

Molecular Encapsulation of Cinnamaldehyde within Cyclodextrin Inclusion Complex Electrospun Nanofibers: Fast-Dissolution, Enhanced Water Solubility, High Temperature Stability, and Antibacterial Activity of Cinnamaldehyde

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Supporting Information

ABSTRACT: The electrospinning of nanofibers (NFs) of cinnamaldehyde inclusion complexes (ICs) with two different hydroxypropylated cyclodextrins (CDs), hydroxypropyl- β -cyclodextrin (HP- β -CD) and hydroxypropyl- γ -cyclodextrin (HP- γ -CD), was successfully performed in order to produce cinnamaldehyde/CD-IC NFs without using an additional polymer matrix. The inclusion complexation between cinnamaldehyde and hydroxypropylated CDs was studied by computational molecular modeling, and the results suggested that HP- β -CD and HP- γ -CD can be inclusion complexed with cinnamaldehyde at 1:1 and 2:1 (cinnamaldehyde/CD) molar ratios. Additionally, molecular modeling and phase solubility studies showed that water solubility of cinnamaldehyde dramatically increases with cyclodextrin inclusion complex (CD-IC) formation. The HP- β -CD has shown slightly stronger binding with cinnamaldehyde when compared to HP- γ -CD for cinnamaldehyde/CD-IC. Although cinnamaldehyde is a highly volatile compound, it was effectively preserved with high loading by the cinnamaldehyde/CD-IC NFs. It was also observed that cinnamaldehyde has shown much higher temperature stability in cinnamaldehyde/CD-IC NFs compared to uncomplexed cinnamaldehyde because of the inclusion complexation state of cinnamaldehyde within the hydroxypropylated CD cavity. Moreover, cinnamaldehyde still has kept its antibacterial activity in cinnamaldehyde/CD-IC NF samples when tested against *Escherichia coli*. In addition, cinnamaldehyde/CD-IC NF mats were fast-dissolving in water, even though pure cinnamaldehyde has a water-insoluble nature. In brief, self-standing nanofibrous mats of electrospun cinnamaldehyde/CD-IC NFs are potentially applicable in food, oral-care, healthcare, and pharmaceuticals because of their fast-dissolving character, enhanced water solubility, stability at elevated temperature, and promising antibacterial activity.

KEYWORDS: cinnamaldehyde, cyclodextrins, cyclodextrin inclusion complexes, electrospinning, nanofibers, fast-dissolving, water solubility, high temperature stability, antibacterial activity

INTRODUCTION

Molecular encapsulation of active agents and functional additives by cyclodextrins (CDs) has been quite practical in the food, pharmaceutical, and cosmetic industries because the CD-encapsulated molecules can be protected from heat, light, moisture, oxygen, or other extreme conditions, thus enhancing the stability, shelf-life, and bioavailability of the active molecules.^{1–4} CDs which are cyclic oligosaccharides have a cone-shaped molecular structure with a hydrophobic cavity which makes them attractive host molecules for the host–guest-type inclusion complexes (ICs), especially with nonpolar compounds.⁵ CDs are currently used in food formulations and pharmaceutical and cosmetic products for the solubility increase, protection, and the delivery of active agents. CDs also provide controlled release in active packaging⁶ and they are classified as GRAS (Generally Recognized As Safe) by the U.S. Food and Drug Administration. There are mainly three classes of native CDs having six (α -CD), seven (β -CD), and eight (γ -CD) glucopyranose units linked by α -(1,4) linkage in their molecular structure. These three native CDs have

relatively low water solubility; therefore, the native CDs are chemically modified to increase their solubility by substituting some of the primary and/or secondary hydroxyl groups by hydroxypropyl (HP) groups (Figure 1a), methyl groups, or sulfobutyl groups, and so forth.^{7,8}

The electrospinning (Figure 1b) technique is commonly used to produce microfibrils and nanofibers (NFs) from a variety of polymeric and nonpolymeric materials.^{9–19} The unique properties of electrospun nanofibrous materials such as nanoporous structure, very large surface area, design flexibility, and lightweight enable their use in many applications such as food, textiles, membranes/filters, sensors, biotechnology, agriculture, composites, and energy.^{9–13} In general, polymeric materials are used to obtain electrospun fibrous materials because long polymeric chains provide certain chain

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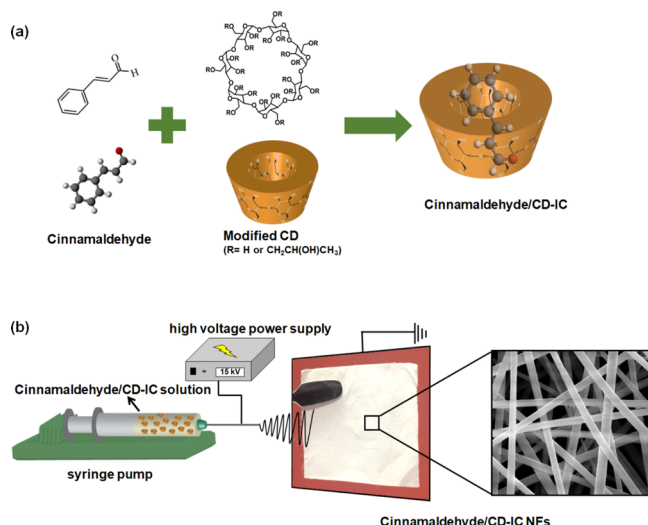


Figure 1. (a) Molecular structure of cinnamaldehyde and HP- β -CD (note: HP- γ -CD has a similar chemical structure with eight glucopyranose units), and illustration of cinnamaldehyde/CD-IC formation, (b) electrospinning process of NFs from cinnamaldehyde/CD-IC solution.

entanglements and overlapping for the fiber formation during the electrospinning process.^{14–16} Hence, electrospinning of NFs purely from small molecules presents a real challenge. Nevertheless, NFs purely from CD can be electrospun, as CD molecules in their highly concentrated solutions can form substantial aggregates via hydrogen bonding. The presence of such CD aggregates prevents the breakage of the jet during electrospinning, and therefore bead-free uniform NFs can be electrospun from pure CD.^{17–19} Furthermore, electrospun NFs from a variety of CD-ICs with food flavors and essential oils such as vanillin,²⁰ vitamin E,²¹ eugenol,²² menthol,²³ thymol,²⁴ and carvacrol²⁵ were also produced successfully.

