures with other components [357]. IS functions by applying a periodic AC bias to the sample while collecting signals related to its complex impedance behaviour. The conductive properties of the dried peptide nanostructure obtained via enzyme-triggered self-assembly of aromatic PAs were studied using complex impedance spectroscopy that determined the sheet resistivity of the nanotubular architectures [358]. The electrochemical behaviour of the self-assembled peptide nanofibre functionalized gold surfaces developed as a metal ion biosensor was also evaluated using this technique [359].

5.5. Mechanical characterization techniques

Development of nanomechanical characterization techniques for peptide nanostructures is a requirement since the traditional mechanical characterization methods are incapable of operating at biologically relevant length and force scales with applicable time periods. The nanoscale AFM probes facilitate the implementation of traditional approaches including adhesion, tensile, compression or bending tests to analyse the nanomechanics of self-assembled peptide nanostructures at miniaturized experimental conditions.

AFM-based nanoindentation is a widely used approach to determine the mechanical properties of peptide nanostructures (e.g. their hardness, stiffness and elasticity) based on the load–distance curves collected during analysis [360, 361]. Interactions between the tip and nanostructures are modelled based on different approaches to estimate their nanomechanical characteristics [362–364]. The elastic modulus values of the self-assembled PA nanofibers formed via Ca\(^{2+}\) crosslinking or pH change were estimated using the force–distance data obtained via AFM nanoindentation [365]. AFM nanoindentation experiments were conducted to show the nanomechanical differences of azide containing spherical peptide assemblies before and after UV irradiation [366]. In another study, the effect of the structural transition of chemically modified self-assembled diphenyl nanostructures on their mechanical properties were analysed via AFM-based nanomechanical measurements [195]. Moreover, double pass–force–distance mapping is able to combine topography imaging with the mechanical characterization of the imaged area, and uses tapping mode AFM in conjunction with the acquisition of force–distance curves associated with tip-oscillating sample interactions [367]. The technique increased the speed of nanomechanical characterization of the nanostructures and enhanced the high resolution force mapping of the amyloid inspired peptide assemblies using AFM [87].

The unique mechanical behaviour of the amyloid like peptide assemblies contributed to the design of functional materials including conductive fibres, energy harvesting systems or tissue scaffolds [368–372]. Cross-β sheet organization, excess hydrogen bonding and aromatic interactions between the amyloid-based peptides are the inherent sources of the mechanical stability and rigidity of the amyloid derived peptide assemblies [373]. Several studies were conducted to determine the nanomechanical properties of the amyloid-based assemblies using the AFM nanoindentation technique. Recently, the nanomechanics of amyloid like fibrils assembled at different pH were revealed by peak-force quantitative nanomechanical property mapping (PF-QNM) [374]. In another study, the mechanical reinforcement of electrospun polymer fibres incorporated into peptide assemblies was demonstrated via AFM-based nanoindentation experiments with a spherical colloidal tip [375].

In addition to AFM-based nanoindentation, different characterization approaches have been developed to determine the mechanical characteristics of the self-assembled peptide nanostructures and their three-dimensional supramolecular networks [376]. Similar to amyloid peptide assemblies, cyclic peptide architectures reveal intriguing hierarchical organizations with tunable mechanical properties and rigid geometries [15]. The nanomechanical properties of these architectures including elastic modulus, hardness, strength and Young’s modulus were determined by using AFM nanoindentation; self-assembled cyclic QL4 fibres exhibited the stiffest material characteristics within the known proteinaceous micro- and nanofibres (figure 7) [93].

The viscoelastic behaviour of different peptide assemblies were also determined using oscillatory rheology or micro rheology techniques, which highlight the sol–gel transition of the peptide architectures due to the external or internal stimulus [377–381]. In addition, a microfluidic-based microcantilever system was developed to determine the forces produced by amyloid peptide polymerization, by monitoring microcantilever deflections that are correlated with the mechanical changes that occur during the process [382].
Supramolecular chemistry is a powerful tool for fabricating innovative materials for the next generation devices and applications. Peptide self-assembly has been extensively utilized to produce functional nanomaterials. In this section, we review recent functional materials applications of self-assembled peptide nanostructures.