Cinnamaldehyde (Figure 1a), a primary constituent of cinnamon bark oil, is an essential oil classified as GRAS (Generally Recognized As Safe) by the U.S. Food and Drug Administration (21 CFR 182.60). Cinnamaldehyde is known to have high antibacterial, antifungal, anti-inflammatory, and antioxidant activity; therefore, it is widely used in the food, drug, and cosmetic industries.^{26–28} For instance, cinnamaldehyde-containing films, particles, and NFs have shown the advantages of use of cinnamaldehyde in various applications including pharmaceuticals, food, and antimicrobial packaging.^{29–33} For example, Qin et al. showed that active packaging including cinnamaldehyde can lead to an increase in shelf life of fresh button mushrooms.²⁹ In another study, it was shown that submicrometer emulsion of cinnamaldehyde can be used in clinical applications because of antitumor activity and pharmacokinetic properties.³⁰ In the study of Liu et al., antibacterial fish skin gelatin-based NF incorporating cinnamaldehyde was fabricated to be used in controlled-release applications.³¹ In another study, electrospun chitosan/poly(ethylene oxide) mats including cinnamaldehyde having antibacterial activity against *Pseudomonas* bacteria was engineered in order to be potentially used for alleviating nosocomial infections.³² In a very recent study, electrospun fibrous film was developed to be used in food industry from the pea protein isolate-polyvinyl alcohol with cinnamaldehyde cooperation to obtain a material showing antibacterial activity against both Gram-positive and -negative bacteria.³³ However,

cinnamaldehyde has certain shelf-life problems due to its high volatility, low stability, and sensitivity to oxygen, light, and heat.^{34,35} Yet, molecular encapsulation of cinnamaldehyde with cyclodextrin inclusion complexation is one of the promising approaches in order to eliminate the above-mentioned drawbacks of cinnamaldehyde. For example, it was shown that enhancement of photostability and thermostability of cinnamaldehyde after complexation with γ -CD derivatives was possible.³⁶ In another related study, inclusion complexation between cinnamaldehyde and β -CD resulted in prevention of cinnamaldehyde from oxidation; besides, the cinnamaldehyde/ β -CD ICs showed antioxidative properties similar to pristine cinnamaldehyde.³⁷ Moreover, the antimicrobial active packaging was designed by using ICs of cinnamaldehyde with β -CD in which improved stability and controlled release of cinnamaldehyde was obtained.³⁸ In the study of Sun et al., the inclusion mechanism and structures of cinnamaldehyde with different cyclodextrins were investigated³⁹ in which HP- β -CD showed higher inclusion complexation ability with cinnamaldehyde and higher solubility enhancement for cinnamaldehyde when it was compared with inclusion complexation of β -CD.³⁹ Moreover, several studies reported the incorporation of cyclodextrin ICs of cinnamaldehyde within the polymeric electrospun NFs for antimicrobial wound dressing and antimicrobial active food packaging.^{35,40,41} For instance, cinnamaldehyde/ β -CD-IC-incorporated polylactic acid (PLA) nanofibrous mat was fabricated as a potential candidate for the use of wound dressing material due to its antibacterial properties and low cytotoxicity.³⁵ Also, a polyvinyl alcohol/cinnamon essential oil/ β -CD-IC nanofibrous film was fabricated by electrospinning for active food packaging by increasing the high-temperature stability of cinnamon essential oil by inclusion complexation and prolonging the shelf life of strawberries by showing effective antimicrobial activity.⁴⁰ Also, cinnamon essential oil/ β -CD-IC was incorporated into electrospun PLA NFs for antimicrobial packaging application in which the PLA/cinnamon essential oil/ β -CD nanofibrous film has shown better antimicrobial activity compared to PLA/cinnamon essential oil nanofibrous film.⁴¹ The improvement of antimicrobial activity was attributed to cyclodextrin inclusion complexation and also, nanofibrous film obtained by the electrospinning method preserved higher amount of cinnamon essential oil when compared to film obtained by the casting method.⁴¹

In the light of these aforementioned studies and from our extensive experiences on electrospun polymer-free CD-IC NFs, we designed our study in order to electrospin NFs from purely cinnamaldehyde/CD-IC systems without using a polymer matrix. Here, we studied inclusion complexation of cinnamaldehyde with two different hydroxypropylated CDs; hydroxypropyl- β -cyclodextrin (HP- β -CD) and hydroxypropyl- γ -cyclodextrin (HP- γ -CD), in order to produce cinnamaldehyde/CD-ICs. On the basis of our computational modeling studies, cinnamaldehyde/CD-ICs were prepared in two different molar ratios between cinnamaldehyde and CDs (cinnamaldehyde/CD; 1:1 and 2:1) in aqueous solutions. Then, aqueous solutions of cinnamaldehyde/CD-IC were electrospun in which self-standing nanofibrous mats of cinnamaldehyde/CD-IC were produced successfully. In short, this study provides a useful approach for the molecular encapsulation of cinnamaldehyde within cyclodextrin inclusion complex NFs by electrospinning, in which fast-dissolving and highly water-

soluble cinnamaldehyde having higher-temperature stability along with antibacterial activity was achieved for cinnamaldehyde/CD-IC NFs.

MATERIALS AND METHOD

Materials. Hydroxypropyl- β -cyclodextrin (HP- β -CD, CAVASOL W7 HP Pharma, degree of substitution: \sim 0.6, molecular weight: 1400 g/mol) and hydroxypropyl- γ -cyclodextrin (HP- γ -CD, CAVASOL W8 HP, degree of substitution: \sim 0.6, molecular weight: 1574 g/mol) were gift samples from Wacker Chemie AG (Germany). Cinnamaldehyde (99%, Sigma-Aldrich), 2,2-diphenyl-1-picrylhydrazyl (Sigma-Aldrich), deuterated dimethylsulfoxide (DMSO- d_6 , deuteration degree of minimum 99.8%, Merck), and deionized water (Millipore Milli-Q ultrapure water) were used in this study.

Preparation of Solutions for Electrospinning. The solutions of cinnamaldehyde/CD-IC were prepared by dissolving HP- β -CD (200%, w/v, 2 g of HP- β -CD in 1 mL water) and HP- γ -CD (200%, w/v, 2 g of HP- γ -CD in 1 mL water) in water. Then, proper amount of cinnamaldehyde was mixed with aqueous CD solutions in order to obtain 1:1 and 2:1 (cinnamaldehyde/CD) molar ratio of cinnamaldehyde/CD-IC solutions. These aqueous cinnamaldehyde/CD-IC solutions were kept at room temperature under stirring for 24 h in order to obtain cinnamaldehyde/HP β CD-IC and cinnamaldehyde/HP γ CD-IC solutions. In addition, pure CD solutions (HP- β -CD and HP- γ -CD) without cinnamaldehyde were also prepared at concentration of 200% (w/v, 2 g of HP- β -CD or HP- γ -CD in 1 mL water) in water for the electrospinning of pure CD NFs for comparative studies.¹⁷

Electrospinning of NFs. Each cinnamaldehyde/CD-IC (cinnamaldehyde/HP β CD-IC and cinnamaldehyde/HP γ CD-IC) aqueous solution was placed separately into 1 mL plastic syringes having a 27 gauge metallic needle. Then, the syringe loaded with cinnamaldehyde/CD-IC aqueous solution was placed on a syringe pump (NE-300, New Era Pump Systems, USA) in order to control the feed rate of the cinnamaldehyde/CD-IC solution for the electrospinning. The pumping rate of the cinnamaldehyde/CD-IC solution was 0.5 mL/h and the electrospinning process was performed at a voltage of \sim 15 kV (AU Series of HV unit, Matsusada, Japan). The collection distance of the NFs was adjusted to 15 cm, and a stationary metal plate collector covered by aluminum foil was used. In addition, pure CD NFs (HP β CD-NFs and HP γ CD-NFs) were also electrospun under the same condition for comparative study.¹⁷

Phase Solubility. The phase solubility test was performed and the phase solubility diagram was plotted by which stability constants of complexes between cinnamaldehyde and the two of hydroxypropylated CDs are determined.⁴² For the phase solubility test, 5 mL of the aqueous solutions of HP- β -CD and HP- γ -CD with increasing concentrations from 1 to 64 mM were prepared in capped vials; then, cinnamaldehyde with excess amount was added to these aqueous CD solutions. The cinnamaldehyde/CD solutions were shaken for 48 h at room temperature in the dark. Then, cinnamaldehyde/CD solutions were filtered by using 0.45 μ m membrane filter in order to remove undissolved part if any present. After that, an UV-vis spectrophotometer (Varian, Cary 100) was used to determine the dissolved amount of cinnamaldehyde by recording the absorption at 289 nm in the cinnamaldehyde/CD solution. The experiment was repeated three times. The phase solubility diagram was constructed by taking the average of three measurements and plotted as cinnamaldehyde concentration versus CD concentration. The stability constants (K_s) of cinnamaldehyde/CD-ICs were calculated as

$$K_s = \text{slope}/S_0(1 - \text{slope}) \quad (1)$$

where S_0 is defined as the solubility of cinnamaldehyde in the absence of CD.