6.1. Supramolecular self-assembled peptide catalysts

Extraordinary catalytic performance and superior selectivity of enzymes in organic transformations under physiological conditions have always been a source of inspiration for scientists. The complex structure and function of biocatalysts have forced scientists to develop minimalistic approaches and mimic fragments of multifaceted biocatalysts such as active site, hydrophobic pocket or structure [383]. Supramolecular self-assembled peptide nanostructures have been utilized to build essential functional groups within a nanoenvironment to catalyse the desired organic transformations in an efficient manner. The Stupp group demonstrated self-assembled peptide amphiphile nanostructures, which are well-defined catalytic nanostructures in aqueous media [384]. Four different peptide sequences containing histidine residues as reactive sites were designed and synthesized (figures 8(A) and (B)). The peptide 1 having alanine and valine residues promoted formation of β-sheets and palmitoyl tail assisted hydrophobic collapse of the peptide molecules into high aspect ratio 1D nanofibers, as shown in figure 8(C).

The same peptide sequence without palmitoyl tail (3) formed nanospheres is shown in figure 8(D), meanwhile the peptide sequences having proline residues (2 and 4) also formed polydisperse nanospheres. Hydrolysis of 2, 4-dinitrophenyl acetate (DNPA) by these nanostructures has shown that 1D nanofibers promoted the highest hydrolysis rate when compared to nanospheres or soluble histidine residues. Interestingly, 1D nanofibres showed a Michaelis–Menten enzyme-like behaviour, whereas the other peptide sequences (2–4) demonstrated a linear rate increase with substrate concentration increase. This study showed that assembling reactive sites within a nanoenvironment could afford a synergistic effect that enhances the rate of hydrolysis of DNPA. This study was one of the first examples of a supramolecular self-assembled peptide catalyst, which inspired many research groups to develop new catalytic supramolecular peptide nanostructures. The Escuder and Miravet research groups have extensively studied the structure and catalytic activity of proline-based supramolecular gelators.
L-proline is a well-known stereoselective organocatalyst for catalysing C–C bond formation reactions, such as aldol and Michael addition reactions [386]. A series of bolaamphiphilic molecules containing two L-prolines have been designed and used in aldol reactions [387]. Due to the presence of hydrogen-bond promoting valine residues in the structure of bolaamphiphilic peptide molecules, they could encapsulate a large amount of organic solvents (acetonitrile and ethyl acetate) to form gels. These peptide molecules catalysed the aldol reaction in solution state while racemization of the products was observed in the gel state where the reactions were left for several days. The reason for racemization was explained by the increase of basicity of the solution due to the close assembly of prolines in the gel state. The authors exploited the emergence of a new property (increased basicity) caused by cooperativity of neighbouring prolines in the gel state [388]. They performed the Henry nitroaldol reaction, which requires a basic catalyst for deprotonation of nitroalkane and then addition to carbonyl functional group to form new C–C bonds. A bolaamphiphile peptide molecule was used to form a gel in nitromethane and nitroethane. This basic catalytic gel promoted the addition of nitroalkane to 4-nitrobenzylaldehyde. The assembled bolaamphiphile peptide molecules into fibrous networks showed excellent catalytic activity while dispersed peptide molecules showed poor catalytic activity. Performing organic reactions in aqueous media motivated the researchers to synthesize a new proline conjugated amphiphilic peptide molecule, which formed hydrogels [389]. This catalytic hydrogel assisted the direct aldol reaction between cyclohexanone and 4-nitrobenzaldehyde. The reactants dissolved in toluene were gently dropped on a pre-formed peptide hydrogel and showed high stereoselectivity (anti: syn 92:8, 88% ee). The catalytic nanostructure was recycled three times without loss of efficiency and stereoselectivity.

In addition to L-proline-based supramolecular catalysts, the researchers have also developed different novel approaches to mimic active sites of enzymes. Liu et al demonstrated that co-assembly of two different amino acid residues could enhance the rate of hydrolysis [390]. They synthesized two short amphiphilic peptide sequences, one bearing histidine (Fmoc-FFH-Am) and other bearing arginine residues (Fmoc-FFR-Am). The Fmoc-FFH-Am molecule self-assembled into nanotubes in aqueous medium can catalyse p-nitrophenyl acetate efficiently. Upon co-assembly of both peptides into nanotubes, the catalytic activity was further enhanced. A similar study was conducted by the Liang group [391]. Co-assemble of histidine and arginine bearing self-assembled peptide nanofibres can enhance the hydrolysis of p-nitrophenyl acetate. These two studies underlined the importance of arginine residues, which stabilized the transition state of the hydrolytic reaction.

Metal ions play an important role as cofactors in metalloenzymes. Metal ion-based cofactors are present in the active site of enzymes, which aid the chemical reactions in proceeding [392]. Self-assembled supramolecular peptide nanostructures can be used to emulate part of the metalloenzyme and replicate the function of the whole enzyme. Liu et al designed and synthesized glutamic acid bearing bolaamphiphile nanotubes that are able to bind copper (II) ions through electrostatic interactions. The nanotubes induced chirality to copper (II) ions and catalysed the Diels–Alder reaction between cyclopentadiene and an aza-chalcone [393]. The Korendovych group studied short metallopeptides for...
mimicking metalloenzymes. A series of short amyloid like peptides, which have binding affinity towards Zn (II) ions were designed and synthesized [394]. A β-sheet forming heptapeptide sequence (LKLKLKL) was modified at positions 2, 4 and 6 by different amino acids. Hydrophobic leucine (L) required for self-assembly was kept unchanged while lysine (K) residues at positions 2 and 4 were replaced by Zn\(^{2+}\) binding histidine residues. Lysine at position 6 was replaced by either acidic (Asp, Glu), neutral (Gln, Tyr) or basic (His, Lys, Arg) residues with various pKa values. The peptide sequence Ac-LHLHLRL-Am in the presence of ZnCl\(_2\) showed Michaelis–Menten behaviour with catalytic efficiency of \(k_{\text{cat}}/K_M = 18 \pm 4\, \text{M}^{-1}\, \text{s}^{-1}\). When the R residue was replaced by Q residue (Ac-LHLHLQL-CONH\(_2\)), the catalytic efficiency was further increased to \(k_{\text{cat}}/K_M = 30 \pm 3\, \text{M}^{-1}\, \text{s}^{-1}\). Peptides with Asp, Glu or His residues at position 6 had little catalytic activity. However, catalytic activity was drastically enhanced (\(k_{\text{cat}}/K_M = 62 \pm 2\, \text{M}^{-1}\, \text{s}^{-1}\)) when the hydrophobic L was replaced by the isoleucine (I) in the heptapeptide sequence, while keeping Glu at the 6th position (Ac-IHHIQI-Am).

We also recently developed a β-sheet forming peptide amphiphile, which had high binding affinity towards copper ions. This short peptide sequence assembled into nanofibres having histidine residues over the surface. The copper ions bound on pre-assembled peptide nanofibres could catalyse click alkyne–azide cycloaddition in aqueous media [395]. The conversion of the reactants into product was almost quantitative (95%) using our supramolecular nanocatalyst, while soluble histidine-Cu complexes showed a moderate efficiency of 65%. Active sites demonstrated positive cooperativity when assembled within a confined environment on the peptide nanofibres. The supramolecular nanocatalyst did not only show superior catalytic activity but also lowered the cytotoxicity of the copper ion. Therefore, we utilized the metallopeptide to label alkyne decorated live cells by click alkyne–azide cycloaddition.