Computational Modeling. The ground-state properties were predicted by ab initio computational methods^{45,46} within the framework of density functional theory.^{43,44} The Perdew–Burke–Ernzerhof form of generalized gradient approximation⁴⁷ was used to

calculate the exchange-correlation term. The weak intermolecular forces between molecules (van der Waals forces) were described by the Grimme approach.⁴⁸ The projector augmented-wave method⁴⁹ was implemented to describe the element potentials. The structures of HP- β -CD and HP- γ -CD were designed with 4 hydroxypropyl (HP) units (degree of substitution: \sim 0.6) and 5 HP units (degree of substitution: \sim 0.6), respectively. The structural relaxations were performed by using conjugate gradient optimization allowing 10^{-5} eV energy tolerance between two sequential steps and allowing maximum 0.005 eV/Å force on atoms. The interaction between solute and solvent was analyzed by using implicit self-consistent description.⁵⁰

The interaction energy (E_{int}) is defined as

$$E_{\text{int}} = E_{\text{T}}(\text{CD}) + E_{\text{T}}(\text{guest}) - E_{\text{T}}(\text{IC}) \quad (2)$$

where $E_{\text{T}}(\text{CD})$, $E_{\text{T}}(\text{guest})$, and $E_{\text{T}}(\text{IC})$ are the ground-state energy of HP- β -CD or HP- γ -CD, single cinnamaldehyde (for 1:1 stoichiometry) or pair of cinnamaldehyde molecules (for 2:1 stoichiometry), and their ICs, respectively. The inclusion complex is considered to be formed when E_{int} is maximized and maximum value of E_{int} for the given configuration is defined as complexation energy (E_{comp}).

Solvation energy (E_{solv}) is defined as

$$E_{\text{solv}} = E_{\text{T}}[\text{IC}]_{\text{water}} - E_{\text{T}}[\text{IC}]_{\text{vacuum}} \quad (3)$$

$E_{\text{T}}[\text{IC}]_{\text{water}}$ and $E_{\text{T}}[\text{IC}]_{\text{vacuum}}$ is the ground-state energy of cinnamaldehyde/HP β CD-IC or cinnamaldehyde/HP γ CD-IC in water and vacuum, respectively.

Measurements and Characterizations. The rheological measurement of the cinnamaldehyde/CD-IC solutions was performed via a rheometer (Anton Paar Physica MCR 301) at a 100 s^{-1} constant shear rate using a CP 20-4 spindle. The solution conductivities were measured by a conductivity meter (Multiparameter inoLab Multi 720-WTW) at room temperature.

The morphological analyses of the samples were performed by scanning electron microscopy (SEM, FEI Quanta 200 FEG). The sputtering (Gatan 682 precision etching and coating system) was done with 5 nm Au/Pd prior to SEM imaging of nanofibrous samples. About 100 fibers from different locations of the SEM images were measured for calculating the average fiber diameter (AFD) of each nanofibrous sample.

In order to determine the presence of cinnamaldehyde in cinnamaldehyde/CD-IC electrospun nanofibrous samples, nuclear magnetic resonance spectroscopy (^1H NMR, Bruker D PX-400) was used to record the ^1H NMR spectra. For each ^1H NMR spectrum, about 15 mg of electrospun nanofibrous mat of cinnamaldehyde/CD-IC NFs was dissolved in 500 μL of DMSO- d_6 . Fourier transform infrared (FTIR) spectra of pure cinnamaldehyde, pristine CD NFs, and cinnamaldehyde/CD-IC NFs were obtained with 64 scans at resolution of 4 cm^{-1} within a range of $4000\text{--}400 \text{ cm}^{-1}$ using a FTIR spectrometer (Bruker VERTEX 70). For the FTIR measurements, samples were blended with potassium bromide (KBr) and then pressed in order to obtain pellets. Thermogravimetric analyses (TGA, TA Instruments Q500) of the samples were performed from 25 to $600 \text{ }^\circ\text{C}$ at $20 \text{ }^\circ\text{C}/\text{min}$ heating rate under inert (nitrogen) atmosphere.

Antibacterial Test. The cinnamaldehyde/CD-IC NF mats were tested for their antibacterial activities against *Escherichia coli*. The *E. coli* tested was from RSHM 888 (RSHM, National Type Culture Collection Laboratory, Ankara, Turkey). *E. coli* was grown, and 150 μL of cultures containing approximately 10^8 cfu mL^{-1} were spread on Luria–Bertani agar. The cinnamaldehyde/CD-IC NF mats were cut into circular pieces with 1 cm diameter and having the same weight. For comparison, the antibacterial activity of pristine CD-NF mats was also investigated. Each nanofibrous mat was placed separately on agar plate spread with *E. coli* and visualized after 24 h incubation; then, the inhibition zones (IZ) were compared.

Water Dissolution Test. Two different methods were used to visualize water dissolution of cinnamaldehyde/CD-IC NF mats. For the first method, the same weight of cinnamaldehyde/HP β CD-IC NF and cinnamaldehyde/HP γ CD-IC NF mats was positioned in a Petri dish, and then deionized water (5 mL) was poured directly on these

nanofibrous mats. For the second method, the water dissolution of cinnamaldehyde/CD-IC NF mats was visualized according to the procedure modified from the literature.⁵¹ In this method, the bottom of the Petri dish was covered by absorbent paper which was wetted by 10 mL of distilled water. The excess water was completely drained out. Then, cinnamaldehyde/CD-IC NF mats were placed on the wet absorbent paper, and the video was recorded to visualize dissolving behavior of the samples.