### 6.2. Supramolecular semiconductor peptide nanostructures

Organic electronics can be divided into three major fields: supramolecular, plastic and molecular electronics [396]. The latter two fields have been studied in detail and a Nobel Prize in chemistry was awarded for the discovery of electrically conductive polymers (plastic electronics) in 2000. Although supramolecular electronics is a relatively obscure research field, it has nonetheless achieved considerable progress in the last decade. Supramolecular chemistry is a powerful tool for designing and constructing well-defined nanowires for nanosized optoelectronic devices using noncovalent interactions [396]. The rich chemistry of 20 natural amino acids makes them an eye-catching tool for building novel supramolecular soft semiconducting materials that could be employed for bioelectronics [204], light harvesting systems [397], OFETS, nanoscale devices and nanosensors [398].

The main strategy for fabricating a nanosized conducting wire is to conjugate hydrophobic, π-conjugated p-n-type semiconductor molecules to hydrophobic or charged self-assembling peptide sequences. Upon hydrophobic collapse in aqueous media, the semiconductor conjugated peptide molecules can form variety of nanostructures. This strategy also allows working with highly hydrophobic molecules in aqueous media. Parquette et al conjugated an n-type semiconducting molecule (1,4,5,8-naphthalenetetracarboxylic acid diimide, NDI) to a series of dipeptides (Ac-KK-Am) and studied their self-assembly in aqueous medium and trifluoroethanol (TFE) [399]. The NDI semiconductor peptide conjugate assembly was studied by UV and CD spectroscopies. The NDI-peptide molecule dissolved in TFE showed absorption peaks at 240 nm (band II) and in the range of 300–400 nm (band I), which are characteristic absorption peaks of molecular NDI molecules. When TFE was exchanged with water, there was a decrease in absorption intensities followed by large red shift in the absorption bands of NDI. This change showed formation of j-aggregates in water. The IR bands at 1612 and 1608 cm\(^{-1}\), and XRD analysis proved the presence of a β-sheet in Ac-KK (NDI)-Am and in Ac-K (NDI)-K-Am peptides. TEM and AFM images of Ac-KK (NDI)-Am peptide molecules showed helical nanofibres while Ac-K(KNDI)-K-Am peptides showed flattened, twisted nanoribbon morphology. They also conducted a similar study by conjugating two lysine moieties to the two arms of NDI forming n-type bolaamphiphiles [400]. Bolaamphiphile molecules formed hydrogel when dissolved 1% (w/w). The designed molecule formed nanotubes as imaged by TEM and AFM. UV–vis absorption spectroscopy demonstrated a red shift in the absorption bands showing the formation of NDI j-aggregates in assembled state. CD spectra revealed additional peaks at the absorption bands of the NDI molecule demonstrating that induced chirality is due to supramolecular organization of NDI molecules within the assembled nanotubes. The fluorescence decay of nanotubes excited at 350 nm was monitored by time-correlated single photon counting at 410 and 505 nm. The lifetime (64 ps) of excited NDI nanotubes was slightly longer than that of molecular NDI. The excimer emission at 505 nm showed much longer decay lifetime (197 ps (86%) and 950 ps (14%)), which is due to closely stacked and packed NDI molecules in the nanotubes.