RESULTS AND DISCUSSION

Phase Solubility. Figure 2 displays the phase solubility profiles of cinnamaldehyde/CD-ICs. The phase solubility

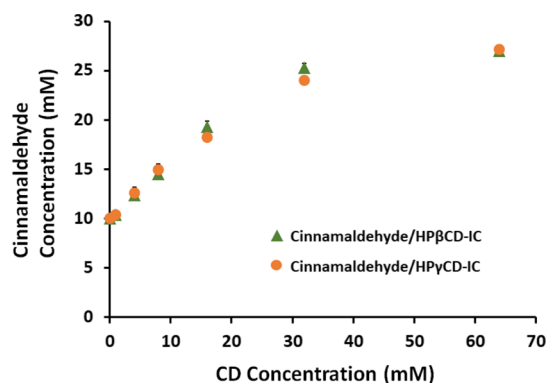


Figure 2. The phase solubility diagram of cinnamaldehyde/HPβCD-IC and cinnamaldehyde/HPγCD-IC in aqueous systems ($n = 3$).

diagram for cinnamaldehyde/CD-ICs shows an A type profile which indicates that solubility of cinnamaldehyde increases as a function of CD concentration.⁵² The plots are classified as A_N type, negative deviation from linearity which indicates that the effect of CD on cinnamaldehyde solubility increment was less effective at higher concentrations. For A_N type profile, it is difficult to interpret the ratio between host and guest profiles.⁵² On the basis of the initial linear part of the profile, the stability constant (K_s , eq 1) was calculated as 140 and 110 M^{-1} ($R^2 > 0.99$) for cinnamaldehyde/HPβCD-IC and cinnamaldehyde/HPγCD-IC, respectively. The K_s values indicated that cinnamaldehyde forms stronger binding with HPβ-CD cavity when compared to HPγ-CD cavity. The cavity of HPβ-CD is a bit smaller than HPγ-CD, which could be a better fit and size match for cinnamaldehyde molecules, providing stronger interactions with cinnamaldehyde in cinnamaldehyde/HPβCD-IC when compared to cinnamaldehyde/HPγCD-IC system. The stronger binding of cinnamaldehyde within the HPβ-CD cavity was also confirmed by molecular modeling studies.

Molecular Modeling. The molecular modeling calculations based on ab initio techniques were performed to elucidate the experimental data. Initially, HPβ-CD, HPγ-CD, and single cinnamaldehyde molecule (trans isomer) are relaxed in vacuum by minimizing the total energy and then optimized geometries are obtained. To reveal the complexation between the host and the guest molecules, cinnamaldehyde is moved toward HPβ-CD and HPγ-CD through their wider rims with 1 Å steps and the E_{int} (eq 2) with respect to center of mass of CD is calculated at each step (Figure 3). This procedure is repeated for two possible orientations of cinnamaldehyde which are labeled as tail (−OH group) and head (aromatic ring). As can be noticed from the Figure 3a,b(iii), E_{int} is always positive, which indicates an attractive

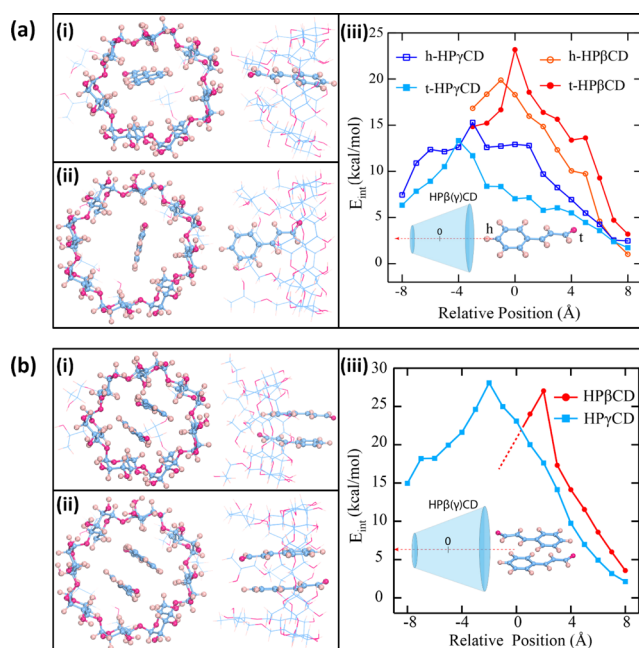


Figure 3. (a) Formation of ICs in 1:1 stoichiometry between cinnamaldehyde and CDs; (i) top and side view of cinnamaldehyde/HPβCD-IC, (ii) top and side view of cinnamaldehyde/HPγCD-IC, and (iii) variation of interaction energy of cinnamaldehyde with CD as a function of distance and (b) formation of ICs in 2:1 stoichiometry between cinnamaldehyde and CDs; (i) top and side view of cinnamaldehyde/HPβCD-IC, (ii) top and side view of cinnamaldehyde/HPγCD-IC and (iii) variation of interaction energy of cinnamaldehyde with CD as a function of distance. Blue, purple, and light pink balls represent C, O, and H atoms, respectively.

interaction between both CDs and cinnamaldehyde. The variation of E_{int} also demonstrates that ICs can be formed without an energy barrier and complexation is an exothermic reaction. For HPβ-CD, cinnamaldehyde perfectly fits the cavity and prefers the tail orientation with a tilt (Figure 3a(i)). E_{int} is maximized at 0 Å, where cinnamaldehyde/HPβCD-IC is assumed to be formed and E_{comp} is calculated as 23.18 kcal mol^{-1} (Figure 3a(iii), Table 1). For the case of HPγ-CD (Figure 3a(ii)), cinnamaldehyde favors head orientation where the OH-group is located in the center of CD and the benzene ring points toward hydroxypropyl tails. Cinnamaldehyde/HPγCD-IC is formed at −3 Å and E_{comp} is calculated as 15.29 kcal mol^{-1} (Figure 3a(iii), Table 1). When compared to HPγ-CD, stronger binding between HPβ-CD and cinnamaldehyde is obtained for 1:1 stoichiometry. The same analysis is performed also in water to reveal the effect of the solvent. Our results indicate that although the geometries are not altered, E_{comp} values significantly decrease for both cases upon interaction with water and become 18.43 kcal mol^{-1} versus 9.20 kcal mol^{-1} for cinnamaldehyde/HPβCD-IC and cinnamaldehyde/HPγCD-IC, respectively (Table 1).

Next, we investigate the possibility of inclusion complex formation in the 2:1 stoichiometry (Figure 3b). The most favorable orientation for the cinnamaldehyde pair is shown in Figure 3b. Our results indicate that inclusion complex formation for 2:1 stoichiometry is also an exothermic process for both type of the CDs. For HPβ-CD, inclusion complex is formed at +2 Å which is partially outside the rim. HPβ-CD started to deform, if the cinnamaldehyde pair is pushed inside (Figure 3b(i)). E_{comp} slightly increases with respect to the 1:1

Table 1. Inclusion Complexation and Solvation Energies of the Cinnamaldehyde and CDs (HP- β -CD and HP- γ -CD) at Two Different Molar Ratios (1:1 and 2:1; Cinnamaldehyde/CD) and Different Orientations

host	guest	molar ratio (cinnamaldehyde/CD)	orientation	E_{comp} (vacuum) kcal mol ⁻¹	E_{comp} (water) kcal mol ⁻¹	E_{solv} kcal mol ⁻¹
HP- β -CD						-71.16
HP- β -CD	cinnamaldehyde	1:1	head	19.88		
HP- β -CD	cinnamaldehyde	1:1	tail	23.18	18.43	-72.68
HP- β -CD	cinnamaldehyde	2:1	head/tail	27.04	19.79	-75.69
HP- γ -CD						-83.32
HP- γ -CD	cinnamaldehyde	1:1	head	15.29	9.20	-83.49
HP- γ -CD	cinnamaldehyde	1:1	tail	13.34		
HP- γ -CD	cinnamaldehyde	2:1	head/tail	28.08	24.77	-91.21
	cinnamaldehyde					-6.27

case and becomes 27.04 kcal mol⁻¹ (Figure 3b(iii), Table 1). As the cavity of HP- γ -CD is larger than that of HP- β -CD, the cinnamaldehyde pair perfectly fits and inclusion complex is formed at -2 Å (Figure 3b(ii)). E_{comp} drastically increases (almost doubled) and becomes 28.08 kcal mol⁻¹ (Figure 3b(iii), Table 1). Similar to 1:1 stoichiometry, when calculations are repeated in water, no significant effect on geometries is noticed but E_{comp} decreases for both cases and becomes 19.79 and 24.77 kcal mol⁻¹ for cinnamaldehyde/HP β CD-IC and cinnamaldehyde/HP γ CD-IC, respectively (Table 1).

Finally, solvation energies (E_{solv}) are calculated by using eq 3 to reveal the solubility trends (Table 1). The obtained results show that although the cinnamaldehyde molecule is almost insoluble in water (-6.27 kcal mol⁻¹), inclusion complex formation significantly increases the E_{solv} . These results suggest a substantial increase in cinnamaldehyde solubility. E_{solv} is calculated as -72.68 and -83.49 kcal mol⁻¹ for cinnamaldehyde/HP β CD-IC and cinnamaldehyde/HP γ CD-IC, respectively in the 1:1 stoichiometry. E_{solv} further increases in the 2:1 stoichiometry and becomes -75.69 and -91.21 kcal mol⁻¹ for cinnamaldehyde/HP β CD-IC and cinnamaldehyde/HP γ CD-IC, respectively.

Morphological Analyses. Optimization for the parameters of the electrospinning process was done to produce uniform NFs from cinnamaldehyde/CD-IC systems. Figure 4 displays the digital photographs of cinnamaldehyde/CD-IC mats along with their SEM images. The cinnamaldehyde/CD-IC NFs without any beaded morphology were successfully electrospun, and the nanofibrous mats of cinnamaldehyde/CD-IC NFs were obtained having self-standing, easy-to-handle, lightweight, and flexible features. Table 2 summarizes the conductivity and viscosity of the highly concentrated cinnamaldehyde/HP β CD-IC and cinnamaldehyde/HP γ CD-IC aqueous solutions and the AFD of the resulting electrospun cinnamaldehyde/HP β CD-IC NFs and cinnamaldehyde/HP γ CD-IC NFs for 1:1 and 2:1 molar ratios. It is a known fact that the conductivity and viscosity of the solutions noticeably affect the electrospinnability and resulting diameter of the electrospun NFs. Typically, less stretching occurs during the electrospinning process when the solution has higher viscosity and lower conductivity, and therefore, much thicker fibers are electrospun.⁵³ When compared to other cinnamaldehyde/CD-IC NFs, cinnamaldehyde/HP γ CD-IC NFs (1:1) have the highest value of AFD which was measured as 825 ± 330 nm, as its solution has the highest viscosity (2.18 ± 0.65 Pa s) and the lowest conductivity (4.53 ± 0.30 μS cm⁻¹) among other cinnamaldehyde/CD-IC solutions. The cinnamaldehyde/HP γ CD-IC NFs (2:1) has AFD value of 805 ±

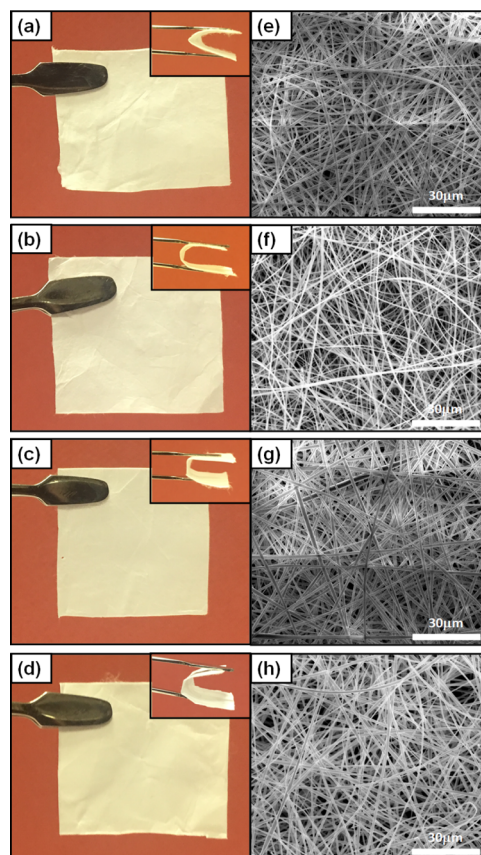
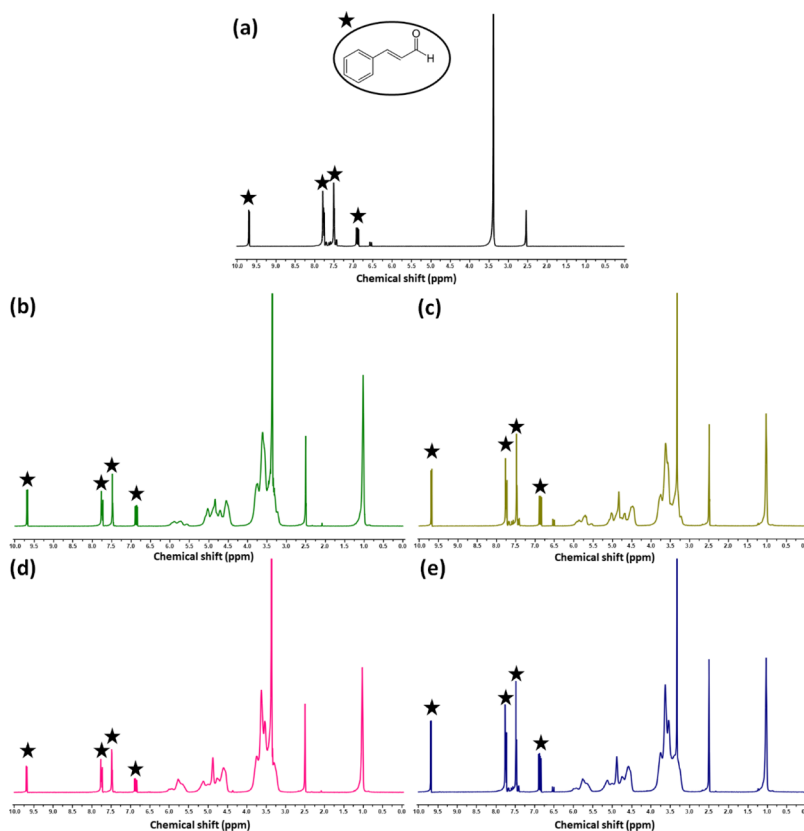
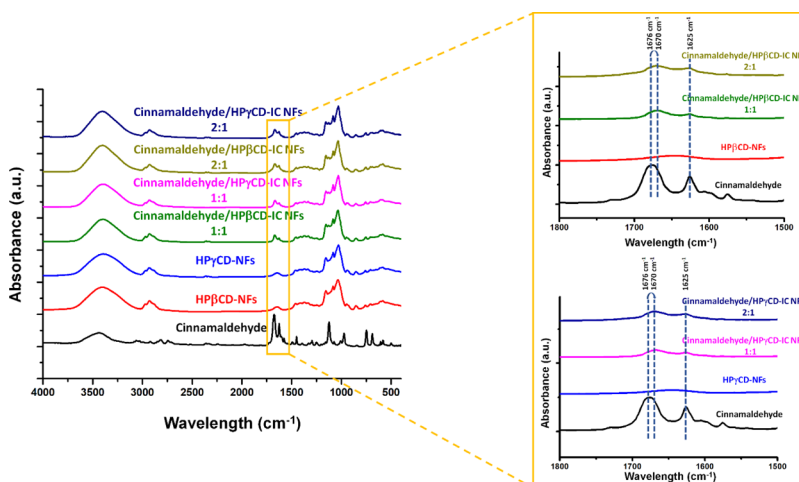