Tovar [43, 173, 401–404] and others [200, 405, 406] have developed semiconducting oligomers conjugated to peptides (figure 9) assembled into well-defined nanostructures in aqueous media. In this design, oligomers were located at middle and peptide sequences were conjugated at both sides. This strategy facilitated face to face aggregation of the semiconducting molecules, which may increase their conductivity by enhancing their hole or electron transporting properties. The Tovar group also developed a straightforward method for conjugating oligomer molecules on solid phase resin. On resin synthesis avoids multiple synthetic routes and complex purification techniques. Charge transport properties of self-assembled soft fibrous nanonetworks were measured by constructing a field-effect transistor [401]. The peptide conjugated quaterthiophene was used as a semiconductor layer and mobilities of 10\(^{−2}\)–10\(^{−3}\) cm\(^2\) V\(^{−1}\) s\(^{−1}\) were measured. When the nanowires were aligned via shear-assembly, the mobilities were increased to 0.03 cm\(^2\) V\(^{−1}\) s\(^{−1}\).
The Ashkenasy group conducted a detailed study on the conductivity of self-assembled semiconducting peptide nanostructures \([199, 337]\). A well-known amyloid \(\beta\)-peptide (AAKLVFF) was studied by incorporating 2-thienylalanine and 3-thienylalanine moieties instead of FF. They investigated the self-assembly of these molecules in different solvents and demonstrated that the solvent type had a considerable effect on nanostructure morphology. They also observed that the peptide molecule forming long range and straight nano fibers showed highest conductivity. In another research work \([405]\), they demonstrated that both protons and electrons are responsible for the charge transport process in self-assembled nanostructures. In a highly humid environment, proton conductivity dominated electron conductivity. Hodgkiss et al. have recently constructed a water-processed bio-organic field-effect transistor (biOFET) based on bioinspired assembled peptide–perylene conjugates \([407]\). The peptide sequence of IKHLSVN, which is responsible for the homo dimerization of peroxiredoxin protein was modified as IRHLSVN. Three glutamic acid residues were conjugated to IRHLSVN to enhance the solubility of IRHLSVN–perylene molecules in water. The self-assembly of these bioinspired molecules was studied by CD and UV–vis spectroscopy to see whether the \(\beta\)-sheet forming characteristic of the native IKHLSVN sequence was affected by the modifications and perylene conjugation. Long nanofibers of assembled IRHLSVN–perylene were imaged by TEM and AFM. Interestingly, the semiconducting nanofibers showed p-type behaviour, responding to an increasing positive gate bias with a decreasing current.

One component semiconductor peptide self-assembly was further extended to two components including co-assembly of p-n-type semiconductors to achieve charge transfer or photoconductive supramolecular nanomaterials. The Ulijn group \([408–410]\) conducted a series of research on biocatalytic self-assembly of n-type semiconductor conjugated peptides that could form charge transfer supramolecular nanostructures with variety of p-type semiconductors (figure 10). NDI-functionalized tyrosine (NDI-Y) was conjugated to phenylalanine-amide (F-NH\(_2\)) by the addition of thermolysin to trigger self-assembly and formation of thermodynamic nanostructures. In the presence of p-type dihydroxy/alkoxy naphthalene donors, NDI-Y formed polydisperse spherical nanostructures when thermolysin was absent, as imaged by TEM and AFM. Upon addition of a biocatalyst to a solution of NDI-Y and naphthalene donors, a yellowish gel was formed and spherical nanostructures were converted to highly-ordered long nanofibers. The change in the colour of the solution was followed by donor emission quenching and the appearance of a new absorption band at 550 nm, which was attributed to the successful formation of a charge transfer complex. The same group conjugated a well-known p-type tetrathiafulvalene (TTF) to a self-assembling peptide sequence (-FF-Am). TTF-FF-Am molecules formed self-standing gel in chloroform and dried gels showed conductivity of \(1.9 \times 10^{-10}\) sc m\(^{-1}\). When the organogel was doped by an acceptor molecule (TCNQ) to a self-assembling peptide sequence (-FF-Am), TTF-FF-Am molecules formed self-standing gel in chloroform and dried gels showed conductivity of \(3.6 \times 10^{-4}\) sc m\(^{-1}\). However, iodine vapour doping did not enhance the conductivity to a great extent as in the case of acceptor doping \([411]\). There are also some studies showing energy transfer within self-assembled peptide nanostructures through donor–acceptor interactions \([412, 413]\).

Recently, the Martín research group exploited electrostatic interactions to assemble donor–acceptor molecules in a highly organized manner within a peptide nanofiber \([414]\).
Electron donor tetrathiafulvalene was conjugated to an anionic peptide sequence bearing glutamic acid while electron-acceptor perylene-bisimide was conjugated to a cationic peptide sequence bearing residue. These two complimentary p-n nanofibers could co-assemble into highly alternating p-n stacks in the single nanofiber. The co-assembled p-n nanofibers showed photoconductivity of 0.8 cm² V⁻¹ s⁻¹. These types of novel and straightforward methodologies are promising for design and fabrication of next generation nanodevices.