Figure 4. The digital photograph of (a) cinnamaldehyde/HP β CD-IC NF mat (1:1), (b) cinnamaldehyde/HP β CD-IC NF mat (2:1), (c) cinnamaldehyde/HP γ CD-IC NF mat (1:1), and (d) cinnamaldehyde/HP γ CD-IC NFs (2:1) mat. The representative SEM images of (e) cinnamaldehyde/HP β CD-IC NFs (1:1), (f) cinnamaldehyde/HP β CD-IC NFs (2:1), (g) cinnamaldehyde/HP γ CD-IC NFs (1:1), and (h) cinnamaldehyde/HP γ CD-IC NFs (2:1).

275 nm which is slightly higher than AFD of NFs obtained from cinnamaldehyde/HP β CD-ICs in both 1:1 (700 ± 260 nm) and 2:1 (545 ± 175 nm) molar ratios. The reason for this difference in AFD is that solution of cinnamaldehyde/HP γ CD-IC (2:1) has higher viscosity (1.84 ± 0.30 Pa s) and lower conductivity (5.00 ± 0.16 μS cm⁻¹) than solutions of cinnamaldehyde/HP β CD-IC. In contrast, cinnamaldehyde/HP β CD-IC NFs (2:1) has the lowest AFD value (545 ± 175 nm) due to its lowest viscosity which is 1.15 ± 0.16 Pa s and higher conductivity which is 12.18 ± 0.25 μS cm⁻¹. Overall, the trends in AFD values of cinnamaldehyde/CD-IC NFs were well correlated with the electrospun polymeric NFs, where

Table 2. Solutions Properties (Viscosity and Conductivity) and the Diameter of the Resulting Electrospun Cinnamaldehyde/CD-IC NFs

samples	viscosity (Pa s)	conductivity ($\mu\text{S cm}^{-1}$)	average fiber diameter (nm)	fiber diameter range (nm)
cinnamaldehyde/HP β CD-IC (1:1)	1.76 ± 0.29	12.66 ± 0.65	700 ± 260	280–1925
cinnamaldehyde/HP β CD-IC (2:1)	1.15 ± 0.16	12.18 ± 0.25	545 ± 175	225–1160
cinnamaldehyde/HP γ CD-IC (1:1)	2.18 ± 0.65	4.53 ± 0.30	825 ± 330	240–1895
cinnamaldehyde/HP γ CD-IC (2:1)	1.84 ± 0.30	5.00 ± 0.16	805 ± 275	345–1630

**Figure 5.** The ^1H NMR spectra of (a) pure cinnamaldehyde, (b) cinnamaldehyde/HP β CD-IC NFs (1:1), (c) cinnamaldehyde/HP β CD-IC NFs (2:1), (d) cinnamaldehyde/HP γ CD-IC NFs (1:1), and (e) cinnamaldehyde/HP γ CD-IC NFs (2:1). The ^1H NMR spectra were recorded by dissolving the samples in DMSO- d_6 . The characteristic peaks of cinnamaldehyde are shown by black stars.**Figure 6.** The FTIR spectra of pure cinnamaldehyde, pristine CD NFs, and cinnamaldehyde/CD-IC NFs.

lower conductivity and higher viscosity resulted in much bigger fibers.⁵³

Structural Characterization. The presence of cinnamaldehyde in electrospun cinnamaldehyde/HP β CD-IC NFs

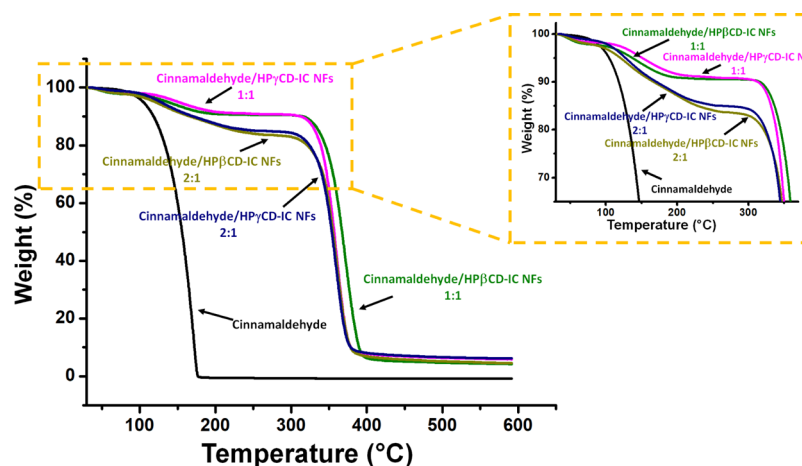


Figure 7. The TGA thermogram of pure cinnamaldehyde and cinnamaldehyde/CD-IC NFs.

validated by ^1H NMR study (Figure 5). The specific peaks of cinnamaldehyde were detected in ^1H NMR spectra of all cinnamaldehyde/CD-IC NFs samples (Figure 5) confirming the presence of cinnamaldehyde in these samples. Although cinnamaldehyde is highly volatile, the ^1H NMR study clearly elucidated that cinnamaldehyde was effectively preserved in all cinnamaldehyde/CD-IC NFs samples during the whole process, including preparation of CD-IC solutions as well as during the electrospinning process of cinnamaldehyde/CD-IC NFs and their storage.

FTIR spectroscopy is a useful technique to study the cyclodextrin inclusion complexation between host and guest molecules.⁵⁴ Moreover, FTIR spectroscopy can also verify the presence of guest molecules in the CD-IC samples. In FTIR analysis, inclusion complex formation can cause variations for the peak position and peak intensity for the guest molecules when they are in the complexation state with the host CD cavity. The FTIR spectrum of cinnamaldehyde, pristine CD NFs, and cinnamaldehyde/CD-IC NFs are shown in Figure 6. The characteristic peaks for cinnamaldehyde at 1625 cm^{-1} belonging to the $\text{C}=\text{C}$ double bond and 1676 cm^{-1} belonging to the $\text{C}=\text{O}$ double bond were detected clearly. In the case of ICs, these peaks were present and the intensity of these peaks were suppressed; besides, the peak at 1676 cm^{-1} for the $\text{C}=\text{C}$ double bond was shifted to 1670 cm^{-1} , whereas they were not observed at the spectra of pristine CD NFs. This type of peak position shift and peak intensity suppression is typically observed for CD-IC systems. Therefore, FTIR results suggested that the guest cinnamaldehyde molecules are in the complexation state with the host CDs (HP- β -CD and HP- γ -CD, 1:1 and 2:1 molar ratio) in all cinnamaldehyde/CD-IC NFs samples.

Thermal Analyses. The TGA data of pure cinnamaldehyde, cinnamaldehyde/HP β CD-IC NFs (1:1 and 2:1 molar ratio), and cinnamaldehyde/HP γ CD-IC NFs (1:1 and 2:1 molar ratio) are given in Figure 7. As cinnamaldehyde is a volatile organic compound, the evaporation of pure cinnamaldehyde starts at a low temperature (below $50\text{ }^\circ\text{C}$) and it completely vaporized before the temperature of $200\text{ }^\circ\text{C}$. For cinnamaldehyde/CD-IC NFs samples, there are three weight losses observed; the weight loss below $\sim 100\text{ }^\circ\text{C}$ is due to water loss, and the weight loss above $300\text{ }^\circ\text{C}$ is due to main thermal decomposition of hydroxypropylated CD molecules. The weight loss step observed between 100 and $300\text{ }^\circ\text{C}$ is due to

vaporization of cinnamaldehyde in cinnamaldehyde/CD-IC NFs. For cinnamaldehyde/HP β CD-IC NFs (1:1), the evaporation of cinnamaldehyde started at $\sim 85\text{ }^\circ\text{C}$ and completed at $\sim 240\text{ }^\circ\text{C}$, whereas for cinnamaldehyde/HP β CD-IC NFs (2:1), the evaporation of cinnamaldehyde was observed between ~ 75 and $270\text{ }^\circ\text{C}$. On the other hand, for cinnamaldehyde/HP γ CD-IC NFs (1:1), the evaporation of cinnamaldehyde was observed between ~ 85 and $\sim 260\text{ }^\circ\text{C}$, whereas the evaporation of cinnamaldehyde was observed between ~ 75 and $\sim 270\text{ }^\circ\text{C}$ for cinnamaldehyde/HP γ CD-IC NFs (2:1). The TGA studies clearly showed that the evaporation of cinnamaldehyde takes place at a much higher temperature for cinnamaldehyde/CD-IC NFs samples compared to pure cinnamaldehyde. The higher evaporation temperature of cinnamaldehyde in cinnamaldehyde/CD-IC NF mats elucidates the inclusion complexation between guest cinnamaldehyde and host CD molecules. Also, the presence of guest–host inclusion complexation in these cinnamaldehyde/CD-IC NF samples provides much higher thermal stability for the cinnamaldehyde.

The weight percentage of cinnamaldehyde present in cinnamaldehyde/CD-IC NF mats was calculated from TGA thermograms. The amount of cinnamaldehyde was calculated as 7.30% (w/w), 7.20% (w/w), 14.30% (w/w), and 13.70% (w/w) for cinnamaldehyde/HP β CD-IC NFs (1:1), cinnamaldehyde/HP γ CD-IC NFs (1:1), cinnamaldehyde/HP β CD-IC NFs (2:1), and cinnamaldehyde/HP γ CD-IC NFs (2:1), respectively. The initial theoretical amount of cinnamaldehyde is 8.25% (w/w) in cinnamaldehyde/HP β CD-IC NFs (1:1), 7.32% (w/w) in cinnamaldehyde/HP γ CD-IC NFs (1:1), 15.25% (w/w) in cinnamaldehyde/HP β CD-IC NFs (2:1), and 13.79% (w/w) in cinnamaldehyde/HP γ CD-IC NFs (2:1), respectively. Therefore, it was concluded that cinnamaldehyde was mostly preserved with a very high efficiency ($\sim 90\%$, w/w) within the cinnamaldehyde/CD-IC NFs, although cinnamaldehyde is a highly volatile organic compound.

Antibacterial Activity. The antibacterial activities of cinnamaldehyde/HP β CD-IC NFs and cinnamaldehyde/HP γ CD-IC NFs for both molar ratios (1:1 and 2:1 molar ratio) were investigated against strains of *E. coli* by the agar diffusion method. *E. coli* is a Gram-negative bacteria which is one of the significant food-borne pathogens that can cause serious disease outbreaks all over the world.⁵⁵ There is an increasing demand on the use of natural sterilization to prevent

possible infections caused by *E. coli* or some other undesirable food-related microorganisms instead of the use of chemical food preservatives.^{55,56} The use of essential oils derived from plants have received great attention as a natural source to inhibit food-borne pathogens.^{55–58} Among plant essential oils, cinnamaldehyde was reported as one of the effective essential oils against *E. coli*.^{58–60} The pristine CDs do not show antibacterial activity against *E. coli*, and so the NFs purely based on CDs are not expected to show any antibacterial activity.⁶¹ Nevertheless, in our study, the antibacterial activity test against *E. coli* for pristine CD NFs was also done as a control test in order to see the differences caused by the presence of cinnamaldehyde in cinnamaldehyde/CD-IC NF mats (Figure 8). As expected, pristine CD NFs did not show

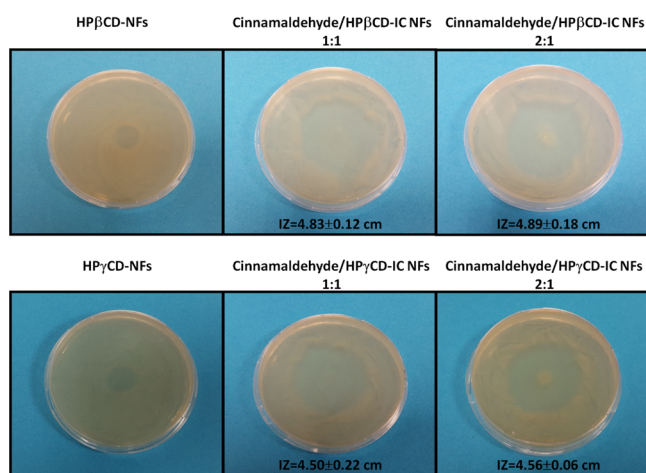


Figure 8. Representative digital photographs of antibacterial test plates of pristine CD NF mats and cinnamaldehyde/CD-IC NF mats against *E. coli*. The average IZ obtained from agar diffusion method ($n = 3$).

any inhibition against *E. coli* growth. When the antibacterial activity against *E. coli* was tested for cinnamaldehyde/CD-IC NFs samples, the diameter of the IZs was observed as 4.83 ± 0.12 , 4.89 ± 0.18 , 4.50 ± 0.22 , and 4.56 ± 0.06 cm for cinnamaldehyde/HPβCD-IC NFs (1:1), cinnamaldehyde/HPβCD-IC NFs (2:1), cinnamaldehyde/HPγCD-IC NFs (1:1), and cinnamaldehyde/HPγCD-IC NFs (2:1), respectively. These results indicated that cinnamaldehyde/CD-IC NFs has certain amount of cinnamaldehyde which still effectively shows antibacterial activity against *E. coli*.