6.3. Self-assembled peptide nanostructure templated synthesis of inorganic nanomaterials

Synthesis of inorganic nanomaterials with precise shape, size and composition has potential industrial applications. Biomolecules having well-defined shapes and sizes are remarkable platforms for the synthesis of inorganic functional nanomaterials [415]. Cutting-edge developments have been achieved by utilizing biotemplates such as viruses [416–418], bacteria [419, 420], nucleic acids (DNA or RNA) [421] and proteins [422, 423] for the mineralization process, resulting in the fabrication of well-ordered functional nanomaterials for catalysis, sensing, imaging, therapy, energy storage/conversion, and electronic and piezoelectric devices. Self-assembling peptide-templated synthesis of functional nanostructures is another emerging area, which has been extensively studied.

Matsui et al designed a bolaamphiphile peptide molecule (bis (N-R-amido-glycylglycine)-1,7-heptane dicarboxylate), which assembled into nanotubes at pH 6 citric acid/NaOH solution. The amide groups on pre-assembled nanotubes could coordinate with metal ions (Cu and Ni) which served as nucleation sites. Nanotube coated ions were further reduced by reducing agents to get metalized nanotubes [424]. In another study conducted by Matsui, the same bolaamphiphile peptide nanotube was further modified by a histidine-rich peptide sequence (AHHAHHAAD). Histidine modified nanotubes were treated with gold ions followed by NaBH₄
reduction to form gold nanoparticles (figure 11). Metal-binding histidine residues directed the formation of gold nanoparticles over nanotubes homogeneously. The crystal lattice of gold nanoparticles was calculated as (111) and (220) from electron diffraction patterns [425].

The Stupp group developed unsymmetric bolaamphiphile peptide molecules such as (L-glutamyl)₃ glycine-terminated bolaamphiphile (I) and (L-lysine)₃-terminated bolaamphiphile. This molecule formed a self-standing hydrogel in the presence of ammonia vapour. When the secondary structure of these molecules were studied by CD, they showed random coil structure in their soluble form while β-sheets were observed upon gelation. These 1D nanofibrous networks were utilized to mineralize CdS nanostructures. Peptide nanostructures were treated with a dilute solution of Cd(NO₃)₂ followed by exposure to H₂S vapour. Peptide nanostructure templated CdS nanostructures had wurtzite and zinc blende polymorph crystal structures [426].

In another study, the Stupp group demonstrated the metal ion-binding capacity of a self-assembling peptide amphiphile containing three histidine residues [427]. The peptide amphiphile molecule dissolved in water formed a gel upon increasing the pH above 6. The gel consisted of peptide nanofibers with 8–10 nm diameters and microns in length as imaged by TEM. This nanofibrous network was used to template magnetite mineralization. A black precipitate was formed upon mixing of 1:2 ratio of FeCl₃:FeCl₄ solutions with peptide nanofibers followed by exposure to ammonia vapour. This black precipitate was responsive to magnetic fields, suggesting that it contained magnetite (Fe₃O₄) nanostructures embedded in the peptide matrix. Raman spectroscopy showed a peak at 674 cm⁻¹, which further confirmed the presence of Fe₃O₄ mineralized on peptide nanofibers.

Our group also developed various self-assembled peptide templates to synthesize Pd, Au, SiO₂, TiO₂ and ZnO nanostructures. An amyloid inspired short peptide sequence (Ac-KFFAAK-Am) was designed and synthesized which formed 1D nanofibres. This fibrous nanonetwork was used as a template to mineralize SiO₂ and TiO₂. After calcination of the organic part, micron-long nanotubes of SiO₂ and TiO₂ were formed [428]. Amyloid inspired templated porous silica nanotubes were used as a high surface area explosive detector. The surface of the silica nanotubes was modified using a fluorescent probe by physical adsorption. These fluorescent silica nanotubes demonstrated fast, sensitive and highly selective fluorescence quenching towards nitro-explosive vapours [429]. We further utilized amyloid inspired templated porous titania nanotubes as dye sensitized solar cell anodic materials. In this study, we showed that porous, high surface area (150 m² g⁻¹) titania nanotubes could adsorb more dye than the nontemplated titania. As a result, dye sensitized solar cell constructed from porous titania nanotubes showed an efficiency of 0.83%, which is three-fold better than nontemplated titania [430].