Water Dissolution Test. The water solubility of cinnamaldehyde is quite low (1.35 g L^{-1}),⁶² which sometimes limits its applications. However, as revealed from phase solubility and molecular modeling studies, CD-IC formation significantly enhanced the water solubility of cinnamaldehyde. Here, two different methods were used to visualize the water solubility enhancement and fast-dissolution behavior of cinnamaldehyde/CD-IC NF mats (Videos S1 and S2). For the first method, distilled water was directly added to the cinnamaldehyde/CD-IC NF mats. As seen from Figure 9 and Video S1, both cinnamaldehyde/HPβCD-IC NFs (1:1 and 2:1 molar ratio) and cinnamaldehyde/HPγCD-IC NFs (1:1 and 2:1 molar ratio) samples show very fast-dissolution behavior with the addition of water. Because of the nanofibrous structure providing very high surface area, cinnamaldehyde/CD-IC NF mats were dissolved in water very quickly (less than

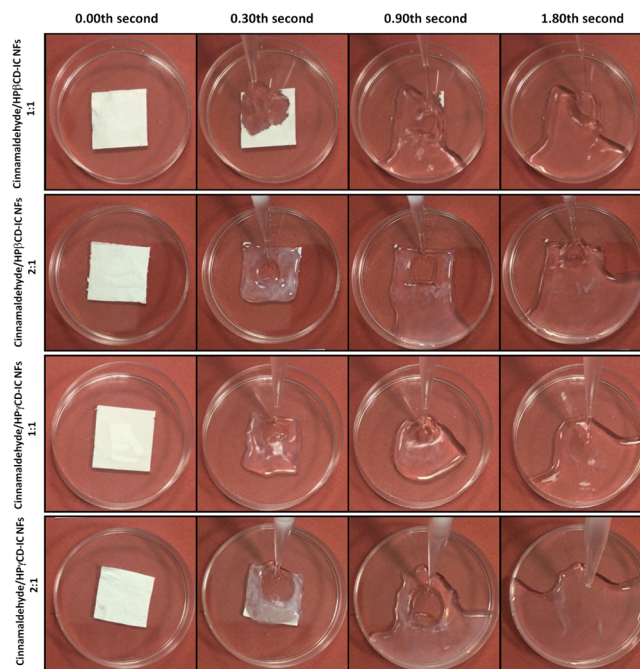


Figure 9. Representation of dissolution behavior of cinnamaldehyde/CD-IC NF mats when exposed to distilled water (the images were captured from the Video S1). The cinnamaldehyde/CD-IC NF mats are dissolved completely in a few seconds.

a second), which proves the fast-dissolving character of cinnamaldehyde/CD-IC NF mats. For the second method, absorbent paper was soaked by distilled water, then cinnamaldehyde/CD-IC NF mats were placed onto this paper. Figure 10 and Video S2 shows the dissolution character of cinnamaldehyde/CD-IC NF mats. The cinnamaldehyde/CD-IC NF mats were dissolved instantly when they were placed onto the distilled water-soaked absorbent paper. This result clearly shows that these cinnamaldehyde/CD-IC NF mats have ultrafast dissolution behavior even in the presence of a small amount of water such as saliva. These results are very promising that the cinnamaldehyde/CD-IC NF mats can be used in variety of applications including fast-dissolving oral care products. In both dissolution tests, it was observed that cinnamaldehyde/CD-IC NFs samples having 2:1 (cinnamaldehyde/CD) molar ratio have shown slightly slower dissolution behavior compared to cinnamaldehyde/CD-IC NFs samples having 1:1 (cinnamaldehyde/CD) molar ratio. This is possibly because of the higher content of the cinnamaldehyde present in cinnamaldehyde/CD-IC NFs samples having 2:1 molar ratio which may slightly decrease the dissolution rate of these nanofibrous mats.

In brief, cinnamaldehyde was inclusion complexed with two different type of hydroxypropylated CDs (HP-β-CD and HP-γ-CD) at two different molar ratios (1:1 and 2:1, cinnamaldehyde/CD). The inclusion complexation of cinnamaldehyde with HP-β-CD and HP-γ-CD was investigated by phase solubility and molecular modeling studies. The electrospinning of NFs from cinnamaldehyde/CD-IC was successfully performed. Although cinnamaldehyde is a highly volatile organic compound, because of the inclusion complexation within the CD cavity, cinnamaldehyde was effectively preserved with high efficiency in electrospun cinnamaldehyde/CD-IC NFs during the whole process including preparation, electrospinning, and storage. Cinnamaldehyde

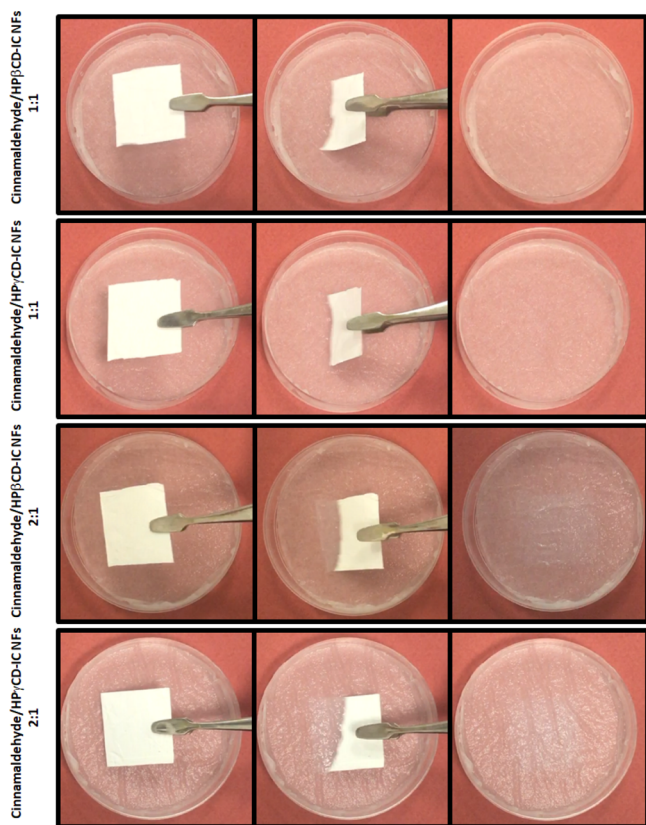


Figure 10. Representation of dissolution behavior of cinnamaldehyde/CD-IC NF mats when contacted to water soaked absorbent paper (the pictures were captured from the Video S2). The cinnamaldehyde/CD-IC NF mats are dissolved instantly.

has shown much higher temperature stability in cinnamaldehyde/CD-IC NFs when compared to its pure form due to the inclusion complexation. The cinnamaldehyde/CD-IC NFs have shown antibacterial activity when tested against *E. coli*. Even though cinnamaldehyde is not soluble in water, cinnamaldehyde/CD-IC NF mats have shown fast-dissolving character in water. These promising results suggest that cinnamaldehyde/CD-IC NF mats may be quite applicable in food, oral-care, healthcare, pharmaceuticals, cosmetics, and so forth, due to their fast-dissolution, enhanced water solubility, high temperature stability, and promising antibacterial activity.

■ ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.jafc.9b02789.

Dissolution behavior of cinnamaldehyde/CD-IC NF mats when exposed to distilled water (MP4)

Representation of dissolution behavior of cinnamaldehyde/CD-IC NF mats when contacted to water soaked absorbent paper (MP4)

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Author Contributions

T.U. designed the study. Z.I.Y. performed the experiment studies. M.E.K. and E.D. performed the molecular modeling studies. All authors contributed to writing of the manuscript and have given approval to the final version of the manuscript.

Notes

The authors declare no competing financial interest.

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