Amyloid inspired peptide nanofibres were further exploited to template gold nanostructure synthesis. Amine decorated peptide nanofibres interacted with gold ions and gold nanostructures were grown upon reduction by ascorbic acid. AFM was used to investigate the nanoscale electrical properties of the gold decorated peptide nanofibres. Bias dependent current (I–V) measurements on gold nanofibers demonstrated tunnelling dominated transport and resistive switching [336].

In addition to amyloid inspired peptide templates, our group also designed self-assembling peptide amphiphiles, which could template palladium nanoparticle synthesis. A histidine-rich peptide amphiphile nanofibre was designed to synthesize Pd nanoparticles, which could be utilized as a nanocatalyst for Suzuki coupling reactions. Our designed Pd nanocatalyst showed high catalytic activities under environmentally friendly conditions. Reaction products were obtained almost quantitatively in the presence of our catalyst.
in addition to the ease of recycling [431]. In another study, we utilized critically-dried 3D peptide nanonetworks as a scaffold for atomic layer deposition, using the porosity and high surface area of the peptide material to produce highly conformal and uniform titania and silica nanotubes. These highly precise nanostructures showed high photocatalytic activities towards methylene blue degradation. The photocatalytic activity was exclusively dependent on wall thickness and surface area per unit mass of titania and silica nanotubes [432].

Others have also exploited various self-assembled peptide templates such as I3K, phage-displayed P7A peptides [433] and aniline–GGAAKLVFF [434] to synthesize Pt nanoparticles for different applications. I3K assembled nanofibres have been used to template Pt nanoparticles while phage-displayed P7A peptides were utilized to tune morphologies of Pt nanoparticles. I3K assembled nanofibre decorated Pt nanostructures were used for electrochemical oxidation of hydrogen and methanol while aniline–GGAAKLVFF supported Pt nanoparticles were used as an electrocatalyst to improve oxygen-reduction reaction [434].

Tuning the spatial arrangement of metallic nanostructures via peptide morphology to induce new properties is another exciting field. A peptide amphiphile (lauryl-FPPMPPAGAYSS), which formed double helices, directed the formation of left-handed gold nanoparticles [435]. The Liu research group produced chiral silica nanotubes via helical bolaamphiphilic peptide templates. Chiral silica nanotubes modified by photoactive azobenzene moieties can recognize a chiroptical switch [436].

7. Conclusion and future perspective

One of the reasons behind the rapid growth of self-assembly is that it allows the synthesis of larger structures that are not feasible with covalent bonds due to poor stability. Accordingly, peptide constructs with well-defined characteristics can be created through a self-assembly process, and the morphology and function of the resulting structures can be manipulated at the molecular level by altering the number, type and sequence of amino acids, or exposing the system to external stimuli such as pH, temperature, electric or magnetic fields, light and sound. The systematic investigation of the structure-function relation of the self-assembled peptide nanostructures using a variety of advanced characterization techniques at nanometre scale will accelerate the progress on developments of functional peptide-based architectures. Although different characterization tools and methods have been developed for self-assembled peptide-based functional nanostructures, most of the techniques still require advanced sample preparation and sophisticated analysis tools to reveal deep knowledge on the intriguing properties and energy landscapes of self-assembly. On the other hand, we believe that advancements on these techniques can be pursued via incorporation of the different scientific disciplines, including chemistry, biology, material science and engineering, since the problems in the technical advances require an interdisciplinary research environment. Constructing novel nanomaterials with new properties using supramolecular interactions is an exciting research field. A vast number of cutting-edge applications of supramolecular materials have been demonstrated so far. Designing controllable materials with precise length, composition and complex shapes will be the challenge of next generation supramolecular materials.

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